



NEW YEAR'S EVE *Champagne and Chocolates*

5:00.....Entertainment in the Lounge and drinks
5:30-7:30...Complete dinner, with Jack O'Neil on piano
7:30.....Entertainers and French champagne in MH
Dress Code: Dressy, tuxedos optional



Helen White, A Manor Treasure



In her 25 years at the Manor, the most disastrous event Helen witnessed involved a hot dog. The last hot dog left on the grill caught fire. Before the firepersons arrived the ceiling opened up releasing foam retardant all over the kitchen. That was at lunch. Dinner was served as usual. The hot dog died.

As you might guess, the most fun for Helen was

planning parties. She acquired her vast array of décor from residents and other people who donated many things, including her famous rabbit. Residents gave her silver trays, flatware and other party essentials. About the only decorations she had to buy were paper products. The best party she did was for the 50th anniversary of the Manor. The party was in the Meeting House and included decorated booths with various ethnic foods.

Helen grew up in San Francisco and Walnut Creek. She graduated from UC Davis with a nutrition degree and then did an internship at the Mayo Clinic. Her first job was with Kaiser Hospital in Walnut Creek. She then worked in a hospital in Reno. When she signed on with the Manor, her younger son was 6 years old and went to school at Carmelo across the street. Helen, her husband and two boys live in Pebble Beach.

The artistic side of Helen was part of her upbringing. She and her mother did crafts together non-stop. Martha Stewart was her hero.



The challenges for Helen revolved around providing for special diets. She believes that this will be an increasing issue as more vegans, vegetarians, people with allergies and gluten free eaters arrive.

Hard for a small kitchen.

Helen's husband offered to retire when they were hiking in Spain earlier and then promptly took a job in San Francisco. Fortunately, they have a small place in SF where both sons live. They will keep the house here, and she can commute to see her grandson at Stevenson. Helen plans to get to work on her family history. Her grandparents fled Russia in 1917 during the revolution. They went to Shanghai, where Helen was born. When China had its revolution, they left for the US. Helen was 6 months old. Helen also hopes to spend more time at Tahoe where the family has a place. She loves hiking, gardening and crafts.

She stayed as long as she did because she loved each and every one of the residents.

Kay Enbom

**Let's all give Helen the HAPPY/SAD
sendoff she deserves:
Wednesday, Jan 3, 2018
4:30 – 5:30 PL Hors d'oeuvres**

EVENTS

SUN DEC 31 NO MOVIE

SUN DEC 31 NEW YEAR'S EVE BASH – 5 – PL

See front page.

TUE JAN 2 MUSIC IN THE LIBRARY – 7:15

George Albright Jazz Selections: Peggy Lee, Woody Herman, Duke Ellington, Charles Mingus, Lionel Hampton, Paul Chambers, Charlie Parker, Dizzy Gillespie, Ella Fitzgerald, Louis Bellson, John Coltrane

WED JAN 3 HELEN'S FAREWELL – 4:30– PL

See front page.

WED JAN 3 MOVIE – 7:15 – MH

Tulip Fever - Set against the backdrop of the 17th-century Tulip Wars, a married noblewoman has an affair with an artist and switches identities with her maid to escape the wealthy merchant she married. She and her lover try to raise money together by investing what little they have in the high-stakes tulip market.

THU JAN 4 HALF-FAST WALKERS – 9

Walkers will head for the **South Bank Trail**. Sign up on BB. Ramona Smith will lead.

THU JAN 4 NELSONS' TRAVELS – 7:15 – MH

"The Galapagos Islands as Seen from a Zodiac"

SUN JAN 7 MOVIE – 1:30 – MH

For Whom the Bell Tolls - In this adaptation of Ernest Hemingway's popular novel, idealistic American Robert Jordan (Gary Cooper) travels to Spain to join the guerrilla forces opposing dictator Francisco Franco. Jordan, who is given the dangerous task of blowing up a bridge that lies behind enemy lines, gets sidetracked when he falls for partisan Spanish girl María (Ingrid Bergman).

TUE JAN 9 MUSIC IN THE LIBRARY – 7:15

Haydn, *Trumpet Concerto in E Flat*, National Philharmonic Orchestra under Raymond Leppard, Wynton Marsalis, trumpet; Massenet, *Meditation*, from *Thais*, Anne Akiko Meyers, violin; Rachmaninov, *Piano Concerto #3 In D Minor, Op. 30*, New York Philharmonic Orchestra under Seiji Ozawa, André Watts, piano

WED JAN 10 MOVIE – 7:15 – MH

Wind River - Cory Lambert is a wildlife officer who finds the body of an 18-year-old woman on an American Indian reservation in snowy Wyoming. When the autopsy reveals that she was raped, FBI agent Jane Banner arrives to investigate. Teaming up with Lambert as a guide, the duo soon find that their lives are in danger while trying to solve the mystery of the teen's death.

THU JAN 11 HALF-FAST WALKERS – 9

Walkers will head for **Monterey Beach**. Sign up on BB. Jack Enbom will lead.

UPCOMING EVENTS

SUN JAN 14 MOVIE – 1:30 – MH

All the King's Men

WED JAN 17 MOVIE – 7:15 – MH

Te Ata

SUN JAN 21 MOVIE – 1:30 – MH

Anna Karenina

Tularcitos Kindergartners' Angel Band Entertained – and Charmed - Us



Spell ✓

Eye halve a spelling chequer
It came with my pea sea
It plainly marques four my revue
Miss steaks eye kin knot sea.

Eye strike a key and type a word
And weight for it to say
Weather I am wrong or write
It shows me strait a weigh.

As soon as a mist ache is maid
It nose before two long
And eye can put the error rite
It's rarely ever wrong.

Eye have run this poem threw it
Am shore your pleased to no
It's letter perfect all the weigh

NEW/SOON-TO-BE RESIDENTS

Hersch and Shirley Loomis	Victoria (Tory) Raggett
Claude "Skip" & Joan Keyzers	Bruce and Harriet Newell
Susan Nycum	Tom and Sue Masters
Martha Danziger	James and Susan Gaither
Sylvia Conn	Bruce and Connie Reeves
John and Ann Mahoney	

Happy Birthday

12/31	Sheila C.	1/4	Bob L.
12/31	Betty H.	1/9	Laverne W.
12/31	Joan S.	1/11	Kate L.
1/1	Mike S.		

IN MEMORIAM

12/20 Richard Merrill

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH 8:30-8:45AM	THUR	Chair Exercise MH 8:30-8:45AM
	Dominoes GR 7:15PM	FRI	Chair Exercise MH 8:30-8:45AM
TUES	Chair Exercise MH 8:30-8:45AM		Balance and Stretch MH 9:15-9:45AM
	Sing For Fun (1st & 3rd) WP 2:30PM	SAT	Chair Exercise MH 8:30-8:45AM
WED	Chair Exercise MH 8:30-8:45AM		Putting (2nd) PG 10-11:30AM
	Communion Service (2nd) WP 11:15AM	SUN	Classic Movie MH 1:30PM

LOCATION LEGEND

CB Conference Room (c) DB Dining Room

FC Fitness Center GR Game Room

LIBRARY NOTES

(NO BOOKS WERE CHOSEN FOR JANUARY)

DVD'S CHOSEN FOR JANUARY 2018

UNLOCKED

WIND RIVER

ANNIKA BENGTON, Crime Reporter: 4-6

VIKINGS: Season 4, (Volumes 1 and 2)

LONGMIRE (The Complete Fifth Season)

THE CROWN (Season One)



Did You Know?



In the last issue of *ACCENTS*, the thought-provoking item on Kwanzaa mentioned “seven core principles” and “seven principles of African Heritage,” which sparked queries about their content. Each principle represents a day of the Kwanzaa celebration: 1) To strive for and to maintain unity in the family, community, nation, and race; 2) To define and name ourselves, as well as to create and speak for ourselves; 3) To build and maintain our community together and make our brothers’ and sisters’ problems our problems and to solve them together; 4) To build and maintain our own stores, shops, and other businesses and to profit from them together; 5) To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness; 6) To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it; 7) To believe with all our hearts in our people, our parents, our teachers, our leaders, and the righteousness and victory of our struggle.

PICTURES ON THE WALL



Christmas more and more for me
Is pictures on the wall,
Since most of them can't come and see,
Nor I upon them call.
I see them there in ones and twos and more
So vibrant, real in colors and my mind
Though some have passed already through the door
To that other world where angels live.

Some are old and some are young,
But every picture can give
A gift and blessing to be sung
For me the lucky one for sure
To have a Christmas blessing
That always will endure,
Keep me thankful and confessing
The love that surrounds and fills each day,
I could not ask for more come what may.

George Wilson



Time to Say Goodbye...Again



This is my last issue of *ACCENTS*...really! Three years ago, I also produced my "last" issue, but I came back, a year ago, for a second term as editor.

I could never have done this last year without the help of many others. Proofreader *par excellence*, Arden Hoppe, routinely found errors in the copy, even after I was sure there were none.

Kay Enbom and Lee Chambers provided new residents' bios and photos, respectively. Mel Britton and Dick Wheat provided multiple articles. George Wilson provided winning poems. Many other residents answered my call for literary and photographic contributions, which I appreciated, even if I didn't use them all. Celina Manzanarez transformed words and photos into an attractive newsletter. Kass Schwin, my dear wife and unofficial co-editor, provided invaluable assistance in every part of the job. I now pass on the editorship to the capable hands of Kay Enbom. I am confident that she will do a fantastic job, and I wish her well.

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

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