

SPRINGTIME IN THE ROCKIES



I picked up speed as I descended the small pass onto the flat plains before entering West Yellowstone. The snow had piled up two inches on the roadway, and the heavens were really dumping, slowing down trucks on the narrow road. Even though cold, nervous perspiration rolled off my face; it steamed up my glasses. At this rate there would be four inches before I got to plowed roads.

At the edge of town I knew things were not going well. Mounds of snow were heaped in every parking place, every city park, and no one was occupying the roads or any of the streets.

I slid into my campground, and Mark informed me they had emptied a space of snow for the camper and Zeke. We cuddled in the cold until the heat warmed up the space inside the camper. Eventually I opened the door and let Zeke out. He was overjoyed and took a big jump right in the middle of a snow bank burying himself up to his belly, stuck solid. I tried to dislodge him, but he became more frightened. I called and pulled and finally in despair, his supreme effort dislodged one long stick leg, and he found the open camper door. Needless to say his emptying trips were few.

The next morning the sun was out, melting the new four inches of snow in a rush. I waited until the roads were slush and mush and drove into the Park to be greeted by my welcoming committee of one bald eagle in his favorite tree overlooking the Madison River. For the next several days I enjoyed bull bison, elk, coyote, trumpeter swans, mergansers, loons, osprey, white pelicans, gulls, scaups, golden eyes, and many other types of birds in the open patterns of water.

Something was missing. There should be hordes of herd animals and excitement in the air, newly born bison and elk calves and predators roaming around looking for a free, tender baby steak. So I explored. Sure enough, I went to the northeast corner of the Park where there was less snow and found delicious grasses, bulbs, new flowers, big horn sheep, herds of newly born red-furred baby bison, spooky pronghorn, and a treat rarely seen, an all-cream colored red fox. These occur

only at elevations above 7000 feet and are very rare. They are being studied to see how their bodies produce such a glorious color.

I also was fortunate to drive along side a newly born bison calf (beautifully coated red). Mom never changed her gait; she just expected the little one to keep up even though it was only several hours old. I watched carefully and drove the same way. The calf tucked himself under the mom's belly barely touching her legs. I believe the barest brushing of the guard hairs warned the calf to adjust its gait slightly so there was no bumping. I could not believe the agility of such a new born. No energy was wasted on vocal communication. Better understanding the bonds of bison, I thought, rewarded my careful driving.

Black bear were out with well-developed cubs, and so were visitors in the hundreds lined up on the narrow roads so they could get the shot of a lifetime. I took pictures of the people taking pictures as I thought it was a riot! Now I had a shot of a lifetime!

By now, as I watched the gathering of the herds, I knew the other productive meadows in Yellowstone had too much snow to be of use to these hungry animals, and so they gathered in this Lamar Valley. What a joyous occasion!

The wolves were out in numbers tracking elk, but the best of all was a young wolf that had hidden a partially eaten elk calf which he dragged out of large bushes to finish up his meal.

Back at the campground I had been watching a chickadee enlarge a nesting hole in the birch tree right beside the camper. As the snow melted, Zeke was not as frightened about being caught in a mound, so the two of us watched the male enlarge his nest. One day he didn't take his usual four branch hops to the entrance and stopped where he could look into my eyes. He gave a soft chickadee call, and I answered with soft kissing sound. He listened for a minute and replied. He bounced around with pleasure, and his song became more intense. I replied again and again. I was talking to a bird! He finally got quiet and went back to work; this was repeated for a whole week. Then I sadly said goodbye to my friend and wished him a healthy family.

Where are the bear stories? We had so many griz in the meadows it was not necessary to count. The moms understood humans and dangers and had been around for several years. They had been numbered and named by the Park Service, 399, 310, and Blondie. Each had produced two cubs and 399 was the dominant female taking over when she saw fit, which was often. (The best cub playground, the best bulb digging, the juiciest grass, the best old manure pile left by the riding stables, and the best cub to bother mom.)

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EVENTS

SUN JUL 29 MOVIE – 1:30 – MH

Cabaret. A 1972 American musical drama starring Liza Minnelli and Joel Gray and directed by Bob Fosse. The story is situated in 1931 Berlin during the last days of the Weimar Republic.

THUR AUG 2 HALF-FAST WALKERS PLAN TO WALK – 9

Walkers will head to Mission Trail. Deanna Woodhour will lead. Sign up on the BB.

FRI AUG 3 EDUCATION 9-11-CR B

Literature (to be announced – see BB) with Laura Headly. Will continue on Aug 10, 17, 24, 31.

WED AUG 3 MOVIE – 7:15 – MH

Bend It Like Beckham. Sometimes to follow your dreams you have to bend the rules. This is a wonderful and profound movie for everyone about a second generation Indian family trying to maintain traditions that their children find increasingly irrelevant.

SUN AUG 5 MOVIE – 1:30 – MH

A Fish Called Wanda. In London four very different people team up to commit armed robbery, then try to double cross each other for the loot.

WED AUG 8 MOVIE – 7:15 – MH

The Insult. A drama that tells the story of a Lebanese Christian and a Palestinian refugee that turns into an explosive trial that ends up dividing the two communities.

THUR AUG 9 HALF-FAST WALKERS PLAN TO WALK – 9

Lover's Point to the Lighthouse. Kay Enbom will lead. Sign up on the BB.

Monday Morning Forum Speaker Schedule

Monday, August 27, 2018- Nancy Jacobson, Founder, No Labels. Bi-partisan political organization in House of Representatives. The first remote speaker presentation at CVM!

Monday, September 24, 2018- Scott Delucchi, Executive Director, SPCA, bringing his dog; bring yours too!

Monday, October 22, 2018- General Mike Carns Ret., American Foreign Policy.

November- December 2018- No speakers.

Monday, January 28, 2019- Jimmy Panetta, Congressman, Report to Constituents.

Monday, February 25-Anna Vassilieva, Professor, Middlebury Institute of International Studies.

The MMF Committee requests that we show all speakers the same gracious welcome that exists within the Manor Family.

UPCOMING EVENTS

SUN AUG 12 DAYTRIPPERS – 4:30

Bus departs for Allegro Gourmet Pizzeria in the Barnyard. Cost is \$16.00. \$10.00 cash deposit required. Full refund if you cancel before Aug. 5. After Aug. 5, no refund. Sign up on Bulletin Board ASAP.

Carmel Valley Manor Writers' Group: The First in a Series Leading Up to Our 55th Anniversary.

Loving the Manor

It took six months to get adjusted.
It took another six months to feel at home.
After a year I had my comfort zone.
I love my little home.
I love the friendliness of my neighbors.
I love all our super staff.
On our "campus",
The food is good,
The conversations are sparkling,
The gardens are beautiful,
The care is caring.
Our senior bodies are old,
But our hearts are young.
So, even if the sun is not shining,
It is sunshine to be at
The Carmel Valley Manor.

Jane Upp
The Manor Writers' Group

RESIDENT PLEDGE CONTRIBUTION UPDATE

The Council is pleased to report that the resident pledge contribution was an unprecedented success. The level of participation was average (70 %). However, those who participated were exceptionally generous. The suggested donation was \$120, but the average given was \$195! Thank you donors for your thoughtful contributions. A letter documenting your tax-deductible contribution will be issued in the near future.

Gary Nelson
Treasurer

NEW/SOON-TO-BE RESIDENTS

Claude "Skip" & Joan Keyzers	Tom and Sue Masters
Selma Petker	John and Ann Mahoney
Diane Greenlee	Bruce and Harriet Newell
Charles and Leslie Snorf	Susan DuCoeur
Paula Albert	Aliceon Jones
Bill Schueler and Susan Nycum	Roger Newell

Happy Birthday

7/27	Barbara Hill	7/31	Carol P.
7/28	Mary Ellen M.	8/1	Cathy W.
7/29	Jo L.	8/2	Lorraine E.
7/30	Susan N.	8/6	John D.
7/30	George W.	8/8	Leslie G.

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Games GR	7:00PM
	Dominoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM
TUES	Chair Exercise MH	8:30-8:45AM		Balance and Stretch MH	9:15-9:45AM
	Council Meeting (2nd) CR	9:30AM		Strength Circuit Training FC	11:00-11:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Bookmobile	12:45-1:15PM
	Worship Services (1st) H	10:30AM		(Every other Friday from July 27)	
	Communion Service (3rd) HC	10:30AM		Lawn Bowling PG	1:15-3:15PM
	Lawn Bowling PG	1:15-3:15PM		Social Bridge GR	7:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM	SAT	Chair Exercise MH	8:30-8:45AM
WED	Chair Exercise MH	8:30-8:45AM		Putting (2nd) PG	10-11:30AM
	Balance and Stretch MH	9:15-9:45AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR.	6:00-7:00PM
	Strength Circuit Training FC	11:00-11:45AM	SUN	Classic Movie MH	1:30PM
	Communion Service (2nd) WP	11:15AM			
	Movie Night MH	7:15PM			

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	FC Fitness Center	GR Game Room
H Hillcrest	HC Health Center	HG Hall Gallery	L Library
MH Meeting House	PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge
SP Swimming Pool	WP West Parlor	BB Sign-up and/or Information on Bulletin Board	

LIBRARY NOTES

BOOKS CHOSEN FOR AUGUST 2018

Fiction

VARINA

THE VERDUN AFFAIR***

BEAR TOWN*

Charles Frazier

Nick Dybek

Fredrik Backman

Mystery

HOW IT HAPPENED**

THE WORD IS MURDER

Michael Koryta

Anthony Horowitz

Biography

EVE OF A HUNDRED MIDNIGHTS*

Bill Lascher

Health

STROKE DIARY*

STROKE DIARY: The Secret of Aphasia

Recovery*

Thomas G. Broussard

Thomas G. Broussard

STROKE DIARY: Just So Stories*

Thomas G. Broussard, Jr., Ph.D.

THE WORD ESCAPES ME: Voices of Aphasia*

Ellayne Ganzfried & Mona Greenfield

*Donation**MacCullough Fund***Wagner Fund

DVDs SELECTED FOR AUGUST 2018

CIVILIZATIONS

CAMILLA LÄCKBERG'S THE FJÄLLBACKA MURDERS, Set 2

THE LAST KINGDOM: Season One

THE LAST KINGDOM: Season Two

GAME NIGHT

MOLLY'S GAME

Mike's World

Currently many of us choose to travel by the route that takes us down the hallway of the CVM Art Gallery. Mike Smith's paintings of his own view of the world have a tremendous appeal. He loves the green environment, mountains, and small bodies of water; lakes and rivers large enough to provide fish and big enough to navigate in a fishing boat. He uses broad strokes and bright colors for his backgrounds, and they appeal. His meticulous training as a surgeon shows up in the careful 3D rendering of the boats. He enjoys energetic people, and we meet athletes and dancers. His designed compositions, based on photos, are perfect. Above all, we recognize his joy in his world and see his smile. Thanks, Mike

ASR

The day before I left, I met Bruno on the road. He was huge for a park boar, and he was on the prowl for a hot momma. I did not attempt a picture or communication. He was only a quarter of a mile from our camp. Too close for dog walking, but not for my trusty bear spray.

Not to worry, there were plenty of black bears roaming around as well, and I lost count. This was the best year ever for animal watching. Join me next time!

*Pat Hughes, Spring 2018
Yellowstone and the Tetons*

Warriors, Walkers and the Wounded

I am now among the "Fallen" at Carmel Valley Manor.

According to the Bible, all of us are so,
And shouldn't wear it as a banner.

But it can leave you marked although.

We are the wounded warriors of the place,
But there are other groups within our number
Who should be noted as they are a special case.

They are best described as the "Double Pumpers."
If you are observant you will see them when they rise,
One pump and then another, not exactly like a jumper.

Then there are the "hesitation walkers"
Some of whom go in a very graceful "clip-clop."

The best of these is a lady, quiet talker.

Her walk is like a dance that does not stop.

I marvel when I see her come and go.

Her wounded husband "clop-clops" behind,
Unable to keep in time and so
Makes her gate yet more kind.

Then there are the walkers with the walkers
Who move around, some quite fast.

One a doctor and quite a talker

Moves too fast and makes the rest of us last.

There should be speed signs in the Manor
To limit ones like him,

But that would raise his dander
And he would raise a din.

We also have the "cane" group
And even one who crossed a cane and walker.

She used to own a bookstore at the crossroads loop
But now is simply quite a talker.

Then come the people with wheel chairs,
And a few with electric seats.
The first you always treat with care,
With the latter you can't compete.

We must not leave out the "Half-fast Walkers,"
Who climb mountains and walk the coast.
All are quite loquacious talkers
And liable pretty much to boast.

The last of the walkers in the manor here
Is so fast she leaves us all in the dust.
She's almost always late for breakfast but
Still we must give a cheer
Since she'll get to where she's going
On time or bust.

George Wilson



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