

LABOR DAY

WORKERS OF THE WEST

- 9:30 Putting Contest and Award Ceremony—Jack Enbom
10:00 Hospitality Bar Opens
10:45 Los Vaqueros Hunting Club Traveling Band
12:00 Western BBQ
1:15 Bridge—George Albright
3:30 Movie: The Jungle Book—Clare Riggs



Prairie Greens with Mounting Herb Vinaigrette
Homestead Fruit Platter
Badlands Potato Salad
Boss Hogs Carved Cattle
Cowboy Sausage Sampler Delight
Butchy's "Adirondack Chili" with All The Toppings
Blazin' Saddle BBQ Chicken
Bandwagon Corn on the Cob
Saloon Soyriso-Risotto with Pepper jack Cheese and Cilantro
Bonanza Rried Zucchini with Ranch Dressing
Backaroo Cornbread Squares
"Kickin" Campfire Cobblers and Crisps Buffet
Vanilla Ice Cream
Suds and Sasafras



EVENTS

SUN AUG 28 DAYTRIPPERS GO TO THE THEATHER – 2:00

This Summer marks the return of Travis Poelle, in his award winning role of rock icon Buddy Holly, in a new concert that pays tribute to Cuddy's worldwide influence, highlighting the British Invasion! The music has audiences dancing in the aisle. Bus Leaves the Manor at 2:00

TUE AUG 30 MUSIC IN THE LIBRARY – 7:15

Beginning with Bach: Sonata No 4 in E Minor; Followed by Rachmaninoff: Prelude in G Minor, Op. 23, No. 5; Followed by Ravel: Rapsodie Espagnole, and closing with Beethoven: Sonata for Violin and Piano, No. 5 in F Major.

WED AUG 30 MOVIE – 7:15 – MH

"45 Years" A married couple preparing to celebrate their wedding anniversary receives shattering news that promises to forever change the course of their lives.

THUR SEP 1 HALF FAST WALKERS PLAN TO WALK—9AM

Walkers will head to **Mission Trail**. Sign up on BB. Ramona Smith will lead.

FRI SEP 2 MOVIE – 7:15 – MH

"Pitch Perfect" Beca, a college freshman, is cajoled into her school's all-girls singing group. Injecting some much needed energy into their repertoire, the group take on their male rivals in campus competition.

WED SEP 7 MOVIE – 7:15 – MH

"I'll See You in My Dreams" In this vibrant, and heart felt film, a widow and former songstress discovers that life can begin at any age.

THUR SEP 8 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **South Bank**. Sign up on BB. Jorgen Carlsen will lead. on NSA, including the CAVETT (the Oscar of Professional Speaking).

TUE AUG 23 MUSIC IN THE LIBRARY – 7:15

"Children's Corner" Suite: Claude Debussy, Peter and the Wolf—Sergei Prokofiev, Firebird Suit—Igor Stravinsky.

UPCOMING EVENTS

WED SEPT 21 DAYTRIPPERS GO TO THE ZOO—9:30

Join us on a visit to our local Wild Animal Zoo. Manor bus leaves at 9:30AM, group price per person-non refundable \$20.00 payable to CVMRCDT by Sept. 6th and send to Jorgen Carlsen. We will have lunch at the zoo order your own brown-bag from Helen.

MON-TUE OCT 11-12 DAYTRIPPERS GO TO YOSEMITE—

An initial deposit is required to hold your space. For the Awahnee Hotel the deposit is \$263.00 per person. For the Yosemite Lodge the deposit is \$136.00 per person. Your deposit is fully refundable until 90 days prior to the departure. All costs are based on a minimum of 30 passengers. Be sure to ask about trip cancellation insurance. Final payment is due August 12. Sign up immediately at the Bulletin Board and make your checks payable to "CVMRCDT" and give to Lari. Please direct

Monterey County Grand Jury Papers Now in Our Library

After spending a year as a member of the Monterey County Grand Jury, Jim Riesenfeld has offered the library the findings, which are now public information

Each county in California convenes a grand jury on an annual basis to act as a "watchdog" over the operation of local government. This is a civil function rather than a criminal function. It is good to know that oversight informs our local government so that they behave themselves!

For those of you who are interested in learning more about some of the issues facing local government in Monterey county, these papers might be interesting reading. If you want a more exact definition of what this grand jury does. I'm sure Jim will fill you in. Meanwhile, the findings will reside in the library in the reference section

Jack Enbom

There will be an unannounced fire drill later this month.

Orientation classes will be conducted for all new residents and those wishing a refresher.

Prepare by reading the "What to do in an Emergency" section of your Resident Manual.

Locate your ready bags and review the contents.

Otto Neely

NEW/SOON-TO-BE RESIDENTS

Virginia Von Hasseln	Zad and Laela Leavy
Murray and Rena Yeomans	William and Julie Obering
Charles Bancroft	Claude "Skip" & Joan Keyzers
Jean Brenner	Leslie Geyer

Happy Birthday

8/27	Peggy S.	8/29	Will F.
8/28	Helen A.	8/30	Woody B.
8/29	Lynn K.	9/1	Ed D.

IN MEMORIAM

8/16 Jack Borsting

My Hometown in



the “Garden State”



Cranford, New Jersey, is a small town, more country than city although conveniently connected to New York by commuter railroad facilities. The town began in 1720 at a ford in the river (later the Rahway River) where a family named Crane lived in Colonial days. The name, Cranford, is derived from “Crane’s Ford” a shallow area where George Washington is supposed to have crossed! When last seen, in the early days of this century, the Crane home was still standing. Traditionally the house had candles in every window during the Christmas season, a beautiful sight, especially when there was a blanket of snow.

My parents, both pairs, grandparents and Mom and Dad, moved from rapidly growing Jersey City to Cranford in the early 1920’s. The railroad helped with the beginnings of suburbs all over the country where there were jam-packed urban areas and the need for fresh air. New Jersey had a rich cultural mix of both newcomers and old folks. We were a world of homegrown stories and fascinating foreign adventure. We lived in a house where I could sit, secretly, at the top of the stairs when I was supposed to be asleep and listen to travel tales, local gossip and unbelievable stories of life as far away as Illinois or India! Later in life my husband broke out laughing when my mother described a

friend as having moved “somewhere out West like Pittsburgh”. Neighborhoods were friendly and both food and cultures were shared.

My brother and I walked to school, all of four blocks, to attend the Roosevelt Elementary School, the most modern in town. It was not named for Franklin who was to become our champion during hard times. It was named for Theodore, he of the Rough Riders and Grandpa’s stories. The other elementary schools were Cleveland, Sherman and Grant. Although the schools were old, we were going through a great period of education featuring Learning by Doing developed by John Dewey. Student teachers came from Columbia Teachers College. Geography was still part of the curriculum and we loved building the Great Wall of China in third grade. A minister’s wife who had been there came in and showed us artifacts from long-ago China. The aesthetic built up in me! New Jersey was not as isolated as one might imagine.



Like many or most of the towns along the railroad, the tracks were elevated and ran right through the center where business and commerce took place. The railroad station was there plus a diner, restaurants, a movie theater, a couple of drugstores (for after school), shops, a hardware store and all manner of small enterprises that would now comprise a shopping mall. The

Library and the Township rooms were near the center of town and the churches close by. An antique cottage housed the Cranford Historical Society and still does. Most of us walked to town or rode bikes, bikes with baskets for carrying home whatever was needed for the day.

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Cranford was a small town like many small towns. What made it unique and beautiful was the river, the Rahway River. It ran through the town. Residences backed up to it as well as apartment houses. There was a Canoe Livery where a canoe could be rented. The Girl Scout House faced the river; Girl Scouts learned to paddle and earned boating badges. A small green park named for the family who gave the land (Sperry, for Sperry Hucheson Green Stamps) existed around the section of the river where there was a dam. There were ducks on the river, in the water and on the banks. At one time or another almost every child I knew walked down and fed the ducks. They were plump ducks.



The river provided recreation for many who lived in town. Everyone could ice skate. The principal skated to high school, as did many students. There was a wide area before the dam that was used as a rink. One winter Sonia Henie, who had relatives in town, came out and skated there for us. What a thrill. Every girl in town wanted to be a figure skater! The best ongoing sport was ice hockey. The Cranford hockey team played the plebes at West Point, the freshman team at Princeton, and a boys' preparatory school in Brooklyn. I think Mr. Coffey, the coach, knew someone in each school. Our team usually won because it is one thing to skate on rink ice and quite another to conquer river ice that has twigs and debris in it.

There was a romantic activity pursued on the river that might be called a Hallmark Channel sport. On a summer evening, before the mosquitoes came out, the river was a

great place for a date. Girls sat in the middle of the canoe and boys paddled upstream smoothly. This could be followed by Coca Cola on the side porch or little hamburgers at White Castle. In the dating parade it ranked right there with Meadowbrook and the music of Harry James or Tommy Dorsey. Cranford is nicknamed "The Venice of New Jersey" for its placid river and half-moon bridges.

All of this sounds idyllic and it was. However, there was another side to Cranford during the Great Depression. It was and is still, a town where you get on the train, read a paper, get off at Jersey City and take a ferryboat across to New York where you arrive in Wall Street. Wall Street let the World down in 1929. The repercussions were felt everywhere. Many lost their jobs, their incomes and their lives. Cranford Township managed to survive. Before survival plans were on the books, people began helping. It is a town proud of its sheer fortitude.

As teens we were eager to forsake the joys of suburbia, get on the train and meet with success in the big dirty city. Now it seems as though I had dreamt it!

ASR



ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 8-9 Residents' Handbook)

<u>MON</u>	Chair Exercise MH	8:30-8:45AM	<u>THUR</u>	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
	Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
<u>TUES</u>	Chair Exercise MH	8:30-8:45AM	<u>FRI</u>	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from August 12)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	<u>SAT</u>	Chair Exercise MH	8:30-8:45AM
<u>WED</u>	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Java w/Jane (3rd) (8/17)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (August 21)	5:30-7:15PM
	Strength Circuit Training FC	11:00-11:45AM			
	Communion Service (3rd) WP	11:15AM			
	Movie Night(1st, 2nd, 3rd & 4th)MH	7:15PM			

LOCATION LEGEND

CR Conference Room(s) DR Dining Room GR Game Room H Hillcrest
 HC Health Center HG Hall Gallery L Library MH Meeting House
 PDR Private Dining Room PG Putting Green PL Pavilion Lounge SP Swimming Pool
 WP West Parlor BB Sign-up and/or Information on Bulletin Board

LIBRARY NOTES

BOOKS SELECTED FOR SEPTEMBER 2016

OUR OWN

LOG OF THE LEONA: Maritime Mayhem on
 Monterey Bay Gary O. Nelson

FICTION

THE BLUE GUITAR* John Banville
 THE INNOCENT MAN* John Grisham

MYSTERY

THE FALLEN MAN* Tony Hillerman
 SACRED CLOWNS* Tony Hillerman

COMBINED BIOGRAPHY

THUNDERSTRUCK* Erik Larson

SCIENCE/HEALTH

WE ARE OUR BRAINS* D. F. Swaab
 SAPIENS: A Brief History of Humankind* Yuval Noah Harari
 DO NO HARM: Stories of Life, Death &
 Brain Surgery* Henry Marsh
 THE LUCKY YEARS David B. Agus, M.D.

MAYO CLINIC FAMILY HEALTH BOOK:

The Ultimate Illustrated Home Medical Reference, 4th
 Edition Revised

SAN FRANCISCO

SEASON OF THE WITCH David Talbot

U. S. HISTORY

THE GEORGETOWN SET* Gregg Herken

TRAVE: (National Geographic)

LONDON BOOK OF LISTS* Tim Jepson & Larry Porges

*Donation

DVD'S CHOSEN FOR SEPTEMBER 2016

BORGEN: Season 3

THE LAST KINGDOM

SILENT WITNESS: Season 3

WAKING THE DEAD: Season 4

MASTERPIECE CLASSIC: ANY HUMAN HEART

NEW TRICKS: Season 7

MONDAY MORNING FORUM UPDATE



Although the Monday Morning Forum has been active at CVM for over 30 Years, many of us, long timers and new residents, could use a refresher on what it is, and how it works.

The MMF is, *to be a high-level program providing lectures and discussion opportunities, once a month throughout the year. It is to provide a series of timely and stimulating subjects dealing with public affairs issues of local, national and international interest. All speakers are to present material as educational and to refrain from serving a role as political advocate and to avoid speakers who are interested in promoting services for their personal benefits.*

The activity is managed by the Monday Morning Forum Committee; open to all residents via the annual committee sign-up request sheet and invitation. Current members include: *Dolly Albright, Mel Blevnis, Mary Britton, Lee Chambers, Rob Cooper, Mary Kay Crockett, Jim Didion, Russell Haisley, Dick Heuer, Charlie Hoppe, Bill Kern, Lynn Kern, David Nee, Mickey Poole, Martin Rosen, and John Sanders Committee Chairman.*

A major responsibility of committee members is to consider topics plus secure and sponsor proven speakers.

Topics are offered by the committee members or suggested by the residents; some on our current list of potential topics include the following;

ISIS threat

Gang threat to Carmel Valley

New Middle East Cold War

Artificial Intelligence

No Labels Political Movement

Agriculture in USA

The Greek Default

Legal services for Seniors

Jihadi Terrorism

Killer Robots & Bio Terror

Sobranes Fire Mgt.

Personal War Stories

Brexit Consequences

nonpolitical fracking

Global Poverty

Accidental power

Cyber Attacd Elec. Grid

Self Driving Autos

We seek your feedback, send ideas to the committee, my attention, John Sanders, or talk to any committee member listed above.

John Sanders

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