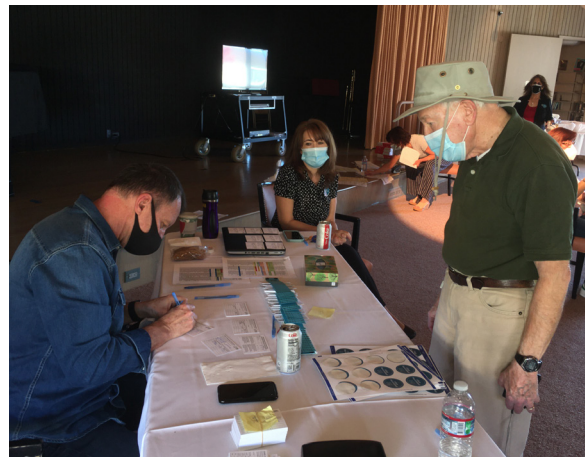
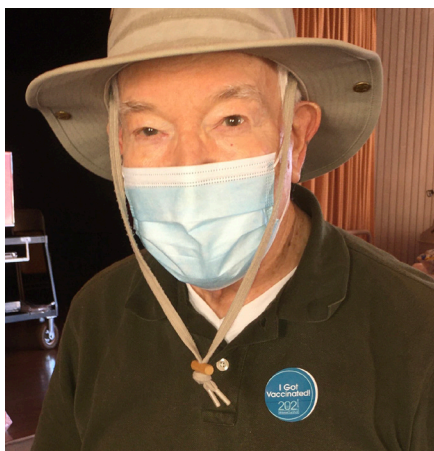
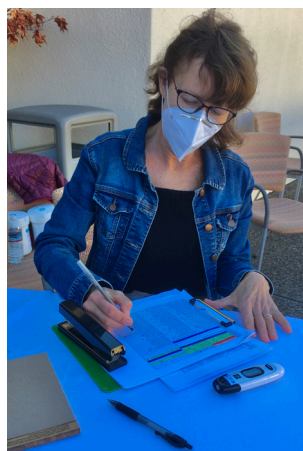




FORTNIGHTLY PUBLICATION - JAN 22 - FEB 4, 2021

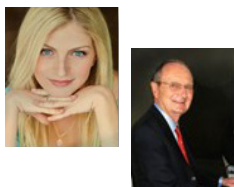
A HISTORIC DAY AT CARMEL VALLEY MANOR JANUARY 16, 2021

The Covid-19 slowdown began March 18, 2020 at the Manor. Finally, Covid vaccinations commenced for all staff and residents January 16, 2021, administered by CVS staff to whom we express our gratitude. A WAIT OF 304 DAYS FOR MODERN MEDICINE TO ACHIEVE A SAFE VACCINE! WE *KNEW* IT WOULD HAPPEN...THE QUESTION WAS *WHEN*!



Lisa Parente IN CONCERT

The Manor is pleased to present a recorded recital by this fabulous singer on the Residents' Website. Lisa is the granddaughter of Dot and Gerry Williams. Featured is a special song performance of grandfather and granddaughter.



Sign on to the **Residents' Website**.

Go to **Read Me**, scroll down to **Lisa's picture**, and click on the concert link, or

Go to **Committees / Special Events / Lisa Parente** and play the recording.

ABOUT 500 VACCINATIONS WERE GIVEN AT THE MANOR'S 1ST DOSE WEEKEND JANUARY 16-17



THANK YOU TO BOTH CVS AND CARMEL VALLEY MANOR STAFFS FOR A JOB WELL DONE!

WOULD YOU LIKE TO BE A PEN PAL??

~~~~All Saints Day School would like to establish a Pen Pal program between Manor residents and 7th and 8th graders at All Saints. Please check the Bulletin Board for further details and a Sign Up sheet!~~~~



*Christ Church*  
**PEN PALS**

Connecting kids and seniors in friendship

A MASK SENDS A MESSAGE WHICH IS...WE'RE ALL IN THIS TOGETHER!

TO LEARN MORE VISIT THE MANOR WEBSITE [cv8545.org](http://cv8545.org) -- Go to Read Me and scroll down to HOW WELL DO MASKS WORK? by Patreon You'll learn a great deal, concluding with the question



**CAN YOU BLOW OUT A CANDLE THROUGH A MASK?**  
~GIVE IT A TRY!~

**GroupCast**  
A West Corporation Company

We hope that all residents are aware that the GroupCast mass communications system has just been launched on January 7th at Carmel Valley Manor. GroupCast enables Manor Administration to alert both staff and residents of general needs and particularly emergency needs.

GroupCast can quickly alert all residents in the event of an emergency.

If you did not get an alert (test of the system) on Thursday, January 7 at 10:30AM, please contact Lorri Twisselman x4886.

## NEW/SOON-TO-BE RESIDENTS

Hersch & Shirley Loomis  
Barbara Fowble  
Sandy Storm  
Martin & Karen Wiskoff

Beverly Hamilton  
James & Betty Kasson  
Roberta Bialek-Elliott

## HAPPY BIRTHDAY

1/27 Jack E.  
1/28 Anne B.  
1/31 Ellen L. M.  
1/31 Alice G.

## PRESIDENTIAL REMARKS

"The most terrifying words  
in the English language are:  
I'm from the government  
and I'm here to help."

\_\*\_\*\_\*\_\*

"The nearest thing to eternal  
life we will ever see on  
this earth is a  
government program."

\_\*\_\*\_\*\_\*

"Politics is not a bad profession. If you  
succeed, there are many rewards;  
if you disgrace yourself,  
you can always write a book."

\_\*\_\*\_\*\_\*

"No arsenal, or no weapon in the arsenals  
of the world, is as formidable as the will  
and moral courage of free men  
and women."

RONALD REAGAN

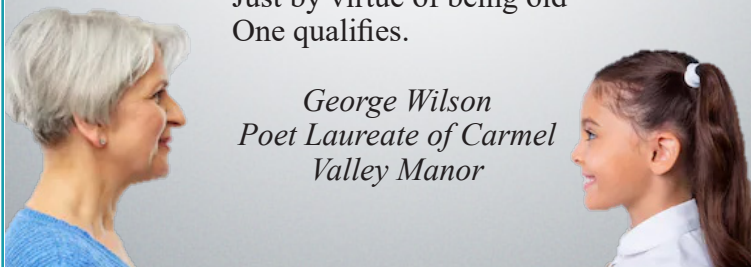


June 24, 2001

## OLD TALK

We tend, more often now, to talk  
Of ailments, dying, morbid stuff.  
If children are around  
It becomes weird instantaneously.  
What's osteoporosis? Senility?  
A stroke? Dementia?  
All of these are familiar to us now,  
Like breathing out and breathing in,  
If we still can. But to children?  
Well, we're weird. And we are,  
Just by virtue of being old  
One qualifies.

*George Wilson  
Poet Laureate of Carmel  
Valley Manor*



June 2, 2001

## ERRANDS

We talk of lesser things  
within the cocoon  
Of our car:  
What's next on the errand list;  
Which way to go,  
And always where to park.  
Little arguments occur  
Telling us we're different,  
But the accompanying dogs  
Licking our ears from behind,  
Quickly bring us together,  
Letting love fill  
All the interstices  
Of our differences.

Could or should  
We always agree?  
Time will not tell  
Nor even heaven,  
Should we arrive  
Togheter, in one piece.  
I pray all that will wait  
Until our errands are done.

*George Wilson*

*Poet Laureate of Carmel Valley Manor*

## Cheerios

BY BILLY COLLINS

One bright morning in a restaurant in Chicago  
as I waited for my eggs and toast,  
I opened the Tribune only to discover  
that I was the same age as Cheerios.  
Indeed, I was a few months older than Cheerios  
for today, the newspaper announced,  
was the seventieth birthday of Cheerios  
whereas mine had occurred earlier in the year.  
Already I could hear them whispering  
behind my stooped and threadbare back,  
*Why that dude's older than Cheerios*  
the way they used to say  
*Why that's as old as the hills,*  
only the hills are much older than Cheerios

or any American breakfast cere-  
al,  
and more noble and enduring are  
the hills,  
I surmised as a bar of sunlight  
illuminated my orange juice.

*U.S. Poet Laureate 2001-2003*





## Staff Spot - A brief profile of our staff

### MEET MR & MRS JOHNSTON



We know them as Michael and Diolinda. Yes, they are married and have been for the past 48 years. They met when both were working at Canterbury Woods, Diolinda just having

graduated from high school and Michael in college. They have been working at the Manor for 25 and 24 years respectively, and yes, they do bring personal situations home with them from the Manor to discuss and resolve. Their philosophy which brings resolution is to be flexible. Michael had a similar job prior to this Manor job, so he fit right in. He also is licensed to do Real Estate Financing which is a second career for him. They both have enjoyed their relationships with the residents, Michael in the past being invited to join the extended families of residents to vacation and play golf. He is an avid golfer, and plays here at the Municipal Golf Links in Pacific Grove. During this period of the Covid virus, he has to plan games two to three weeks in advance.

Which brings us to The Art of Seating: When residents haven't planned in advance whom they will sit with for dinner, Michael and Diolinda will be aware of who is standing in line and who will do well in conversation with whom. They also need to keep in mind the timing

of service so no one is left at the table alone at the end of dinner. They both get satisfaction seeing the conversations getting going and the decibel level rising, particularly when the wine kicks in. No "flattening of the curve" here.

Diolinda plays golf with him when they are on vacation. She especially loves vacations in Canada. She also loves gardening, and we can see her decorating with flowers and foliage here when the dining room is in full swing. In the past she found planning parties for the residents very rewarding. She is actually Diolinda the 3rd, grandmother and mother also being named Diolinda. Her family heritage is Portuguese. The Johnstons do not have children, they have two adorable beagles they once entered into the Manor 4th of July dog parade. They (the beagles) get much admiration, especially when the Johnstons are walking them in Carmel.

*Selma Petker*



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(831) 626-4867 or (800) 544-5546

**ADDRESS SERVICE REQUESTED**