



accents

FORTNIGHTLY PUBLICATION - OCTOBER 1 - 14, 2021

Dr. Paul Tocchet, We Thank You!

(To the tune of "I've Been Working on the Railroad")

Dr. Tocchet's been working at the Manor, for twenty-nine years they say
Resolving all our health needs, taking our hurt's away
It seems as if he is always here, morning, noon, or night.
Working to make us all better, and make us feel alright.

Dr. Tocchet, can't you see, I'm here on bended knee
Trying to get my health back, help me please
You're so good at what you do, compassionate all through
Finding the answers is what you do.

Because of Tocchet the world's a better place
He's a great family doctor, and such a friendly face
He genuinely cares and is knowledgeable, too.
He's the last of a dying breed, and that is true,

All your friends here will miss you, Paul
You've such a good heart, and that's not all
You truly love the job that you do
And in our hearts, we love you, too.

Lyrics by Will Furman



A CELEBRATION OF DR. PAUL TOCCHET'S RETIREMENT FROM CARMEL VALLEY MANOR

We shall all come together October 6 at 4PM in the Meeting House to honor Dr. Tocchet with a number of speakers and singers, all representing the talent we live with here at the Manor. Seating is limited to 82 residents so be quick to sign up on the Bulletin Board!

****Cocktails to follow on the Green Lawn at 4:45PM**

****Dinner served—Onion Soup, Salad, Tenderloin or Salmon, and Carrot Cake**

****We shall sing "For He's A Jolly Good Fellow"!**

Please bring photos, films, guest book, cards and other mementoes to cocktails.

FAREWELL TO DR. TOCCHET WITH PROFOUND THANKS FOR HIS LONG-STANDING COMMITMENT TO CARMEL VALLEY MANOR AND ITS MANY RESIDENTS OVER TIME.



NEXT COUNCIL MEETING
TUESDAY OCTOBER 12, 2021
 at 9:30 am
in the Meeting House
 Please wear masks and social distance.

HALF-FAST WALKERS

THURS OCT 7 CARMEL SCENIC ROAD WALK
9:00 (AT CHAPEL)

See Details & Sign Up on Bulletin Board.

THURS OCT 14 NO WALK



Thursday, October 14, 2021 10:30 am - 11:15 am:
The "Tap Bananas" Show

Where: Meeting House

- Monterey group tap dancing routines with colorful costumes.
- Includes senior citizens
- Performs to music from movies and Broadway shows



Thursday, October 14, 2021 The Manor's Country Western Picnic

Where: Buffet Service at Pavilion Courtyard with additional seating on Dining Room Patio

11:30 am - 12:30 pm:

Resident volunteers will barbeque and serve buffet line food

Food Service includes Take-out

Optional Dining Room service available

Country Western theme (Western dress optional)

12:30 pm - 12:45 pm:

Announcement and Special Presentation [Courtyard]

12:45 pm - 1:30 pm: Party on

Sponsored by DayTrippers, Half Fast Walkers, and Manor Dining Services.

REMINDER



COVID BOOSTERS WILL BE GIVEN
THURSDAY, OCTOBER 7, 2021 & MONDAY,
NOVEMBER 1, 10AM-3PM
8AM-10AM—FLU & OTHER VACCINES
AVAILABLE



JOIN TEAM CARMEL VALLEY MANOR
ALZHEIMER'S WALK
SATURDAY, OCTOBER 9TH, 10:30
MEET AT THE PARKING LOT NEAR THE LOBBY

Please join your friends and neighbors.

Everyone is encouraged to come.

Walkers with Walkers, Walkers with Dogs, Walkers with Walking Sticks, and Funny Hats too

Walk around the Perimeter Road and back to the Parking Lot near the Lobby by any Route you Choose

To register for the Walk telephone the Alzheimer Support Center @855 259 0075 and give your name, address, WALK IN MONTEREY, CA, team name CARMEL VALLEY MANOR Team Captain MARTY ROSEN 832 626 4880



NEW/SOON-TO-BE RESIDENTS

Robert & Carol Wallyn

Robin Sawyer

Leslie Faasse

Frederick O'Such &

Nancy Fuhrman

George & Kristina Baer

Tony & Ruth Horning

Hans & Gay Stern

William & Maryann Schramm

Stephen & Margaret Schulte

Ken Gaskins & Ann Costa

HAPPY BIRTHDAY

10/2	Norma M.
10/7	Ed R.
10/9	Federico S.
10/14	Diana K.

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH Balance with Matt Video MH Morning Forum (4th) MH Water Aerobics SP Advanced Group Exercise MH Duplicate Bridge GR	8:30-8:45AM 8:45-9:00AM 10:30AM 9:30-10:30AM 11:00-11:45AM 1:00PM	THUR	Chair Exercise MH Balance with Matt Video MH Morning Group Exercise PG Half-Fast Walkers Chapel Water Aerobics SP Rummikub GR Traditional Yoga MH	8:30-8:45AM 8:45-9:00AM 9:00-9:20AM 9:00AM 9:30-10:30AM 12:45PM 3:15PM
TUES	Chair Exercise MH Balance with Matt Video MH Morning Group Exercise PG Council Meeting (2nd) CR Water Aerobics SP Chair Yoga MH Lawn Bowling PG Mah Jongg GR Traditional Yoga MH	8:30-8:45AM 8:45-9:00AM 9:00-9:20AM 9:30AM 9:30-10:30AM 11:00-11:30AM 1:15-3:15PM 1:30-3:30PM 3:15PM	FRI	Chair Exercise MH Balance with Matt Video MH Morning Group Exercise PG Advanced Group Exercise MH Lawn Bowling PG Mah Jongg GR Piano & Dancing (alternate Fridays) DR	8:30-8:45AM 8:45-9:00AM 9:00-9:20AM 11:00-11:45AM 1:15-3:15PM 1:30-3:30PM 5:45-7:15PM
WED	Chair Exercise MH Balance with Matt Video MH Morning Group Exercise PG Water Aerobics SP Advanced Group Exercise MH Wheelchair & Walker Wash Dock Sing for Fun MH (1st, 2nd, 3rd) Dominoes GR	8:30-8:45AM 8:45-9:00AM 9:00-9:20AM 9:30-10:30AM 11:00-11:45AM 12:30-1:30PM 1:30-2:30PM 7:15-8:30PM	SAT	Chair Exercise MH Balance with Matt Video MH Morning Group Exercise PG Water Aerobics SP Putting (2nd) PG	8:30-8:45AM 8:45-9:00AM 9:00-9:20AM 9:30-10:30AM 10:00-11:30AM
			SUN	Movie MH	1:30PM

LOCATION LEGEND

CR	Conference Room(s)	DR	Dining Room	FC	Fitness Center	GR	Game Room
H	Hillcrest	HC	Health Center	HG	Hall Gallery	L	Library
MH	Meeting House	PDR	Private Dining Room	PG	Putting Green	PL	Pavilion Lounge
SP	Swimming Pool	WP	West Parlor	BB	Sign-up and/or Information on Bulletin Board		

LIBRARY NOTES

BOOKS SELECTED FOR OCTOBER 2021

Fiction

THE PERSONAL LIBRARIAN

Marie Benedict & Victoria Christopher Murray

CHINA ROOM** Sunjeev Sahota

THE SWEETNESS OF WATER Nathan Harris

EMBASSY WIFE* Katie Crouch

Mystery

THE MADNESS OF CROWDS Louise Penny

THE THURSDAY MURDER CLUB Richard Osman

RAZORBLADE TEARS* S. A. Cosby

SNOW DRIFT* Helene Tursten

Sociology

BOYLE HEIGHTS* George J. Sánchez

Donation **MacCullough Fund *Wagner Fund*

ANOTHER DAY



It is very early
There is no wind
The round white globes
sway lazily above.

Beyond the hallway arch
white sky greets me.
The rising sun
turns green hills
into silhouettes.

Today will be warm.
Time now to stop thinking
to just walk,
to breathe the freshness of morning.

And marvel yet again at the beauty
here, everywhere.

ANNA BECK, JUNE, 2020



Two such cheerful people! How could that be, when they have been through so much? Their happiness is infectious. It all began in Ohio. That's where their loving relationship started. Ruthe was walking down the street one day in the town of Ravenna with a girlfriend. They were in their late teens. Cruising down the same street in a good looking convertible were two young men in their early twenties. One was Tony Horning. He called out: "Do you want a ride?" He was looking at Ruthe, and the rest is their story. They drove the girls home. Ruthe lived with her sister. Her sister approved of Tony so when he called for a date the next day, Ruthe accepted. They were married two and a half years later.

Tony was raised on a dairy farm in Randolph, ten miles away. He had three sisters and was the very youngest of four brothers, so when they went off to war and their lives off the farm, eleven year old Tony was left with all the chores they all had since they could walk; milking cows, cleaning stalls, later driving the truck to deliver cheese and milk to customers. Though his father wanted Tony to take over the farm when he was old enough, that wasn't for Tony. He wanted to join the Army Reserve so he hopped on a train and went to North Hollywood where his older brother a veteran lived and helped him sign up for six years to serve in the Reserve. Ruthe, now his wife, was to drive his 1960 Chevrolet convertible to California.

Tony knew he wanted a career besides the Army and dairy farming. While in North Hollywood he enrolled at the Page Beauty College. When the Army transferred him to Fort Ord, he continued his studies at the Beauty School in Monterey. He and Ruthe settled in a house on Grand Ave. in Pacific Grove, and Tony started his new profession in the brand new Carmel Rancho

Shopping Center. He worked there for over eight years before starting his own beauty salon in the Valley Hills Shopping Center. Ruthe was busy raising their three sons, and when the youngest went to kindergarten she got her license in Cosmetology. She and Tony worked together in their Valley Hills Salon. They bought a home close by in Carmel Rio Vista. The Hornings lived in this home for fifty years, and they had the most spectacular garden, flowers galore including 300 roses. They changed the garden's beauty with the change of seasons.

Then their perfect life took a fateful turn. Avid bicyclers, they were cruising down near Asilomar one clear blue sky day, July 24, 2006, when a car made a right hand turn right into Ruthe and her bicycle. To tell you of the horror of that day and years following would be overwhelming. We will just say that Ruthe was in a coma for two weeks followed by months and months in hospitals from here to Santa Clara to Stanford. Her family was with her through it all, and Tony never left her side. She had to relearn how to think, swallow, see, and walk, all while living with so much pain. She's had years of therapy. They sold their home and moved into a condo they had as a rental in Pebble Beach. They loved the condo but did not like the weather so after years and years of their many customers telling them to come to the Manor and Ruthe, now her old self again, they decided it was time. They are again enjoying life; all smiles on their faces. "She is still my baby and my first priority" says Tony. Their family is dear to them, and they see them often; and what a get together they have when all are here. Steve and his German wife and two daughters visit from Germany. Steve has his PhD. in Chemistry. Michael lives at the Presidio in San Francisco and works in the Health & Science Department at UC Berkeley, and Jim teaches Space at the Naval Postgraduate School. He and his French wife live here in Carmel. They, too, have two daughters. So, when all the family would get together for holidays, you would hear German, French, Dutch, Swedish and English spoken around the table. How is that for a linguistic family?

In their pretty and peaceful patio, a gentle frog spouts water into the bird bath. With this tranquility and their happiness in being here, we welcome the Hornings.

Jane Upp

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

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ADDRESS SERVICE REQUESTED