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WHAT IS CHRISTMAS? When we recall Christmas past, we usually find that the simplest things--not the great occasions-give off the greatest glow of happiness.

-Bob Hope

One of the most glorious messes in the world is the mess created in the living room on Christmas Day. -Andy Rooney

What is Christmas? It is the tenderness of the past, courage for the present, and hope for the future. -Agnes M. Pahro

He who has not Christmas in his heart will never find it under a tree.

-Roy. L. Smith

Christmas is a season not only of rejoicing but of reflection.

-Winston Churchill

Christmas is a piece of one's home that one carries in one's heart.

-Freya Stark





Jackie Kennedy with John and Caroline The Night Before Christmas



NEXT COUNCIL MEETING TUESDAY JANUARY 12, 2021 at 9:30 am

Please join this Virtual meeting via ZOOM, hosted by Ken Johnson. Residents wishing to attend should contact Ken by email: kjohnson99@aol.com



Dear Residents:

As your Medical Director of Carmel Valley Manor, I recommend without reservation, **ALL** residents and staff receive the COVID-19 Vaccination.



Have a Merry COVID-19 Free Christmas and a Healthy New Years!!!

Paul E. Tocchet, MD CVM Medical Director



BEHIND THE SCENE ACROSS THE STREET

Carmel Valley Manor's Health Services Staff provide the services at the Clinic, Hillcrest and the Health Center. Of course, we are all aware of that, but do you know, Dear Reader, that they also collect food at Thanksgiving which is given to local churches' Food Banks?

Health Services Staff also collect children's clothing and donate it to Hopes Closet of Santa Cruz. Hopes is a volunteer-managed nonprofit childrens' clothing bank founded in 2007.

The Manor's Health Services Staff is to be commended for its sensitivity to outside community needs and responding accordingly.





CHRISTMAS DAY

May you never be too grown up to search the skies on Christmas Eve.

Anonymous

Christmas is not as much about opening our presents as opening our hearts.

Janice Maeditere

Peace on earth will come to stay, when we live Christmas every day.

Helen Steiner Rice

Christmas is forever, not for just one day. For loving, sharing, giving are not to be put away. Norman Wesley Brooks

And that, of course, is the message of Christmas. We are never alone. Not when the night is darkest, the wind coldest, the world seemingly most indifferent.

Taylor Caldwell

Mankind is a great, an immense family. This is proved by what we feel in our hearts at Christmas. *Pope John XXIII*

There has to be at least one day of the year to remind us that we're here for something else besides ourselves.



christmas at the health center









Staff Spot - A brief profile of our staff

We are beginning our Staff Spots with Mary Jane Galano who has been a member of the CV Manor dining room staff for 21 years. Mary Jane sees the Manor as her "second home", loves the residents here and indeed, almost left for another similar facility closer to home last January, 2019 to have less driving.

After tearful hugs goodbye, Mary Jane was back, "I was missing a part of me".

I spoke with Mary Jane over a sea of Pointsettia plants, overflowing in our pavilion sitting area as for this Covid Christmas, there is no Christmas tree, putting up a tree would have necessitated closer contact than our protective protocol allows. For Mary Jane, Christmas was the main holiday in the Philippines, and she grew up caroling and singing in small groups.

Mary Jane came to the US from the Philippines, in SE Asia, with help from her cousin who lives in the area and passed by the entrance to the Manor often. She



now lives in Seaside and loves passing by the Ocean and looking at the waves. She has three children, ages 18,15 (two boys) and a girl age 10. Her husband is the one helping their daughter with



virtual schooling, and their older son is taking a virtual college course.

I asked Mary Jane what the language is that I hear the dining staff speaking among themselves. It is the Filipino national language, Tagalog. Her regional dialect is llokano which she and her family speak at home. We are so glad Mary Jane feels at home here, so glad she is one of us.

Selma Petker

PUBLICATION STAFF ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

Janet McDaniel janlaine@comcast.net Celina Manzanarez

Photographers: Lin Kas Contributor: Selr

Publisher:

Linda Page Kass Schwin Selma Petker

Information regarding the Manor can be obtained from WWW.CVMANOR.COM or from the Director of Community Relations, Angle Machado

(831) 626-4867 or (800) 544-5546