

Customers come in all sizes and ages to purchase gifts, to find new outfits or just to admire and make notes for future use! May Waldroup has offered to advertise some of the interesting, Our Own Very Special Boutique

unique, or simply amazing items that she has received from residents for sale in the R.O.S.E. Many newcomers may not be familiar with the varied store of merchandise available in the shop and the annex of larger holdings located downstairs. We admire the

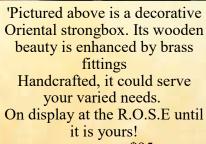
stunning window displays of clothing, jewelry and accessories that compete with Fifth Avenue for originality, however, we may not

be aware of the extent and variety of items tucked away. Go in and talk to May or one of the many dedicated sales people and counselors ("Yes, it fits you well!" or, "I believe your son-in-law will like it") all are residents. The merchandise is supplied by resi-

dents and the profits come back to support initiatives in the Manor.

Our biggest national shopping season is coming up and the R.O.S.E. is a very fruitful source for gifts. Originally I had thought only in terms of gifts for the girls, daughter, daughter-in-law and so forth. Then May showed me a wonderful box for a gentleman's valuables. It was also a music box. Yes, there is something for everybody, even the petite shopper in the photo! Try it, you will like it.





\$95.-

EVENTS

WED SEPT 26 MONDAY MORNING FORUM – 10:30 – MH

Bill Kern and Don Cooley will reminisce about the World War II Battle of the Bulge, and their experience as Prisoners of War. Bill was captured by the Americans and Don was captured by the Germans.

TUE SEPT 27 TLC MEETING – 1:00 -- CR B

Important discussions and sharing among members. All those interested are also welcome. Ann Wilson, Chair

TUE SEPT 27 MUSIC IN THE LIBRARY – 7:15

The music of Johann Strauss, The Blue Danub, Vienne Blood, Die Flendermaus, The Gypsy Baron, Wine, Woman and Song—and more!.

WED SEPT 28 MOVIE – 7:15 – MH

"Love and Friendship" Love and Friendship shows just how funny Jane Austin can be. The film follows the exploits of Lady Susan as she pursues the wealthy and hapless SirJames

CARMEL VALLEY MANOR

HEALTH FORUM

Health Committee will present the 10th
Annual Health Forum in the Meeting
House at 10:30 a.m. on Wednesday, September 28, 2016. The speakers will include Dr. Paul Tocchet, Medical Director, and the health care staff: Chris Regan, RN, Connie Hays, RN, Pam Ziering, RN, Bill Zika, PhD, Mercedes Abluton, Physical Therapy, and Loy Vincent, Fitness Center. Mail box notices will be distributed announcing the Forum and will encourage the submission of questions for the Forum panel. Dick Wheat, MD, will moderate the Health Care Forum. We look forward to your attendance.

Jack Enbom Chair Health Advisory Committee

THUR SEP 29 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Andrew Molera.** Sign up on BB. Lee Chambers will lead.

TUE OCT 4 MUSIC IN THE LIBRARY – 7:15

"The Upstairs String Band" was formed in 1990, with Beverly Erickson on Hammered Dulcimer, Vocals, and Autoharp; Dave Pelletier on Banjo and Vocals; Ruth Rosen on Fiddle, Christi Davis on Guitar, Vocals, Mountain Dulcimer and Bones; and Eve Pelletier on Bass.

WED OCT 5 MOVIE – 7:15 – MH

"Live and Become" A 2005 French drama film about an Ethiopian Christian boy who disguises himself as an Ethiopian Jew to escape famine by immigrating to Israel.

THUR OCT 6 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Garland Park.** Sign up on BB. Martin Rosen will lead.

UPCOMING EVENTS

SAT OCT 8 "TEAM CV MANOR" GO TO WALK TO END ALZHEIMER—8:30

Custom House Plaza Monterey, Manor Bus leaves at 8:30AM, CV Manor T-Shirts will be provided. Preregistration is required, register online (No fee to register) http://act.alz.org/monterey2016

MON-TUE OCT 11-12 DAYTRIPPERS GO TO YOSEMITE—

An initial deposit is required to hold your space. For the Awahnee Hotel the deposit is \$263.00 per person. For the Yosemite Lodge the deposit is \$136.00 per person. Your deposit is fully refundable until 90 days prior to the departure. All costs are based on a minimum of 30 passengers. Be sure to ask about trip cancellation insurance. Final payment is due August 12. Sign up immediately at the Bulletin Board and make your checks payable to "CVMRCDT" and give to Lari. Please direct questions to Lari Newbury. (SOLD OUT)

AN INVITATION TO BRIDGE PLAYERS

A hearty welcome is extended to Manor bridge players who would like to learn more about "Duplicate". We have a thriving club going here, but we could use a few more players.

Somehow the rumor circulates that it is difficult. Not true! It is the same old bridge game with one major difference. You play those poor hands you always seem to get, then pass them to the next table, and they must play the identical cards. The attraction of Duplicate is that you get to see how someone else fared with those hands, and your score depends on the comparison.

So what we offer is a free and private trial session. Just one table at your place or ours or in the Game Room. We don't presume to teach you how to win — that's what Lyde does. We just want to demonstrate the simple mechanics of the game and quash the rumor that Duplicate is difficult.

If you are just a little curious, call Gordon Wright at 4817. What's to lose? You might like it!.

Gordon Wright

NEW/SOON-TO-BE RESIDENTS

Virginia Von Hasseln
Murray and Rena Yeomans
Zad and Laela Leavy
Charles Bancroft

Jean Brenner
William and Julie Obering
Claude"Skip" & Joan Keyzers
Leslie Geyer

Happy Birthday

9/25	Bobby B.	9/28	Cynthia C.
9/26	Anna B.	9/30	Cindy T.
9/26	Arthur L.	9/30	Gloria M.
9/27	Nancy M.	10/2	Norma M.
9/28	Maxwell C		

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities (C 8-9 Residents' Handbook)

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MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
	Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
TUES	Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15 - 9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from Septembe	r 23)
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM
WED	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Java w/Jane (3rd) (10/19)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (Oct. 3)	5:30-7:15PM
	Strength Circuit Training FC	11:00-11:45AM		,	
	Communion Service (3rd) WP	11:15AM			
	Movie Night(1st, 2nd, 3rd & 4th)MI	7:15PM			

LOCATION LEGEND

CR Conference Room(s) DR	Dining Room G	GR	Game Room	H	Hillcrest
HC Health Center HG	Hall Gallery L	,	Library	MH	Meeting House
PDR Private Dining Room PG	Putting Green P	L	Pavilion Lounge	SP	Swimming Pool
CR Conference Room(s) DR	Dining Room G	GR	Game Room	H	Hillcrest
` ´ 1	Rulletin Board				

LIBRARY NOTES

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BOOKS SELECTED FOR OCTOBER 2016		SCIENCE The Westerman's Postslar	Dahasaa Casta				
<u>FICTION</u>		The Watchman's Rattle*	Rebecca Costa				
The Emperor's Revenge	Clive Cussler	*Donation **MacCullough Fund *	***Wagner Fund				
The Pigeon Tunnel	John Le Carré	*Donation **MacCullough Fund ***Wagner Fund ****************					
Nutshell	Ian McEwan						
The Underground Railroad**		DVD'S CHOSEN FOR OCTO	BER 2016				
Razor Girl Commonwealth	Carl Hiaasen Ann Patchett						
Book Of Sands*	Karim Alrawi	GEORGE GENTLY (Series 7)					
GUILTY MINDS*	Joseph Finder	HAPPY VALLEY					
The 14 th Colony*	Steve Berry						
<u>MYSTERY</u>		LONGMIRE (The Complete Foundation	orth Season)				
A Great Reckoning	Louise Penny	GENIUS					
The Girl In The Red Coat*	Kate Hamer	MAXTEK					
BIOGRAPHY Hillbilly Elegy***	J. D. Vance	-	b				
CHINA TRAVEL Shanghai Grand*	Taras Grescoe		700				

KOREAN HISTORY
The Great Leader And The Fighter Pilot*

Blaine Harden

Landscape report - IT'S OFFICIAL ~



At the Landscape Committee meeting on Sept. 14, chaired by Harry Hanson and attended by CEO Jane Ipsen, Director of Environmental Services Brian Rasmussen, and Head Grounds Keeper Gordon Dill, final plans were presented for the renovation of the front lawn. In addition to the members of the Landscape Committee, a number of residents attended the meeting. A schemata was shown accompanied by a plant list. The list included the existing pepper tree

with the addition of several more pepper trees, strategic planting of additional trees including California redbud, several grasses and manzanita shrubs. The completed new landscape will have interesting colors and textures. The project includes grading the

front lawn area, adding additional soil to bring the existing pepper tree into the design, and new planting across the main drive to the reception area. The work is scheduled to start about October 1 and is expected to be completed in 4 to 6 weeks. Development and maturation of the plants will take several seasons. Shrubs and trees will need regular pruning to shape them as they grow. Drip irrigation will be installed. The cost of the project is about \$280,000 which includes an additional \$20,000 to bring in the additional soil for the retained pepper tree. The plans and plant list will be displayed in the lounge across from the desk.



Harry Hanson

Naturally Beautiful!

We stop and admire them. They are always original interpretations of nature's bounty. Committee members gather greens and flowers from all over the grounds, sometimes finding seedpods and branches that fit the concept they have in mind. We see carefully constructed bouquets, abstract designs, minimal Asian presentations and tall constructions involving flags or other "accessories"!

Sometimes we even find the designer

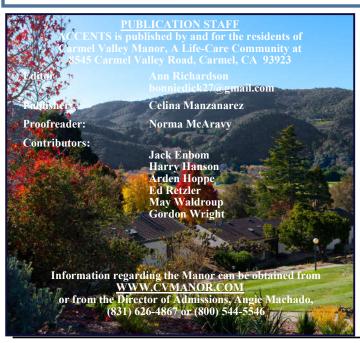


and offer our praise for the beauty of the flowers and the joy that they bring to everyone.

Linda Page is chairperson of the committee and Joan Chambers, Madeleine Wood, Gayle Holmes, Char Martin and Sheila Cooper are the members who offer their creative services so that we know we live in a garden spot.

Thank You!

ASR



ADDRESS SERVICE REQUESTED