FORTNIGHTLY PUBLICATION — APR 20- MAY 3, 2018

Following Lewis and Clark A Memoir – Will Furman 3/31/18

"Who do you think the greatest American of the 20th century was," Stephen asked? "I don't know," replied Doris. "I have been thinking about it ever since I got the letter from President Clinton. It's a hard choice; there are so many. Einstein and Roosevelt are at the top of my list. You got the same letter, who do you think it should be," she asked?

My wife looked at me and raised her eyebrows. We were both stunned. Behind us, as we drove through the Montana countryside, were two of our most famous American authors, Doris Kerns Goodwin and Stephen Ambrose.

"I don't think there is any question who the greatest is," Stephen said in a strong voice, without hesitation. "The American G.I. is the greatest. Without him, we wouldn't have won World War II, and we'd all be speaking German now." Doris nodded, "I hadn't thought of that." We turned onto a dirt road and headed down toward the river. We piled out of the car, stretched our muscles and gathered by the waiting canoes. It wasn't long until we were paddling our canoes down the Missouri.

Stephen Ambrose had put together this small group of 20 or so people, plus his family members, and friends going back to when he and Moira took their young family camping along the Missouri during his summer break from the university. They had explored different parts of the Lewis and Clark Trail each summer for more than a decade, each day reading from the journals. Years later, those experiences became the best-seller "Undaunted Courage," about the Corps of Discovery's epic journey exploring the Louisiana Territory which had just been purchased from the French in 1803. Ambrose was now leading us on our own Corps of Discovery.

For the next two days we canoed 56 miles down the river through the Missouri River Breaks, camping at night where Lewis and Clark had camped. Ambrose would read from Lewis' journal at each place, always reminding us how little they knew of what lay ahead. For over 1500 miles, they were the first white men to be there. Stephen had brought along a period weapons expert to show us how the expedition fed itself. I had a chance to shoot a replica of the Harpers Ferry U.S. Model 1803, the first rifle to ever have "rifling" in the barrel, which greatly improved accuracy. I was able to shoot and hit a small rock on the opposite bank of the river. To me it was impressive. That rifle made it possible for the expedition hunters to supply the nine pounds of meat required by each man, each day (10,000 calories). The expedition was

a strenuous one. That evening, while sipping wine, we listened as Goodwin and Ambrose discussed how they had learned to tell history in such powerful ways: never give the reader any information beyond what he knew at that time. If you do, you lose the surprise of what is to come.

For 12 days we canoed, rode horses, hiked and drove, stopping at major points along the trail of the explorers. We went to "The Smoking Place" where Indian tribes in the region met and resolved all their disputes every year. We walked to where the Corps had to abandon their canoes because of shallow water. We rode out to the places they finally met some Indians, the first humans they had seen in six months. There, the chief of the tribe turned out to be Sacagawea's *brother*! A few miles further, a small spring bubbled from the ground. I stood straddling the water, proclaiming: "I'm standing with one foot on either side of the mighty Missouri!" A short walk uphill and we reached the Continental Divide.

As we looked west, the mountains reached as far as the eye could see. This was the point Lewis stopped writing in his journal. I believe he was unable to reconcile his (and Jefferson's) strong belief of an easy pathway to the Pacific Ocean. Unlike traveling the Ohio and Potomac rivers to the Atlantic, the pathway to the Pacific was difficult, tortuous, and almost impossible. The trail took weeks to cross the Bitterroot Mountains (in Idaho) and the explorers almost starved in the process. The Nez Perce nursed them back to health. The young warriors argued they should kill the white men and take their rifles. But an elderly woman told the warriors that the white men were good people and had treated her well when she encountered them as a child in the mid-west. The Corps wintered at Ft. Clatsop in Oregon and returned up the Columbia, picked up their horses the Nez Perce had boarded for them, and then returned back to St. Louis. Our trip ended in the Bitterroots, but we weren't starying!

Those days were magical for us. The history we relived and the stimulating company we shared was inspirational. We loved learning from the historians and other experts that joined us along the way. I imagined myself as Meriwether Lewis and William Clark facing the challenges they encountered every day. The original Corps of Discovery was one of the great adventures in the history of the U.S. Our own 1999 Corps of Discovery was an exciting and satisfying adventure for us as well.

EVENTS

TUES APR 24 MONDAY MORNING FORUM – 10:30 – MH

Are We Ready for a Trade War with China? Thomas Hout is an Adjunct Senior Lecturer at the Fletcher School of Law and Diplomacy at Tufts University. He also teaches at Middlebury Institute of International Studies at Monterey and at the University of Hong Kong School of Business. Professor Hout will analyze the trade issues with us, including the charges that the Chinese government unfairly limits market access and engages in currency manipulation.

TUES APR 24 MUSIC IN THE LIBRARY – 7:15

Mozart, Oboe Quartet in F, K.370, Academy of St. Martin-in-the-Fields, Neil Black, Oboe. Hindemith, Kleine Kammermusik, Op. 2, The New York Quintet. Richard Strauss, Concerto for Oboe, Academy of London, Ray Still, Oboe. Frederic Chopin Impromptu No. 1 in A-flat, Op.29, Debora Aitken, piano.

WED APR 25 MOVIE -7:15-MH

Paddington 2. Charming sequel featuring the warm hearted fuzzy animated bear. Just fun.

THUR APR 26 HALF FAST WALKERS PLAN TO WALK -9

Point Lobos . Easy. Ramona Smith will lead. Sign up on the BB.

THUR APR 26 FOXTALES, A NEW PLAY BY

TERRY HANSON -7:15-MH

Details on Right.

FRI APR 27 ART -9:30 – CR

Telling a Story. Tory Raggett will examine the need that artists have to communicate a particular story in visual language.

SUN APR 29 SUNDAY SUPPER-4:15

Crab House, Monterey Wharf. Cost, all inclusive, \$16.00. Bus departs at 4:15, returns at 6:15. \$10.00 deposit non-refundable if you cancel after April 22. \$10.00 cash deposit should be placed in envelope addressed to Lari.

SUN APR 29 MOVIE – 7:15 – MH

Coal Miner's Daughter. Biographical story of Loretta Lynn who was a legendary singer. She went from poverty to worldwide fame. Sissy Spacek won best actress for her portrayal of Loretta.

TUE MAY 1 MUSIC IN THE LIBRARY – 7:15

Beginning with Mozart: Piano Concerto No.12 in A Major, London Symphony Orchestra, Claudia Abbado, conductor; followed by Beethoven: Symphony #6 in F, Op. 68, "Pastoral", Orchestre Révolutionnaire Et Romantique, John

Eliot Gardiner, conductor; and ending with Lehár: Giuditta, Tonkünstler Orchestra, Alfred Eschwé, conductor, Angelika Kirchschlager, soprano.

WED MAY 2 MOVIE – 7:15 – MH

Wonder. An incredibly inspiring and heartwarming story of a boy with facial differences who enters the fifth grade to attend a mainstream elementary school for the first time.

THURS MAY 3 HALF FAST WALKERS PLAN TO

Garland Park. Ken Rich will lead. Sign up on the BB.

UPCO M ING EVENTS

WED MAY 9 WASTE MANAGEMENT CO. TOUR

A tour of Waste Management's new facility for handling our garbage and recycling.

"Foxtales" to Be Performed at the Manor

A new play by **Terry Hanson** is coming to the Meeting House on Thursday, April 26, at 7:15pm. **"Foxtales,"** inspired by Aesop's fables, is the Manor's first multi-media production, incorporating more than song and dance and with recent residents added to a cast and crew of well-known regulars.

Terry's last show, "Once Upon a Time," featured favorite fairy tales, and the cast included Noël Anceto and two Manor dogs. Before that, she wrote a play for Harry Hanson's father's 90th birthday which dramatized his early life, including a shipwreck in Alaska. She also wrote a comedy for her 25th high school reunion. All of these included familiar songs with invented lyrics.

Terry's love of theater goes back to her childhood, beginning in 2nd grade when she co-starred in a production of "Peter and the Wolf." She was awarded the part of the Wolf because of her talent for running on all fours.

In 1966 she and Harry joined the repertory company of Hillbarn Theatre in San Mateo, CA, and starred together in several successful productions. Terry also appeared on her own with Hillbarn director Bob Brauns in Arthur Miller's "After the Fall," as well as a revival of

"Anniversary Waltz," and Hillbarn touring productions.



Betty Hughes, the Grasshopper in the coming production of "Foxtales"

NEW/SOON-TO-BE RESIDENTS

Sylvia Conn
James and Susan Gaither
Claude"Skip" & Joan Keyzers
Diane Greenlee
Susan Nycum

Tom and Sue Masters John and Ann Mahoney Bruce and Harriet Newell Charles and Leslie Snorf Selma Petker

Happy Birthday

4/22	Frances S.	5/1	Billie M.
4/27	Russ H.	5/2	Glenna A.
4/29	Dolly A.	5/2	EY F.
4/29	Leon C.	5/2	Alma S.

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities (C 10,11 Residents' Handbook)

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MON Ch	nair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
Mo	onday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
Ad	Ivanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
Du	ıplicate Bridge GR	1:00PM		Games GR	7:00PM
Do	minoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM
TUES Ch	nair Exercise MH	8:30-8:45AM		Balance and Stretch MH	9:15-9:45AM
Co	ouncil Meeting (2nd) CR	9:30AM		Strength Circuit Training FC	11:00-11:45AM
Ad	Iv. Water Exercise SP	9:30-10:15AM		Bookmobile	12:45-1:15PM
Wo	orship Services (1st) H	10:30AM		(Every other Friday from April 20)	
Co	ommunion Service (3rd) HC	10:30AM		Lawn Bowling PG	1:15-3:15PM
La	wn Bowling PG	1:15-3:15PM		Social Bridge GR	7:15PM
Sir	ng For Fun (1st & 3rd) WP	2:30PM	SAT	Chair Exercise MH	8:30-8:45AM
Mu	usic In The Library L	7:15PM		Adv. Water Exercise SP	9:30-10:15AM
WED Ch	nair Exercise MH	8:30-8:45AM		Putting (2nd) PG	10-11:30AM
Ва	lance and Stretch MH	9:15-9:45AM		Wine Dinner Group (2nd) PDR	5:30PM
Ad	Ivanced Exercise MH	11:00-11:45AM		Music on the Menu DR.	6:00-7:00PM
Str	rength Circuit Training FC	11:00-11:45AM		(Every other Saturday from April 21)	
Co	ommunion Service (2nd) WP	11:15AM	SUN	Classic Movie MH	1:30PM
Mo	ovie Night MH	7:15PM			

LOCATION LEGEND

FC Fitness Center GR Game Room CR Conference Room(s) DR Dining Room Hillcrest **HC** Health Center **HG Hall Gallery** L Library

PDR Private Dining Room PG Putting Green PL Pavilion Lounge **MH Meeting House**

SP Swimming Pool WP West Parlor BB Sign-up and/or Information on

Bulletin Board

LIBRARY NOTES

BOOKS CHOSEN FOR MAY 2018	NATURE ART WITH CHI

Fiction THE VOICE OF AMERICA* THE ITALIAN TEACHER Tom Rachman

Mystery THE TEMPTATION OF FORGIVENESS

Donna Leon *Donation **MacCullough Fund **ENDANGERED*** C. J. Box

THE GIRL WHO TAKES AN EYE FOR

AN EYE* **David Lagercrantz**

THE PUNISHMENT SHE DESERVES

Elizabeth George THE INHERITANCE* **Charles Finch**

Biography/Autobiography/Combined Biography EDUCATED** Tara Westover

EVEN THIS I GET TO EXPERIENCE*

Norman Lear

THE VANITY FAIR DIARIES

IURA

OBATA* Michael Elsohn Ross **Mitchell Stephens** SOMETHING WONDERFUL Todd S. Purdum

Social Science

NOMADLAND*** Jessica Bruder ***Wagner Fund **********

NEW DVDs* SELECTED FOR MAY 2018

THE DISAPPEARANCE

MARIA WERN: Episodes 4-7

THE HANDMAID'S TALE: Season One

AMERICAN EXPERIENCE: The Great

San Francisco Earthquake

Tina Brown I, DANIEL BLAKE (The Criterion Collection)

LINE OF DUTY: Series Three

IMPORTANT NOTE ON SHOWER SAFETY

If you have a fold up seat in your shower, you should always fold it up when you are not using it (sitting on it). A recent fall in the shower made a resident aware that if the seat had been down, the fall might have resulted in a broken neck or severe head trauma involving the seat. So please, for your safety, fold up that seat!!!!!



Even if one tree falls down it wouldn't affect the entire forest. Chen Shui-bian



Pruning the Eucalyptus near the Chapel.

Goodby, Pepper tree.





The Pine left a BIG stump.



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