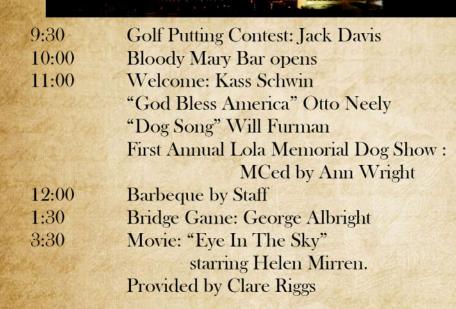
Alfe Care Retirement Community

FORTNIGHTLY PUBLICATION - JULY 1 — 14, 2016

F JULY CELEBRATY

I LEAD ILL





Majestic Fruit Display Centennial Pasta Salad Liberty Potato Salad Basket-O-Buns Condiment Tray Celebration Mini Burgers Bangin' Sausages National Grilled Salmon With Stone Fruit Medley Freedom Marinated Roast Chicken Stealth Extra Garlicky Fries All American Corn On The Cob Skyrocket Grilled Asparagus Superpatriotic Cheese Bread Grand Final Assorted Fresh Fruit Pie Vanilla Ice Cream Barrel Bomb Of Beer And Soda

EVENTS

<u>MON JUL 4</u> <u>MOVIE – 3:30 – MH</u>

"Eye in the Sky"

TUE JUL 5 MUSIC IN THE LIBRARY – 7:15

Waltzes by Joseph Lanner: Marien Waltzer, Steyrische Tanze and Die Werber; and closing with Claude Bolling: Toot Suite.

WED JUL 6 MOVIE – 7:15 – MH

"Boy Choir" An inspirational story of a rebellious boy and a demanding teacher who challenges him to make the most unlikely dreams come true. Stars Dustin Hoffman and Kathy Bates.

THUR JUL 7 HALF FAST WALKERS PLAN TO WALK—9AM

Walkers will head to **Lovers Point-Lighthouse.** Sign up on BB. Madeleine Wood will lead.

TUE JUL 12 MUSIC IN THE LIBRARY – 7:15

Ann Richardson presents The Songs of Cole Porter: I Get a Kick Out Of You-Ethel Merman, You're the Tops-Cole Porter, Let's do it-Let's fall in Love-Bing Crosby, Night and Day-Fred Astair, Begin the Beguine-Artie Shaw, Easy to Love-Frances Langford, My Heart Belongs to Daddy-Mary Martin, and more Cole Porter Favorites!

WED JUL 13 MOVIE – 7:15 – MH

"Testament of Youth" A powerful story of love, war and remembrances. Based on the World War I memoir by Vera Brittain.

THUR JUL 14 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Carmel Historical Walk.** Sign up on BB. Lee Chambers will lead.



UPCOMING EVENTS

<u>THUR JUL 21 DAYTRIPPERS GO TO THE BACH</u> FESTIVAL—8PM

Wonderful concert!!! Beethoven to Broadway. If you wish to buy tickets for this concert, please call Mary Krecki at 4770. Mary has tickets for Manor Residents. Tickets must be purchased as soon as possible for this concert. When you have bought your ticket or tickets, sign up for the bus. The Manor bus will take you to Sunset Center and return after the concert. The bus sign-up is on the Bulletin board.

<u>SUN JUL 24 DAYTRIPPERS GO TO A MUSI-CAL—1:15PM</u>

"Mary Poppins, the Musical" by Richard M. Sherman & Robert B. Sherman at the Golden Bough Theatre. One of the most popular Disney movies of all time capturing hearts in a whole new way: as a practically perfect musical! The Manor Bus will leave at 1:15PM, Sign up at the Bulletin Board and make Your Checks of \$31.50 payable to "CVMRCDT" and send to Mary Krecki.

SUN JUL 31 DAYTRIPPERS GO TO IOLIS'— 4:45PM

Iolis' Pizzeria Born of a love of all things Italian, Iolis' (ĕ-oh-lees) honors the Pizzaioli's of old. Manor bus departs at 4:45PM, pizza buffet including several kinds of pizza, salad, garlic bread, soft drink and tip. Price is \$10.00 per-person wine or beer extra. Sign up at the bulletin board. Please direct questions to Lari Newbury.

<u>MÓN-TUE OCT 11-12 DAYTRIPPERS GO TO</u> <u>YOSEMITE—</u>

An initial deposit is required to hold your space. For the Awahnee Hotel the deposit is \$263.00 per person. For the Yosemite Lodge the deposit is \$136.00 per person. Your deposit is fully refundable until 90 days prior to the departure. All costs are based on a minimum of 30 passengers. Be sure to ask about trip cancellation insurance. Final payment is due August 12. Sign up immediately at the Bulletin Board and make your checks payable to "CVMRCDT" and give to Lari. Please direct questions to Lari Newbury. (SOLD OUT)

NE	W/SOON-TO-	-BE RESIDE	<u>NTS</u>					
Bob Evans Jane Upp Charles Ba Jean Brenr	ncroft	Zad and Laela Leavy William and Julie Obering Virginia Von Hasseln Murray and Rena Yeomans						
Happy Birthday								
7/2	Jan S.	7/8	Helen P.					
7/2	Lewis W.	7/9	Mary Lou I.					
7/4	David M.	7/10	Curtis H.					
7/4	Dick W.	7/11	May W.					
7/4	Betty M.	7/12	Josephine W					
	~ .	7/10	DID					
7/5	George P.	7/13	Bob B.					

PHOTOGRAPHY EXHIBIT Samm MacMurdo and John Hill



There were numerous complaints when the recent Mac-Murdo/Hill photography exhibit was removed from the Carmel Valley Manor Gallery. Everyone had a favorite photo and some had a whole series. When the pictures left it was as though the lights had been turned off, no pix!

It is hard to review a double show of two such proficient photographers. Samm offered us an outline of her background and John supplied counterpoint to her work with his. We all know some of the amazing contributions John has made to the Manor ever since he arrived here, witness his early photo show of Manor activity and the cut-outs of the Beverly Cleary book characters, not to mention the many times he has assisted with electronics equipment. He must have stepped out of the car that brought him here and started working!

Samm revealed in her statement regarding the exhibit that photography has been a lifelong interest. She has known the camera all of her life, introduced to it by her father who was evidently an avid photographer. Her images appear to be simple interpretations of what she sees. She does not rely upon elaborate backgrounds to explain her work. She keeps it quiet. The poet, Goethe, calls this "quiet simplicity" and defines it as elegance. The flowers are perfect. You can almost smell their fragrance. So simple that it looks easy! Think again, how many decisions must be made to achieve that elegant image? A strong sense of design, the desire to make a simple statement, and knowledge of lens and light all come into play. Other aesthetic and artistic factors appear evident such as the intensity of color (or the lack of it), the amount of reflection, and the general connotation of the object. The resultant image has tremendous impact. It is just far enough from ultra perfection to be interesting--- and natural!

Both Samm and John use intense color wisely and it works as emphasis in their work. John exhibited slick mechanisms with vivid paint jobs and a flash of chrome reflection. Samm offers a vivid blue where needed. Whereas John's mechanical images are "right in your face", his flowers beckon benignly. Samm's images are direct but a bit more restrained. When I first asked Samm if she were a photographer she told me she just liked to take pictures! Both John and Samm do award winning work. Their combined body of work shows that we have a pair of amazing photographers at the Manor.

John offers a humanistic viewpoint, people and their contrivances; Samm seeks beauty through cool restraint, getting it just right. Her view of color livens the individual forms. Looking at their photographs first and gaining insight with regard to how they operate, we can appreciate the keynote of the collection, Samm's seascape image of Point Lobos. That large photograph was a joy to see at the end of the hall. It offered many of us a reason to appreciate what a wonderful area we live in, the Pacific close by and ever changing. A tree branches over the cliff and frames the roiling wave. A mass of deadwood sprawls out, appearing to be a huge creature enjoying the scene. It all adds up to a glorious show by two photographers from whom we would like to see more! ASR

MORE ON DUPLICATE BRIDGE

My intention in writing these short exhortations has been to encourage bridge players who teeter on the brink of facing the ordeal of actually trying 'duplicate'. I wanted to tell them there are about 30 of us ready to welcome them to our games and there is still room for 3 or 4 more tables in the Game Room.

The trouble seems to be that the wannabees believe the worst rumors about 'duplicate' despite my efforts to dispel them. I have been told that, on the contrary, I have discouraged them and recruitment has suffered. I am sorry to learn it and will end my submissions to Accents forthwith. As a last gesture I offer my private assistance to any interested resident. My number is in the CVM telephone directory.

Gordon Wright



The Concert

A thousand people silent, Give release From the cacophony Of the day. Add Mozart and Brahms Something else transpires. Two hundred and more years Of simply listening are rewarded again.

Then a lone violin, Following a great cadenza, Weaves gracefully home Into the fullness Of the orchestra, As each one of us, With all our variations, Found our place in the Silence Of the audience. George Wilson

DAY TRIPPERS GO TO THE IN & OUT BURGER A good time and a good burger was had by all !



Lari Newburry

This will be the 3rd year that Linda Page makes sachets for the ROSE to sell at the holidays.



	<u>ONGOIN</u>	<u>G ACTI</u>	<u>VITIES</u>	
	See also Master Sch			
	(C 8-9 Resi			
MON Chair Exercise MH	8:30-8:45AM	<u>THUR</u>	Chair Exercise MH	8:30-8:45AM
Monday Morning Forum (4	th) MH 10:30AM		Half-Fast Walkers	9:00AM
Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
TUES Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM
Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
Communion Service (3rd) I	HC 10:30AM		(Every other Friday from July 1)	
Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
Sing For Fun (1st & 3rd) W	/P 2:30PM		Social Bridge GR	7:15PM
Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM
WED Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
Java w/Jane (3rd) (7/20)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (July 10)	5:30-7:15PM
Strength Circuit Training F	C 11:00-11:45AM			
Communion Service (3rd) \	<i>N</i> P 11:15AM			
Movie Night(1st, 2nd, 3rd &	4th)MH 7:15PM			

LOCATION LEGEND

CR Conference Room(s) I HC Health Center H		0		Game Room Library	 Hillcrest Meeting House
PDRPrivate Dining Room I		v		Pavilion Lounge	0
WP West Parlor I	BB	Sign-up and/or Inf	òrma	ation on	C
		Bulletin Board			

LIBRARY NOTES

BOOKS SELECTED FOR JULY 2016

FICTION

A HERO OF FRANCE** Alan Furst EVERYONE BRAVE IS FORGIVEN Chris Cleave BARKSKINS Annie Proulx MILLER'S VALLEY Anna Quindlen THE NEVER-OPEN DESERT DINER*

James Anderson THE SMELL OF OTHER PEOPLE'S HOUSES*

MYSTERY THE LAST MILE*

Christopher Hitchens

BIOGRAPHY/COMBINED BIOGRAPHY

TEXAS RANGER John Boessenecker FIVE PRESIDENTS: My Extraordinary Journey with Eisenhower, Kennedy, Johnson, Nixon, and Ford Clint Hill/Lisa McCubbin

ESSAYS

AND YET...: Essays*

CALIFORNIA HISTORY THE AHWAHNEE: Yosemite's Grand Hotel* Keith Walklet

AFRICAN HISTORY

THE BAD-ASS LIBRARIANS OF TIMBUKTU*** Joshua Hammer

*Donation **MacCulloughFund ***Wagner Fund

DVD'S CHOSEN FOR JULY 2016

WALLANDER (Faceless Killers/ The Man Who Bonnie-Sue Hitchcock Smiled/The Fifth Woman)

SILK: Season 2

David Baldacci BORGEN: Season 3

CROSSING LINES: Season 1

LUTHER: Season 3

TIMBUKTU



The Education Committee

Presents

Bruce Elliott, retired Senior Biologist for the California Department of Fish and Game and an amateur anthropologist, will return to the Manor on Fridays in July 15, 22, and 29 in the Meeting House beginning at 9:30 AM and ending at 11:30 AM. His three lectures will cover aspects of his knowledge and his presentation will keep you on your toes.



The Bears of the World Friday, July 15

Much of what passes for fact about bears in reality is not so: bears do not hibernate; most bear species (even the grizzly bear) have no difficulty in climbing and even spending a considerable part of

their time well above ground in tree tops, and bear, even polar bears, are not strict carnivores. Join us for a session of "bare" facts as we review the bear world from their prehistoric fossil origins. We will examine bears worldwide, tropical bear species, as well as our own loved bears of Monterey County's Los Padres National Forest.

The Bull as Symbolic in Latin Culture, July 22 From ancient time of the Assyrians and the early Minoan civilization thru to contemporary Latin language speaking countries of



both the Old and New Worlds, the ritualized action of both Man and bull has been a cultural hallmark. This program reviews the cultural and economic aspects of this phenomenon, and its many recent regional variations. "Los Tores" today constituents a significant business endeavor. We will examine the financial aspects, personal management, and contemporary politics of this taurine world. The format of the present day version of the ritual will be examined.

The Aztec Civilization of Old Mexico, July 29 A comprehensive introduction to one of the most advanced human cultures in the New World (A. D. 350 thru A.D. 1521).We chronicle cultures origins and known history by means



of artifacts and "hand-me-down" traditions printed on ancient scrolls. By means of a slide presentation, we will lead you thru their art and architectural ruins, detailing their political and military history. We will review their complicated tapestry of deities, and how the latter influenced thoroughly an agenda of conquest based on religious blood sacrifice. Finally, we review the means by which a small contagion of Spanish soldiers and their native allies managed, against over-whelming odds, to conquer what was then one of the more advanced civilizations of the Americas, rooted in one of the most populated cities of the 16th century.

ICATION STAFI published by and for the residents of Manor, A Life-Care Community at I Valley Road, Carmel, CA 93923 onniedick27@gmail.com Celina Manzanarez **Proofreader:** Norma McAravy Samm MacMurdo **Photographer: Contributors:** Mel Blevens Pat Hughes Lari Newburr George Pool Ed Retzler Mike Smith **Helen** White **Gordon Wrig** Information regarding the Manor can be obtained from <u>WWW.CVMANOR.COM</u> from the Director of Admissions, Angie (831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED