

FORTNIGHTLY PUBLICATION - APRIL 17-30, 2020

LEARNING HOW TO WASH OUR HANDS IN THE 21st CENTURY---IT'S GLITTER BUGGING!



BOBCAT SIGHTING

March 25, 6:27PM Below patio of 13-E

April 6, 7AM Sitting comfortably on patio 2-H

April 8, 6:13PM Moving East to West below 13E, then dashed over patio of 13F, "out for a stroll"



Harry Hanson reports that Western Bluebirds are nesting in the boxes behind his unit. There are 6 boxes hanging around Manor landscape. Has anyone else seen Bluebirds nesting?

Welcome To Our Private Residents' Website

FYI: Dr. Tocchet will close his Ford Road office practice on April 15, 2020. He will continue to see residents at the Carmel Valley Manor Clinic.

Pandemic

What if you thought of it as the Jews consider the Sabbath—the most sacred of times?

Cease from travel.

Cease from buying and selling.

Give up, just for now, on trying to make the world different than it is.

Sing. Pray. Touch only those to whom you commit your life.

Center down.

And when your body has become still, reach out with your heart.

Know that we are connected in ways that are terrifying and beautiful. (You could hardly deny it now.)

Know that our lives are in one another's hands.

(Surely, that has become clear.)

Do not reach out your hands.

Reach out your heart.

Reach out your words.

Reach out all the tendrils of compassion that move, invisibly, where we cannot touch.

Promise this world your love—for better or for worse, in sickness and in health, so long as we all shall live.

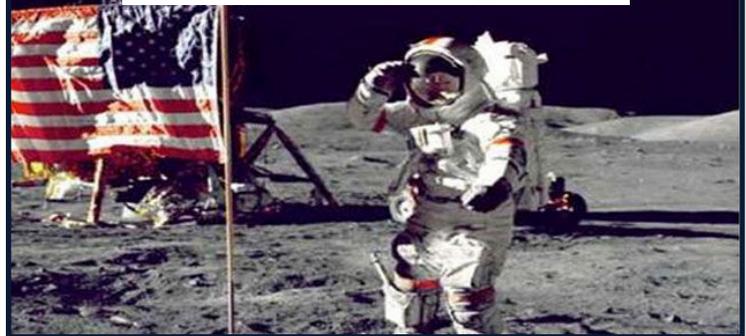
~~~~Lynn Ungar March 11, 2020

Shared by Anna Beck

Poster done by Ann Richardson... Pam Ziering, RN, BSN, Hillcrest Manager



A rocket will never be able to leave the Earth's atmosphere." — New York Times, 1936



### NEW/SOON-TO-BE RESIDENTS

Sherry Morse  
Nancy Wright  
Jeffrey & Marilyn Riehl

James & Betty Kasson  
Martin (Marty) & Karen Wiskoff  
Sandy Storm

### HAPPY BIRTHDAY

4/17 Jim R.  
4/22 Frances S.  
4/27 Russ H.  
4/29 Dolly A.  
4/29 Leon C.

### IN MEMORIAM

4/2 James Didion  
4/8 Barbara Osterdock

# TO BE RESUMED WHEN SHELTER IN PLACE IS TERMINATED

## ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities  
(C 10,11 Residents' Handbook)

|             |                                                                                                                                                                                                                                                                                                        |             |                                                                                                                                                                 |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MON</b>  | Chair Exercise MH 8:30-8:45AM<br>Monday Morning Forum (4th) MH 10:30AM<br>Advanced Exercise MH 11:00-11:45AM<br>Duplicate Bridge GR 1:00PM<br>Dominoes GR 7:15PM                                                                                                                                       | <b>THUR</b> | Chair Exercise MH 8:30-8:45AM<br>Half-Fast Walkers 9:00AM<br>Adv. Water Exercise SP 9:30-10:15AM<br>Games GR 1:00PM<br>Tai Chi MH 1:00PM                        |
| <b>TUES</b> | Chair Exercise MH 8:30-8:45AM<br>Council Meeting (2nd) CR 9:30AM<br>Adv. Water Exercise SP 9:30-10:15AM<br>Worship Services (1st) H 10:30AM<br>Communion Services (3rd) HC 10:30AM<br>Tai Chi MH 1:00PM<br>Ukulele Class WP 1:00-2:00PM<br>Lawn Bowling PG 1:15-3:15PM<br>Sing For Fun (1st) WP 2:30PM | <b>FRI</b>  | Chair Exercise MH 8:30-8:45AM<br>Yoga MH 2:00-3:00PM<br>Bookmobile 12:45-1:30PM<br>Every other Friday<br>Lawn Bowling PG 1:15-3:15PM<br>Social Bridge GR 3:00PM |
| <b>WED</b>  | Chair Exercise MH 8:30-8:45AM<br>Advanced Exercise MH 11:00-11:45AM<br>Communion Service (2nd) WP 11:15AM<br>Mahjong 2:00-4:00PM                                                                                                                                                                       | <b>SAT</b>  | Chair Exercise MH 8:30-8:45AM<br>Putting (2nd) PG 10:00-11:30AM<br>Ice Cream Social (1st) PL Noon<br>Wine Dinner Group (2nd) PDR 5:30PM                         |
|             |                                                                                                                                                                                                                                                                                                        | <b>SUN</b>  | Movie MH 1:30PM                                                                                                                                                 |

### LOCATION LEGEND

|    |                    |     |                     |    |                                                 |    |                 |
|----|--------------------|-----|---------------------|----|-------------------------------------------------|----|-----------------|
| CR | Conference Room(s) | DR  | Dining Room         | FC | Fitness Center                                  | GR | Game Room       |
| H  | Hillcrest          | HC  | Health Center       | HG | Hall Gallery                                    | L  | Library         |
| MH | Meeting House      | PDR | Private Dining Room | PG | Putting Green                                   | PL | Pavilion Lounge |
| SP | Swimming Pool      | WP  | West Parlor         | BB | Sign-up and/or<br>Information on Bulletin Board |    |                 |



### Ways of Healing

And the people stayed home. And read books and listened and rested and exercised and made art and played games and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently. And the people healed. And, in the absence of people living in ignorant, dangerous, mindless and heartless ways, the earth began to heal. And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

~~~Kitty O'Meara

DON'T TAKE WHAT YOU HAVE FOR GRANTED

...
CONSIDER THIS SOBERING COVID-19 REALITY
CHECK
FROM CALCUTTA, INDIA

“Social distancing is a privilege. It means you live in a house large enough to practice it. Hand washing is a privilege too. It means you have access to running water. Hand sanitizers are a privilege. It means you have money to buy them. Lockdowns are a privilege. It means you can afford to be at home. Most of the ways to ward the Corona off are accessible only to the affluent. In essence, a disease that was spread by the rich as they flew around the globe will now kill millions of the poor. All of us who are practicing social distancing and have imposed a lockdown on ourselves must appreciate how privileged we are. Sadly many Indians (and sadly many Americans) won't be able to do any of this.”

**Dick Wheat received this from a friend in Singapore and asked that it be included in ACCENTS.



Jeffrey & Marily Riehl

thought it was time to start meeting new people. So, on his next visit to this area his friend had the two of them over to his house for Sunday brunch at 10 a.m. They met. At noon she said she had to leave for the Gentrain picnic. Jeff asked if he could go with her. She consented, and after enjoying the picnic they wanted to continue talking to each other so they went to Asilomar beach, sat on the sand, watched the ocean and talked away the afternoon. What next? The Fishwife for dinner, of course. They were still talking when they returned to their friend's house at 9 p.m. The blind date for brunch had turned into an eleven hour talk fest. Would you surmise that a spark of interest was there? To find out we will start with each of their early lives.

Marilyn Evans was an only child born to her parents in Fresno (another San Joaquin Valley girl). Her favorite thing in high school was the dances because she loved to dance. Ballet was her forté. After high school graduation she attended Boston University for a year. BU did not offer a major in Ballet Performance, so she left and danced in Las Vegas at the New Frontier and Riviera hotels before going on to the University of Utah to get her degree. While there she met Larry Knowles. After she received her Master's Degree in the Performing Arts in 1960, they were married. The Knowles moved to San Francisco where Marilyn was with the Pacific Ballet for ten years. The company toured the western states. During this time the Knowles had one son, Stuart, who now has two girls: Natalie, who will graduate from Brown this spring, but not participate in commencement exercises because of the pandemic; and Melise, who is a law student at UCLA.

Larry was with Xerox but decided to start his own business, and the family moved to Fresno in 1972. He and his partners developed agricultural land and introduced large scale production of pistachios in the San Joaquin Valley. Marilyn became artistic director of the Fresno Ballet Company. In

In 2004 one of Jeff's pals in Monterey said, "I want you to meet a friend of ours. She likes to travel, party, and enjoys all that artsy stuff like you do." Jeff lived in Merced at the time, but he and his late wife, who had passed away in 2003, had been visiting the Peninsula for a number of years. He wasn't sure about going on a blind date but

1981 the Knowles bought a second home in Carmel, and in 1990 they moved here permanently. Unfortunately, their happy retirement came to an end after a year when Larry developed Alzheimer's and died.

Jeffrey Riehl is also a San Joaquin Valley native. He was born in Modesto, lived in Madera, graduated from Selma High School and went on to Fresno State. There he earned his BA in English Literature. While attending FSU he met Carol Smith from Exeter. They married and moved to Merced. (Sounds like they all loved the Valley.) Jeff taught high school English, but when he got tired of grading bad essays he decided to go into administration. During this time he got his Masters in Education at FSU. He spent a year as principal in the Merced Union High School District and also in the Delhi Unified School District. In 1991 he got his doctorate at University of the Pacific. With Carol he had twin daughters, Shana and Andrea. Shana has given him two grandsons, and Andrea blessed him with grand twins: a boy and a girl. Jeff and Carol's grand plan was to retire on the Monterey Peninsula, but sadly Carol died of cancer in 2003 before they could move here permanently. They had made friends here, and in 2004 one of Jeff's friends wanted to introduce him to a lady he knew. And you know the rest of the story.

Marilyn lived in Carmel Woods for 30 years, and Jeff lived in Carmel Woods for sixteen years. They were married after Larry passed away. They moved into the Manor just this last month. We have seen Jeff around as he played with the duplicate bridge group here. He says he is a bridge addict. He's a past golfer, past president of both the Stillwater Club and the Gentrain Society. Marilyn in the meantime belongs to the Mayflower Society, Daughters of the American Revolution, Colonial Dames and the Gentrain Society. As an enthusiastic genealogist, she is a twenty-year volunteer at the Family History Center. Both Jeff and Marilyn support PacRep Theater, the Monterey Symphony, Smuin Ballet, Monterey SPCA and the Carmel Music Society.

They still love travel and have spent much time in Turkey, the Middle East, Europe and many states in the US. They call their travels "Dead Ancestor Trips", visiting locales where their ancestors lived. Last summer they were in Turkey for a month with their granddaughter Melise. That is where her name came from. On a trip to Turkey long ago her parents saw a photo of a cute Turkish girl whose name was Melise. We welcome Marilyn and Jeff to the Manor and to 7A and are glad they found each other and continue to travel, party and enjoy the fine arts together.

Jane Up

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

Editor: Janet McDaniel
janlaine@comcast.net

Publisher: Celina Manzanarez

Proofreader: Arden Hoppe

Photographers: Kass Schwin

Contributors: Anna Beck
Gloria Mikuls
Ann Richardson
Jane Upp
Dick Wheat

Information regarding the Manor can be obtained from WWW.CVMANOR.COM or from the Director of Community Relations, Angie Machado

(831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED