



# accents

FORTNIGHTLY PUBLICATION - MARCH 5-18, 2021

## Forgetfulness

BY BILLY COLLINS

The name of the author is the first to go  
followed obediently by the title, the plot,  
the heartbreaking conclusion, the entire novel  
which suddenly becomes one you have never read,  
never even heard of,

as if, one by one, the memories you used to harbor  
decided to retire to the southern hemisphere of the  
brain,  
to a little fishing village where there are no phones.

Long ago you kissed the names of the nine Muses  
goodbye  
and watched the quadratic equation pack its bag,  
and even now as you memorize the order of the  
planets,

something else is slipping away, a state flower  
perhaps,  
the address of an uncle, the capital of Paraguay.

Whatever it is you are struggling to remember,  
it is not poised on the tip of your tongue  
not even lurking in some obscure corner of your  
spleen.

It has floated away down a dark mythological river  
whose name begins with an L as far as you can  
recall,

well on your own way to oblivion where you will  
join those  
who have even forgotten how to swim and how to  
ride a bicycle.

No wonder you rise in the middle of the night  
to look up the date of a famous battle in a book on  
war.

No wonder the moon in the window seems to have  
drifted  
out of a love poem that you used to know by heart.

## DID YOU KNOW?

How many of us are aware that a new word has  
established itself in the English language during the  
ongoing Covid Pandemic?

SMIZING--- defined as keeping one's mouth in a  
neutral position while relaying an inner sense of joy  
through one's eyes. A SMIZE is the upper half of the  
Duchenne smile which is "a genuine smile that involves  
the muscles around the eyes."

French anatomist Duchenne de Boulogne who  
discovered that the orbicularis oculi muscles crinkle the  
corners of the eyes, so named "the Duchenne smile" in  
1862, had no idea of its effectiveness in an era of masks  
which cover the mouth.

Smizing...smiling with the eyes

Gordon Wright and his Hollyhocks, Building 8







**NEXT COUNCIL MEETING**  
TUESDAY MARCH 9, 2021  
at 9:30 am

**This meeting will be in person only and not hosted on Zoom. If you would like to sit-in or participate in this meeting, please note that seating will be limited on a first-come, space available basis. Social distancing and masks are required.**

## EVENTS

**THU MAR 11 FINE WALK 9:00 AM (AT CHAPEL)**

Walkers will depart for **LOVERS POINT NORTH**. Kass Schwin will lead. See Details and sign up on Bulletin Board.

## LIBRARY NOTES

### BOOKS SELECTED FOR MARCH 2021

#### Fiction

<b>HAMNET</b>	<b>Maggie O'Farrell</b>
<b>THE FOUR WINDS</b>	<b>Kristin Hannah</b>
<b>THE HENNA ARTIST</b>	<b>Alka Joshi</b>
<b>TO THE LAND OF LONG LOST</b>	
<b>FRIENDS</b>	<b>Alexander McCall Smith</b>
<b>DEACON KING KONG*</b>	<b>James McBride</b>
<b>MISTRESS OF THE RITZ</b>	
	<b>Melanie Benjamin</b>

#### Mystery

**STILL LIFE\*** **Val McDermid**

#### Autobiography, Biography, Combined Bio.

**MY OWN WORDS\***

	<b>Ruth Bader Ginsburg</b>
<b>ELEANOR*</b>	<b>David Michaelis</b>
<b>THE GOOD AMERICAN</b>	<b>Robert Kaplan</b>
<b>THE DOCTORS</b>	<b>BLACKWELL</b>
	<b>Janice Nimura</b>

\*Donation      \*\*MacCullough Fund      \*\*\*Wagner Fund

## REQUEST FOR GARDENING BOOKS

The Residents' Garden is looking for gardening reference books for its Library. Guides to selection, planting, pruning, and care of cutting flowers are needed. Titles such as "Sunset Western Garden" are helpful to our garden group. If you are willing to donate a gardening book to the Residents' Garden, please contact Kenneth Johnson x4791.



The Library Committee is happy no coffee cups have been left behind on the tables this month. Must be because a receptacle has been placed at the interior entrance. Thanks everyone!



The R.O.S.E. is getting ready for Spring and we see that our storage area is nearly bare. We hope your thoughts are turning to Spring cleaning because the R.O.S.E. depends on your donations! Please always keep us in mind.

We welcome donations of clothing, jewelry, and your "used to be" treasures. Anything that might look inviting in the display windows.

The downstairs R.O.S.E. needs housewares, small appliances and furniture (upon prior approval).

All sale proceeds go to the Residents' Council to help fund the annual committee budgets.

It's a win-win all the way around!!

### **NEW/SOON-TO-BE RESIDENTS**

**Martin & Karen Wiskoff**  
**Beverly Hamilton**

**James & Betty Kasson**  
**Roberta Bialek-Elliott**

### **HAPPY BIRTHDAY**

3/7	Thomas N.	3/12	Grace Merrill
3/9	Sandra D.	3/12	Martin W.
3/9	Sonja H.	3/15	Lydia H.
3/11	Nancy C.		

### **IN MEMORIAM**

2/18 George Wilson  
2/27 Joan Adams

# DIVINE SARA!

“On The Good Ship, Lolli Pop.....” sang Shirley Temple, so many, many years ago. And a few years back the Manor residents heard it again, on stage here, sung by one of our prolific playwrights. She wrote the play, directed and acted in it. Ideas for plays run about in her head, constantly, to this day.

Pat Hughes was born in Ridley Park, Pennsylvania to a family devoted to education. When she was about seven, the family moved to Puerto Rico where her father was head of the Department of Education. They lived there for three years, then moved when her father accepted the job of running the Department of Education in Maine. When it was time for college, Pat went to Penn State and earned her own Education degree. From that moment on her life was one of doing what she enjoyed most: involvement with children, teaching, writing plays, acting in Community Theaters, Summer Stock and all related things.

Loving all this herself, Pat wanted to involve her students in learning how to write, act; to learn all the aspects along the way. She taught third, fourth and sixth grade students in New Hampshire and Pennsylvania. “I felt that these kids needed to read a book and then do a play.” One of her sixth grade classes read Peter Pan, and then they helped her write the script. “Some of those kids ended up on Broadway” she said, proudly. Her influence on the children was fulfilling as they were so excited to learn how to write, produce, do scenery and all the things that go along with play writing, directing, etc.

After twelve years of teaching on the East Coast, Pat accepted a job teaching in Salinas in 1968. Here, again, she filled her students with the excitement of writing plays. In 2005 she moved to the Manor where the residents learned of her talents. Some of her plays were created during her month long sojourns to Alaska, and in

her time here she has written and directed at least sixteen plays. It usually was one a year and would have been more, as those ideas are always scurrying around in her head. A total of 36 people has been involved with the work of putting on a play over the years, many holding down a new character every single year!

Pat usually starts to create a story thinking about the characters of the people who live here at the Manor. She builds a play around those characters (who end up playing themselves without knowing it). She has done Christmas plays, murder mysteries, comedies and loved the fact that the actors always pulled something out of each character. She enjoyed hearing the sound of laughter

from her captive audience and how they went along with the actors. Pat says she will be eternally grateful to all those who helped and acted in her plays. They were her rock.

Though a play is still rattling around in her head, Pat retired last year. (Her intent would be to direct but even that is too much involvement now.) So now she relaxes in her home with Zeke, her 9 year-old blind

Greyhound she rescued when he was 2 ½. She watches the patio bird friends and looks forward to the occasional visit of our neighboring Cougar. Maybe Mr. or Ms. Cougar knows of Pat’s talents and is hoping to be cast in one of her plays. Now, wouldn’t that be something!?

*Jane Upp*



**Lee Chambers, Pat Hughes, Rodger Axt**

Footnote: With the year of the pandemic, we have been void of the plays that Pat and Terry Hanson, our other playwright, have delighted us with. Who will pick up the gauntlet and engage our stage once more? Terry might, if someone would raise their hand to direct. Do we have any new playwrights out there among our newcomers?



## Staff Spot - A brief profile of our staff

Chris Regan has been here at the Manor for over 18 years. She has a Bachelor of Science degree in Nursing, as well as in Public Health Nursing. She is a powerhouse of energy, a central engine of organization of the area's resources in nursing that affects our CV Manor.

We all are grateful to be here at the Manor in this COVID era, safe and protected. But did you know how this has come about? Our Nursing Department is headed by Chris, who stays focused and aware, communicates in a way that gets responses, navigates inputs, knows the area well. There are 16 skilled nursing communities on the Monterey Peninsula, all supportive of each other that Chris is involved with, as well as organizations, for example, MHOAC\* which coordinates medical supplies if needed, and the Office of Emergency Services. The CA Dep't of Public Health is part of this network as is the Monterey County Health Dep't. In fact, we all can access the CA Dep't of Public Health for the latest precautions and latest figures on Covid deaths in the US -over half a million.

The Manor's Nursing Dep't has two RNs trained in Infection prevention who share one position. We have an Infectious Disease physician, who came out of retirement from CHOMP and is available to us here, giving expert guidance, Dr. Geraldine Taplin. She was here for two days, navigating through CDC, etc. information, looked at our plan, and rearranged some of our emergency services. She was here this past Wednesday, March 3 as our liaison with the Health Dep't. There are also weekly Zoom meetings with all these entities that Chris is part of.

As Chris has a Nursing Health Administration license and a RCFE\* certificate, she was able to arrange a partnership with CVS Pharmacy to be the Manor's supplier of Pfizer vaccines which made the Manor among the first in the area to deliver the vaccinations.

The process was started in September 2020, involving much documentation by Chris. We all know how incredibly smoothly this went. Just under 450 vaccinations were given here, under the direction of Chris.

Chris grew up in the hills of the Santa Ynez mountains on the Central CA coast. For respite from her hectic work here, she rides her horse and takes her two dogs, a golden retriever and a lab along for their exercise. She has ridden horses ever since she can remember. She says her connection with the out of doors gives her a "peaceful dimension in life". Here in the Carmel Valley she and her husband, Patrick to whom she has been married for



33 years have a home on the river. He is a biology and horticultural consultant, specifically regarding CA native plants, with the focus being drought tolerant and sustainable landscaping. Always thinking of crisis management, their home has a well and their back up should there be an electric outage is a generator. Prior to having the generator, they went to the river for their water when there was an outage. The generator runs on gas, so they need to have a source -all strategic planning. Chris and her husband have two children, Kate who has a degree in Parks and Recreation Administration and is now pursuing a Masters in agriculture education and teaches in high school in San Luis Obispo. Their

son Benjamin is a fire fighter and studying to be a paramedic. He and his wife live in the Santa Barbara area. He and Chris "talk shop", for example, intubating, needed for being a first responder. Another generation of helpers.

In the photo of Chris, her horse and the River, you can clearly see her every muscle relaxing. We all relax with her here at the Manor.

*Selma Petker*

\*MHOAC= Medical Health Operational Area Coordinator

\*RCFE=Residential Care Facilities for the Elderly

### PUBLICATION STAFF

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ADDRESS SERVICE REQUESTED