

FORTNIGHTLY PUBLICATION - SEPTEMBER 3 - 16, 2021

## DARKNESS

It is of two dimensions...the physical world, that is, the twenty-four hour spin of the Earth, and the interior of the head and soul as well.

The first is an easy understanding. It is universal and timeless. We live with it every day.

The second is human and often not shared...anger, bitterness, betrayal, grieving...the play of powerful emotions casting shadows in the head and on the soul.

Awareness brings the feeble flicker of a candle, a good beginning.

The candle flame grows strong and brilliant, challenging the darkness, obliterating shadows.

Stay with it.

Janet C. McDaniel October 23, 2010





"But it would be a temptation to allow the darkness to overwhelm us and make us insensitive to the signs of light which become visible in the lives of many old people.

Aging can be the way to the light. Is it possible to describe the full maturity of old age and to capture some of the light radiating from those who experience the days of their old age as precious gifts? It certainly is not easy, but maybe we can come close by speaking of the hope, the humor, and the vision of the many who have grown old gracefully and carefully."

From "Aging" by Henri J.M.Nouwen & Walter Gaffney



#### **NEXT COUNCIL MEETING**

at 9:30 am

### in the Meeting House

Please wear masks and social distance.

#### **HALF-FAST WALKERS**

#### THURS SEPT 9 GARRAPATTA WALK 9:00 (AT CHAPEL)

See Details & Sign Up on Bulletin Board.

THURS SEPT 16 MT. MADONNA COUNTY

PARK WALK 9:00 (AT CHAPEL)

See Details & Sign Up on Bulletin Board.

THURS SEPT 23 LOVERS' POINT NORTH

WALK 9:00 (AT CHAPEL)

See Details & Sign Up on Bulletin Board.

**Special Event Coming** Soon:

**Manor Picnic at Toro County Park** Thursday, October 14, 11:00 am - 3:00 pm



# **AUGUST 18 RECEPTION FOR** NEW MANOR RESIDENTS

Almost the way Life used to be!





#### SEPTEMBER HEAT

Night hangs lightly on the end of a warm weekend, sleeves lost to the sun and evening shining coolly on naked arms. though the coolest person on the patio has on his

summer jacket

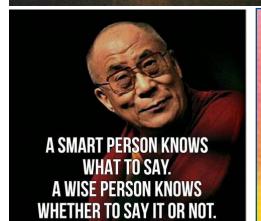
and hat,

the better to distinguish himself from the nubile clientele.

How odd to be older than you ever imagined, dozens, scores of years a blur in the long prologue, preparation for the magic act of vanishing while all other appearances persist in continuing as you take your last sips of liquid gold almost as delicious as a kiss.

These delusions taste deep. as if steeped in truth as real as those lips were once. What came undone then is what undoes you now, something lived and lost

impossibly because it lingers always. Stephen Kessler, American poet



WHAT DO OU CALLAN **AMERICAN PAINTING? YANKEE** 

**DOODLE** 

NEW/SOON-TO-BE RESIDENTS
Ruth Lark

Robert & Carol Wallyn Robin Sawyer Leslie Faasse Frederick O'Such & Nancy Fuhrman

George & Kristina Baer Tony & Ruth Horning Hans & Gay Stern William & Maryann Schramm Stephen & Margaret Schulte Ken Gaskins & Ann Costa

## HAPPY BIRTHDAY

|   | 9/3 | Dot W.     | 9/10 | Carol S. |
|---|-----|------------|------|----------|
| M | 9/3 | James G.   | 9/11 | Laela L. |
| 7 | 9/4 | Jim V.     | 9/11 | Diane N. |
|   | 9/4 | Harriet N. | 9/12 | John M.  |
| • | 9/9 | Marty R.   |      |          |

#### **IN MEMORIAM**

8/25 George White 8/31 Jorgen Carlsen

#### **ONGOING ACTIVITIES**

See also Master Schedule of Ongoing Activities

|          |            | _      | $\sim$ |
|----------|------------|--------|--------|
| (C10.11) | Residents' | Handbo | ook)   |

| (C 10,11 Residents' Handbook) |                                   |               |   |                        |                             |                      |                 |  |  |  |
|-------------------------------|-----------------------------------|---------------|---|------------------------|-----------------------------|----------------------|-----------------|--|--|--|
| <b>MON</b>                    | Chair Exercise MH                 |               | 8:30-8:45AM   | <b>THUR</b>            | Chair Exercise MH           |                      | 8:30-8:45AM     |  |  |  |
|                               | <b>Balance with Matt Video MH</b> |               | 8:45-9:00AM   |                        | Balance with Matt Video MH  |                      | 8:45-9:00AM     |  |  |  |
|                               | Morning Forum (4th) M             | IH            | 10:30AM   |                        | Morning Group Exercise PG   |                      | 9:00-9:20AM     |  |  |  |
|                               | Water Aerobics SP                 | 9:30-10:30AM  |   | Half-Fast Walkers Cha  | pel                         | 9:00AM               |                 |  |  |  |
|                               | Advanced Group Exerci             | 11:00-11:45AM |   | Water Aerobics SP      | -                           | 9:30-10:30AM         |                 |  |  |  |
|                               | <b>Duplicate Bridge GR</b>        | 1:00PM        |   | Rummikub GR            |                             | 12:45PM              |                 |  |  |  |
| TUES                          | Chair Exercise MH                 | 8:30-8:45AM   |   | Traditional Yoga MH    |                             | 3:15PM               |                 |  |  |  |
| TOES                          | Balance with Matt Video           | 8:45-9:00AM   | FRI   | Chair Exercise MH      |                             | 8:30-8:45AM          |                 |  |  |  |
|                               | <b>Morning Group Exercise</b>     | 9:00-9:20AM   |   | Balance with Matt Vide | eo MH                       | 8:45-9:00AM          |                 |  |  |  |
|                               | Council Meeting (2nd) (           |               | 9:30AM  |                        | <b>Morning Group Exerci</b> | 9:00-9:20AM          |                 |  |  |  |
|                               | Water Aerobics SP                 | 9:30-10:30AM  | Advanced Group Exercise MH<br>Lawn Bowling PG<br>Mah Jongg GR |                        | 11:00-11:45AM               |                      |                 |  |  |  |
|                               | Chair Yoga MH                     | 11:00-11:30AM |   |                        | 1:15-3:15PM                 |                      |                 |  |  |  |
|                               | Lawn Bowling PG                   | 1:15-3:15PM   |   |                        | 1:30-3:30PM                 |                      |                 |  |  |  |
|                               | Mah Jongg GR                      | 1:30-3:30PM   |   | Piano & Dancing (alter | nate Fri                    | days) DR 5:45-7:15PM |                 |  |  |  |
|                               | Traditional Yoga MH               |               | 3:15PM  | SAT                    | Chair Exercise MH           |                      | 8:30-8:45AM     |  |  |  |
| WED                           | Chair Exercise MH                 |               | 8:30-8:45AM   | <u> </u>               | Balance with Matt Vide      | eo MH                | 8:45-9:00AM     |  |  |  |
| <u> </u>                      | Balance with Matt Video           | 8:45-9:00AM   |   | Morning Group Exerci   |                             | 9:00-9:20AM          |                 |  |  |  |
|                               | Morning Group Exercise            | 9:00-9:20AM   |   | Water Aerobics SP      | 5010                        | 9:30-10:30AM         |                 |  |  |  |
|                               | Water Aerobics SP                 | 9:30-10:30AM  |   | Putting (2nd) PG       |                             | 10:00-11:30AM        |                 |  |  |  |
|                               | Advanced Group Exerci             | 11:00-11:45AM |   |                        |                             |                      |                 |  |  |  |
|                               | Wheelchair & Walker W             |               | <u>SUN</u>  | Movie MH               |                             | 1:30PM               |                 |  |  |  |
|                               | Sing for Fun MH (1st, 2)          | 1:30-2:30PM   |   |                        |                             |                      |                 |  |  |  |
|                               | Dominoes GR 7:15-8:30PM           |               |   |                        |                             |                      |                 |  |  |  |
|                               |                                   |               | LOCATION  | LECEN                  | J <b>D</b>                  |                      |                 |  |  |  |
| CD                            | Conference Decore                 | DD            |   |                        |                             | CD                   | C D             |  |  |  |
| CR                            | Conference Room(s)                | DR            | Dining Room   | FC                     | Fitness Center              | GR                   | Game Room       |  |  |  |
| H                             | Hillcrest                         | HC            | Health Center   | HG                     | Hall Gallery                | L                    | Library         |  |  |  |
| MH                            | Meeting House                     | PDR           | Private Dining Room   | PG                     | Putting Green               | PL                   | Pavilion Lounge |  |  |  |
| SP                            | Swimming Pool                     | WP            | West Parlor   | BB                     | Sign-up and/or              |                      |                 |  |  |  |

# WE WELCOME THE WYKOFFS TO CARMEL VALLEY MANOR



It didn't start out well. When he was a Boalt law student at UC Berkeley, a friend got him a blind date with his cousin for an up-and-coming party. On the party evening he had to pick her up in San Francisco. He says now, "I had to walk up 150 stairs to reach the landing of her apartment." But she wasn't there. With the patience of Job, he waited and waited and waited. Finally!, she arrived, forty-five minutes late. (She had

been on a date at a Stanford game.) There were no cell phones in the sixties so she couldn't let him know she would be late. But it ended up well as Marilyn and Vic were married two years later.

Information on Bulletin Board

It was in the early thirties that at Peralta Hospital in Oakland, a little baby girl was born to the Brown family who lived in Piedmont. They named her Marilyn. Sadly, when she was nine, her dad died. He was only 38 years old. Marilyn went to Piedmont High for one year and then Santa Catalina for her last three. She went on to study at Pine Manor College in Wellesley, Massachusetts, and her last college years were at the University of the Pacific where she got a degree in Economics, minoring in Sociology and Business. She was hired by Wells Fargo in San Francisco to be one of two salaried employees in Personnel.

Victor Wykoff was born in Fresno, but his family soon after moved to Piedmont where Vic graduated from Piedmont High. He doesn't remember the street cars that went down Highland Avenue, but he does remember the E and F trains that went from Oakland to San Francisco.

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He received his degree from Cal, Berkeley in Economics in 1960. He joined the Army Armored Corps. where he "stuck his head out of tanks" for a year and then remained in the Reserve for seven years. It was when he was getting his J. D. at Boalt Law that the lives of Marilyn and Vic joined together.

Six years after the death of her husband, Marilyn's mother married Parker Holt who was the owner of the Caterpillar dealership in Stockton. They lived on a large estate outside of Stockton, and this was where Marilyn and Vic tied the knot. Her mother was concerned that Vic's friends might do some of the crazy things people did at weddings in those days; the least crazy was tying old cans to the couple's car. Mrs. Holt decided she didn't want to worry about the newlyweds catching their plane flights to Hawaii where they were going for a two- week honeymoon. So, unbeknownst to the newlyweds and the guests, when the departure time was upon them, they suddenly heard a loud noise and gusts of wind swirling around. They all looked up to see a helicopter landing on the lawn. Wide-eyed and amazed, Marilyn and Vic waved goodbye from the helicopter as it swished away to the airport in Stockton. As Marilyn waved from the window, Vic closed his to shut out the noise and smashed his finger. What a start to a honeymoon!

Now, married, they lived in a small apartment in Oakland. Vic was the Council for the State Department in Sacramento and also for the legal department of Safeway. Marilyn says she was very naïve about marriage. She didn't think about cooking and washing his clothes. He didn't know how to cook either, so they came up with a solution and bought a tell all book to help them adjust; it was "The Joy of Cooking". After living in Oakland a year they bought a home in

Orinda where they lived for over two years. It was at this time that Marilyn's step- father wanted to retire. He asked Vic to run the Caterpillar dealership in Stockton. So, the Wykoffs moved first to Lodi. They loved being out in the country, despite the flies from a nearby dairy which they constantly battled before moving to Stockton where they lived for thirty years, raising their family of two daughters and one son. A great sorrow, they lost one of the girls to leukemia when she was twelve. Stockton was a great place to raise a family in those days. They had the mountains and skiing not far away and boating on the nearby waterways.

How did they happen to come to the Manor? Marilyn's cousin had a 60th birthday party some years back at Gray Eagle. The Wykoffs met Carolyn and John Sanders at that party. They became friends. John kept after them to think about moving to the Manor. They weren't ready to even think about it until they arrived in March. They had to be quarantined for two weeks. In the meantime Marilyn also had shingles. Not such a good beginning, but she said the neighbors in their building were amazing! "Everyone was so friendly and brought things to them, helping out and all.!" Their daughter, Wendy, who lives in San Jose and their doctor son, Charles and wife, who live in Houston, are glad to see their parents so happy here. They have given their parents five grandsons and one granddaughter. Loving their 3G home they are quickly getting involved; Vic, playing bridge and Marilyn fussing around their pretty patio and always greeting people with her lovely smile. We welcome them to the Manor!

Jane Upp

