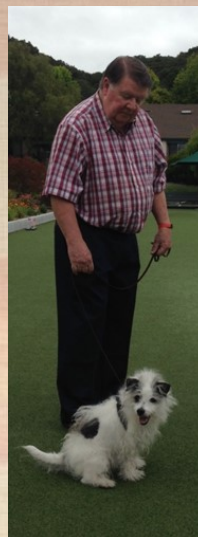


July 4th was a (bow) WOW!



Putting Results

18-hole score:

Women: Diane Nelson - 33
Men: Jack Ford - 36

Long putt, closest-to-the-cup:

Women: Sue Blois - 12" from the cup
Men: Mel Blevens - 7" from the cup



EVENTS

SUN JUL 15 MOVIE – 1:30 – MH

Same Time Next Year Ellen Burstyn and Alan Alda, both married to others, agree to meet on the same week-end each year.

TUE JUL 17(NEW DATE) DAYTRIPPERS HEAD FOR NPS – 4

Escorted tour of Naval Postgraduate School and dinner in the Officers' Club – cash or credit card. Manor bus leaves at 4. \$10 deposit is required and will be returned on the bus. No private cars permitted. Sign up on BB. Questions? Lari - X4818

WED JUL 18 JAVA WITH JANE - CANCELED

WED JUL 18 MEET & GREET NEW RESIDENTS

5 – L

See notice below.

WED JUL 18 MOVIE – CANCELED

THU JUL 19 HALF-FAST WALKERS PLAN TO WALK – 9

Walkers will head for **Whale Peak**. Sign up on BB. Otto Neely will lead.

FRI JUL 20 EDUCATION COMM. PRESENTS BRUCE ELLIOTT – 9 CR

Southwestern Native American Cultures: Hopi, Navajo, and Rio Grande Pueblos

SUN JUL 22 MOVIE – 1:30 – MH

Postcards from the Edge stars Meryl Streep in an adaptation of actress Carrie Fisher's thinly-veiled autobiographical novel.

WED JUL 25 MIKE SMITH WINE RECEPTION – 5 – HG

Mike will talk about his paintings, which are on the wall.

WED JUL 25 MOVIE – 7:15 – MH

The Perfect Horse A compelling account for animal lovers and for World War Two buffs alike-full of action, heartbreak and well-developed characters.

SUN JUL 29 MOVIE – 1:30 – MH

Cabaret

NEW RESIDENTS RECEPTION

Carmel Valley Manor Welcoming Committee is sponsoring a Manor-wide reception on Wednesday, July 18, to welcome officially the new residents who joined us between January 1 and June 30, 2018. The wine and cheese reception will be held from 5 to 6 pm in the Lounge. Please plan to join us to “meet and greet” our wonderful new residents.

Gloria and Jim Didion



Four on the Floor on the 4th of July

Not only did these four fellows fill in at the last moment, but they were super singers!

Let's eat Grandma.

Let's eat, Grandma.

COMMAS SAVE LIVES!

I thought I saw an eye doctor on an Alaskan island, but it was an optical Aleutian.

She was only a whiskey-maker, but he loved her still.

A rubber-band pistol was confiscated from an algebra class, because it was a weapon of math disruption.

No matter how much you push the envelope, it will still be stationery.

A dog gave birth to puppies near the road and was cited for littering.

A will is a dead giveaway.

Show me a piano falling down a mineshaft and I'll show you A-flat miner.

When you've seen one shopping center, you've seen a mall.

Did you hear about the fellow whose left side was cut off? He's all right now.

If you take your laptop for a run, you could jog your memory.



NEW/SOON-TO-BE RESIDENTS

Claude“Skip” & Joan Keyzers	John and Ann Mahoney
Selma Petker	Bruce and Harriet Newell
Diane Greenlee	Susan DuCoeur
Charles and Leslie Snorf	Paula Albert
Bill Schueler and Susan Nycum	Aliceton Jones
Tom and Sue Masters	Roger Newell

Happy Birthday

7/13	Bob B.	7/20	Steve B.
7/13	Ginny F.	7/24	William O.
7/15	Dick H.	7/25	Lyde H.
7/16	Bob G.	7/25	Rob C.
7/19	George W.		

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Games GR	7:00PM
	Dominoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM
TUES	Chair Exercise MH	8:30-8:45AM		Balance and Stretch MH	9:15-9:45AM
	Council Meeting (2nd) CR	9:30AM		Strength Circuit Training FC	11:00-11:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Bookmobile	12:45-1:15PM
	Worship Services (1st) H	10:30AM		(Every other Friday from July 13)	
	Communion Service (3rd) HC	10:30AM	SAT	Lawn Bowling PG	1:15-3:15PM
WED	Lawn Bowling PG	1:15-3:15PM		Social Bridge GR	7:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Chair Exercise MH	8:30-8:45AM
	Chair Exercise MH	8:30-8:45AM		Putting (2nd) PG	10-11:30AM
	Balance and Stretch MH	9:15-9:45AM		Wine Dinner Group (2nd) PDR	5:30PM
THUR	Advanced Exercise MH	11:00-11:45AM	SUN	Music on the Menu DR.	6:00-7:00PM
	Strength Circuit Training FC	11:00-11:45AM		Classic Movie MH	1:30PM
	Communion Service (2nd) WP	11:15AM			
	Movie Night MH	7:15PM			

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	FC Fitness Center	GR Game Room
H Hillcrest	HC Health Center	HG Hall Gallery	L Library
MH Meeting House	PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge
SP Swimming Pool	WP West Parlor	BB Sign-up and/or Information on Bulletin Board	

Our Manor Culture

An Introduction

In the next few editions of ACCENTS you will be reading stories about our Manor Culture written by members of the Manor Writers' Group. Why did we write these stories and why now?

Over recent months many residents have noted a subtle difference in the Carmel Valley Manor we have always known. We are told we must keep up with the times, and, of course, we all know that change is inevitable in the life of any organization. We hear change may be necessary for our financial stability (though we are also told our bottom line is excellent), or because the Baby Boomers demand a larger "Wellness Center" (not "Fitness Center"), more flexible dining hours and more options for our dining services. Perhaps even a Memory Care Unit, which will only isolate and divide us as we age. We are told these are all just rumors without substance ... but we worry that these and other similar changes, should they come, may alter forever the character of this place we call home.

It was because of these concerns that our group undertook to write down what each of us feels makes the Manor so special, so unique; why we love living

here, about our wonderful staff, our dedicated Board of Directors and Administration, our activities, our Dining Room, our beautiful environment, our smallness in numbers, and our extraordinary fellow residents.



What has made the Manor so wonderful, so unique, has been the culture that has developed on this hillside over the past fifty-five years. You have to live here as a member of this extended family, this community, to know it, to feel it, to be part of these traditions we call our "culture."

We hope you enjoy our presentations. Some are short and some are long; all are different, but each comes from the heart.

Dick Wheat
The Manor Writers' Group

Carmel Valley Manor Department News

Dining Services:

- Replacement of the Brown Bag Dinners with Sunday Brunch. Receiving very positive feedback. Continue to make positive adjustments as necessary.
- Implementation of the organic compostable waste recycling in the kitchens. This has included switching to compostable take-out containers, straws, drinking- and soup-cups. Goal is to move towards use of only compostable items.

Marketing:

- Carmel Valley Manor has welcomed 11 new Residents, with 11 more on the horizon. This quarter, Marketing has taken in several applications, with 5 almost complete for review.
- In process of updating the Resident Handbook and completing the Accessibility Plan per CARF standards.

Front-desk/Hospitality:

- WorxHub Guest Room Reservation and Catering modules launched. Transportation module to launch within weeks.
- Implemented Guest Room reservation policy and procedure, and held Guest Room lottery drawings on the 14th of May and the 11th of June. More to follow!

Finance Department:

- Public Notary available during normal business hours.
- Provide service of direct withdrawals for monthly fees.

Human Resources:

- Has moved to new location across from President/CE0.

Health Services:

Clinic:

- Surveyed Residents to assess for additional IL assistance. Based on individual/family needs expressed, designed an Ancillary Services Program. Finishing up business plan. Looking to roll-out soon.
- Immunization Clinic Days. One completed very successfully! Be on the lookout for more to come!

Hillcrest:

- Warmer weather means enjoying our beautiful landscape and fountain. Our patio on the first floor is a great gath-

ering spot! Come visit!

- Monthly Resident meetings to keep apprised of all going on at Hillcrest and on campus. Come by; grab a cup of coffee in our lobby and visit our library or lounge.

Physical Therapy/Fitness:

- Initiated home visit by Fitness personnel post illness for strength assessment and treatment.
- Guest sign-in forms now available at the Fitness Center.
- New Lite-Gait partial and full weight bearing therapy device ready for use with Physical Therapist.

Activities:

- Essential oils for diffusers and hand/massage therapy.
- Better weather means more outdoor activities, including flower arranging and surrey rides (we discovered the blueberries!).

Health Center with Health Services:

- Health Services team completed Wellness Tri-Fold - a quick and easy handout of services offered.
- Identified staff to visit Residents admitted to CHOMP for acute illness.

Maintenance:

- Using WorxHub, a computer program, to track and manage the work of the Maintenance Department, we were able to receive and complete over 80% of the work requested same day.
- Data added to WorxHub provides a system to identify remaining useful life and replacement cost of items so that we can better plan for capital expenditures.

Capital Projects:

- Hillcrest/Health Center will pursue replacing all existing thermostats, as was done in the Pavilion.
- Fire Alarm System replacement plans approved by all applicable agencies. Negotiating with contractors.

Grounds:

- Mulching where needed to hold moisture and provide a tidier and neater look on campus.
- Miguel is retiring at the end of July.

Chris Regan

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ADDRESS SERVICE REQUESTED