

FORTNIGHTLY PUBLICATION — JUNE 29–JULY 12, 2018

4th of July Celebration

- 9:30 Golf putting contest
- 10:00 Bloody Mary bar opens
- 10:15 Manor Canine Review with prizes and treats
- 11:00 The AMBRASSADORS will play patriotic music (yes, it is a brass quintet)
- 12:00 Buffet lunch
- 1:15 Social bridge
- 3:30 Movíe 'Phantom Thread'

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Majestic Fruit Display

Fourth of July Lettuces with Poppyseed Dressing Centennial Pasta Salad Liberty Potato Salad

> Basket-O-Buns Condiment Tray And Toppers Spectacular Cheesy Breads

Celebration Burgers, Cheese Burger, and Veggie Burgers Bangin' Sausages National Grilled Salmon Over Seasonal Fruit Salsa Cracking Marinated Roast Chicken

Stealth Parmesan Garlic Fries Amazing Corn on the Cob Skyrocket Assorted Grilled Vegetables

> Grand Finale Cookies Apple and Cherry Pies

Barrel Bomb of Beers and Sodas

EVENTS

SUN JUL 1 MOVIE – 1:30 – MH

The Best Years of our Lives, Three World War II veterans return home to small-town America to discover that they and their families have been irreparably changed.

WED JUL 4 MOVIE – 3:30 – MH

Phantom Thread, Set in the glamour of 1950 post war England, renowned dressmaker Reynolds Woodcock (Daniel Day Lewis) and his sister (Lesley Manville) are at the center of British fashion, dressing royalty, movie stars, heiress, socialites, debutants and dames in their distinct style.

THUR JUL 5 HALF-FAST WALKERS PLAN TO <u>WA</u>LK – 9

Walkers will head to Scenic Road. Peggy Smith will lead. Sign up on the BB.

FRI JUL 8 DAY TRIPPERS – 1:00

The Obon festival. Harry Hanson will be the docent for this trip. He is a master Bonsai afficionado. The bus will leave at 1:00 for the Seaside Buddist Temple.

SUN JUL 8 MOVIE – 1:30 – MH

Chariots of Fire, Personal Goals super British runners Harold Abrahams (Ben Cross) and Eric Liddell (Ian Charleson) to compete in the 1924 Olympics. <u>WED JUĹ 11 MÔVIE – 7:15 – MH</u>

The Death of Stalin, When dictator Joseph Stalin dies, his parasitic cronies square off in a frantic power struggle to become the next Soviet leader. As they pumble, brawl and back-stab their way to the top, the question remains, just who is running the government?.

THUR JUL 12 HALF-FAST WALKERS PLAN TO WALK – 9

Walkers will head to Monterey Beach. Sign up on BB. Mel Blevens will lead.

Our Publisher, Celina Manzanarez



Thanks for the Flower Arrangements!

We Stop and admire them. They are always original interpretations of nature's bounty. Committee members gather greens and flowers from all over the grounds, sometimes finding seedpods and branches that fit the concept they have in mind. We see carefully constructed bouquets, abstract designs, minimal Asian presentations and tall constructions involving flags or other "accessories"!



Sometimes we even find the designer and offer our praise for the beauty of the flowers and the joy that they bring to everyone.

Linda Page is chairperson of the committee and Joan Chambers, Madeline wood, Gayle Holmes, Char Martin and Sheila Cooper are the members who offer their creative services so that we know we live in a garden spot. Thank You!

ASR

NEW/SOON-TO-BE RESIDENTS

Claude"Skip" & Joan Keyzers	Tom and Sue Masters
Selma Petker	John and Ann Mahoney
Diane Greenlee	Bruce and Harriet Newell
Charles and Leslie Snorf	Susan DuCoeur
Susan Nycum	Paula Albert

Happy Birthday							
6/29	Larry F.	7/8	Joan A.				
7/2	Jan Š.	7/8	Helen P.				
7/4	Betty M.	7/10	Curt H.				
7/4	Dick W.	7/11	May W.				
7/5	Micky P.	7/12	Jo W.				
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Culinary Arts: Brunch, and how it all began



Somehow I thought that brunch was invented so that Mom could attend church and enjoy a menu afterwards that offered a variety of choices. I was wrong. Brunch began in England in the late eighteen hundreds where huntsmen, who were exhausted after a wild ride through the countryside chasing a quick fox, needed ample sustenance, meat and strong drink! It was the post-Hunt breakfast and hardy. The concept of a full and satisfying male breakfast that could last a bit longer as a social event quickly crossed the pond to America although it was after golf more often perhaps than after foxhunt.

Research suggests that women started attending brunch when it was offered in golf clubs and hotel restaurants. Diners were more exhausted from 18 holes than the speedy fox! Ladies too had a glass of wine and selected from the huge displays of food. Next came the flourishing of brunch all over the United States. Wherever you went there were ads for the "Best Brunch" and "Local Specialties Featured". There were places offering ethnic dishes and some proclaiming astounding egg recipes. Bloody Marys and Orange Blossoms along with



fruit galore made their appearance. Here we are spoiled with some of the best fruit in the nation. However, the egg was the most versatile,

appearing in numerous forms, embellished with cheese and pared with fancy ham or sausage. Oysters popped up (when they "R" in season) fish and sea food, including our excellent Lox, were on the menu. We are invited to make suggestions. Shrimp Newburg with bay shrimp might be nice and who could resist a little taco or tortilla chips with guacamole? Even a glass of sherry with biscuit and jam fits right in. Of course there's coffee of several kinds. Our carving station for Father's Day was very popular with its lamb chops and mint jelly, a nice accompaniment.

It certainly seems overwhelming. However, we hardy residents, like the Brits who had been chasing the fox, manage to persevere. Fix yourself a tasting menu of assorted items and determine your favorites. Did I mention Caesar salad with perfect dressing? Embellish and take home!

For some of us it is difficult to give up the brown bag. Some even yearn for a familiar sandwich in the evening. Perhaps a sandwich station could be a future item? The good part is, we are shaping it ourselves and the



wave of enthusiasm is growing large. During Fathers Day at the brunch table a new compliment was served up. Residents felt brunch was more sociable and it was fun! Make sure you can lift that box of take-out and let the good times roll! — Thank you Ilona

ASR = = = =



Dining Update:

You asked, and we listened...



Starting on Thursday, July 26th we are going to introduce our kitchen tours. We are conducting them once a month depending on the demand. In the future, we could conduct them more frequently. The dates and the sign-up sheet are at the front desk, you can go ahead and sign up if you are interested in learning about our kitchen here at the Manor. The limit for this tour is 10 residents and it will be on a first come, first served basis.

The other exciting news is, since so many residents were asking to have lunch or dinner with Ilona, that we are happy to report that starting on July 10th, Ilona will host a table for 4 or 6 in the dining room once a month for lunch. If you are interested to sign up for "lunch with

Ilona", please see the front desk as they will have the sign-up sheet. Both events are first come, first served, as they both have limited spaces, so please plan ahead!

Ilona Corpus



WE NEED A FEW GOOD MEN AND WOMEN

If you like what you see about our Residents' Website and believe you will get benefit and enjoyment out of it, then how about signing up to help others get benefit and enjoyment out of it? You don't have to be a technical wizard to help your neighbor learn to type in our website address to their address bar or to bookmark that address to their favorites. You'll look like a wizard to them, and they'll be forever grateful. We need people who know Macs as well as those who know the Windows format. We can teach you everything you'll need to know to help others, but we can't teach you if you don't sign up to volunteer as Website Tutor. Please help us. Please help your neighbors. Each time you get some benefit and/or enjoyment for our Residents' Website, you'll think to yourself, I helped others get this same joy.

To sign up to be a Website Tutor, just send an email to carmelgolfer@hotmail.com. Thank You!

Murray Yeomans, Chair

ONGOING ACTIVITIES See also Master Schedule of Ongoing Activities

(C 10,11 Residents' Handbook)						
MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM	
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM	
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM	
	Duplicate Bridge GR	1:00PM		Games GR	7:00PM	
	Dominoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM	
TUES	Chair Exercise MH	8:30-8:45AM		Balance and Stretch MH	9:15-9:45AM	
	Council Meeting (2nd) CR	9:30AM		Strength Circuit Training FC	11:00-11:45AM	
	Adv. Water Exercise SP	9:30-10:15AM		Bookmobile	12:45-1:15PM	
	Worship Services (1st) H	10:30AM		(Every other Friday from June 29)		
	Communion Service (3rd) HC	10:30AM		Lawn Bowling PG	1:15-3:15PM	
	Lawn Bowling PG	1:15-3:15PM		Social Bridge GR	7:15PM	
	Sing For Fun (1st & 3rd) WP	2:30PM	SAT	Chair Exercise MH	8:30-8:45AM	
WED	Chair Exercise MH	8:30-8:45AM		Putting (2nd) PG	10-11:30AM	
	Balance and Stretch MH	9:15-9:45AM		Wine Dinner Group (2nd) PDR	5:30PM	
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR.	6:00-7:00PM	
	Strength Circuit Training FC	11:00-11:45AM		(Every other Saturday from June 30))	
	Communion Service (2nd) WP	11:15AM	SUN	Classic Movie MH	1:30PM	
	Movie Night MH	7:15PM				
LOCATION LEGEND						
	CR Conference Room(s)DR			FC Fitness Center GR Game R		
		Health Center		HG Hall Gallery L Library		
	MH Meeting House PDR	Private Dining	Room	PG Putting Green PL Pavilion	Lounge	

SP Swimming Pool WP West Parlor BB Sign-up and/or Information on Bulletin Board

LIBRARY NOTES

		Biography		
Fiction		THE INKBLOTS*	Damion Searls	
PARIS IN THE PRESENT	TENSE***	Politics		
	Mark Halprin	A HIGHER LOYALTY*	James Comey	
MY DEAR HAMILTON**	Laura Kamoie			
	& Stephanie Dray	*Donation **MacCullough Fund	***Wagner Fund	
ASYMMETRY*	Lisa Halliday			
Mystery	-	DVDs CHOSEN FOR JULY 2018	<u>8</u>	
THE FALLEN*	David Baldacci	DURRELLS IN CORFU		
FALL OF ANGELS	Barbara Cleverly	DURRELLS IN CORFU		
THE SHADOW DISTRICT		DOC MARTIN: Series 7		
	Arnaldur Indridason	DOC MARTIN. Series /		
MACBETH*	Jo Nesbø	DOC MARTIN: Series 8		
TRAP THE DEVIL*	Ben Coes			
ROBERT B. PARKER'S B LACKJACK*		SHETLAND: Season 3		
	Robert Knott			
Economics		POLDARK: The Complete Third	d Season	
DISCRIMINATION & DIS	SPARITIES* Thomas Sowell	HOSTILES		
<u>Humor/Essays</u> CALYPSO	David Sedaris			

An Invitation from the Education Committee

Bruce Elliot presents Southwest Cultures, Past and present

On July 13 the topics will be Prehistoric Southwestern Native American cultures.

Both classes begin at 9:00 am in Conference Room B and will be enhanced by Bruce's personal slides and experiences.

On July 20th, the contemporary Southwestern Native American Cultures: Hopi, Navajo and Rio Grande Pueblos will be examined.

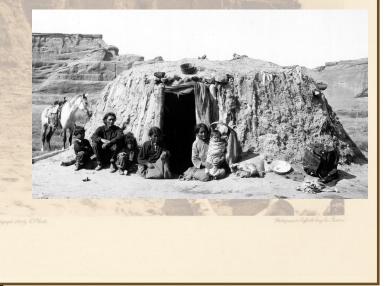
Enjoy Bruce's understanding of these cultures and the admiration he has for them.

Future Classes: (literature will be announced later.)

Laura Headley August 3 through 31

Renee Curry October 5 through November 2





Pat Hughes

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Information regarding the Manor can be obtained from WWW.CVMANOR.COM or from the Director of Admissions, An (831) 626-4867 or (800) 544-5

ADDRESS SERVICE REQUESTED