

Happy Birthday Beverly 100 Cleary



Meeting House

April 12, 2016
3:30PM



Please come early and visit the High - Tech Cleary Book-mobile parked outside the doors, beginning at 3:00 pm. We will be joining millions of children and adults all over the world to celebrate her and cheer her on!

May Waldroup



EVENTS

TUE APR 12 MUSIC IN THE LIBRARY – 7:15

Beginning with Copland: Fanfare for the Common Man; followed by Smetana: The Moldau; followed by Saint-Saens: Havanaise, Op. 83; followed by Brahms: 3 Hungarian Dances; and closing with Copland: Rodeo.

WED APR 13 MOVIE – 7:15 – MH

“*Suffragette*” British historical period drama that tells the story about the early feminist movement and the women who were willing to lose everything to fight for equality.

THUR APR 14 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Garland Park**. Sign up on BB. Ramona Smith will lead.

TUE APR 19 MUSIC IN THE LIBRARY – 7:15

Ruth Rosen and The Upstairs string Band. The Upstairs String Band was formed in 1990, with Beverly Ericson on Hammered Dulcimer, vocals and Autoharp; Dave Pelletier on Banjo and Vocals; Ruth Rosen on Fiddle; Christi Davis on Guitar, Vocals, Mountain Dulcimer and Bones’ and Eve Pelletier on String Bass.



WED APR 20 MOVIE – 7:15 – MH

“*Big Short*” The Big Short approaches a serious, complicated subject and manages to deliver well acted scathingly funny indictment of its real life villains.

THUR APR 21 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Whale Peak**. Sign up on BB. Mike Smith will lead.

PLEASE, PLEASE



Please Remember to Check out books and DVD’s. The instructions are on the desk. If you fail to check them out, we consider them lost and all kinds of problems arise. Make life easier for your devoted librarian volunteers
CHECK OUT THOSE BOOKS AND DVD’S!!

Thank you

The Library Committee

May I Be Worthy

I was nurtured and sheltered by my forbearers
I am guided by my mentors and teachers
I eat bread from wheat I have not sown
I walk on paths I have not made
I drink from wells I have not dug
May I be worthy of my heritage

E.S. Ned Dewey

UPCOMING EVENTS

SAT APR 30 DAYTRIPPERS GO ON A GARDEN TOUR—1:15PM

“Cottages, Gardens and Cantatas” is presented by the Carmel Bach Festival. See page 4 for more details/

MON-TUE OCT 11-12 DAYTRIPPERS GO TO YOSEMITE—

An initial deposit is required to hold your space. For the Awahnee Hotel the deposit is \$263.00 per person. For the Yosemite Lodge the deposit is \$136.00 per person. Your deposit is fully refundable until 90 days prior to the departure. All cost are based on a minimum of 30 passengers. Be sure to ask about trip cancellation insurance. Final payment is due August 12. Sign up immediately at the Bulletin Board and make your checks payable to “CVMRCDT” and give to Lari. Please direct questions to Lari Newbury.

News Flash! Yosemite is Sold Out

The Good news is that you can still sign up for the trip by putting your name on the wait list.

Just call Lari and request that your name be added to the wait list. There may be changes between now and October. If you are on the wait list you will be on your way to Yosemite.

Lari N. at x4818



IN MEMORIAM

4/5 Ruth Dupratt

NEW/SOON-TO-BE RESIDENTS

| | |
|-------------------------|---------------------------|
| Lawson and Joan Adams | Leon and Sheila Cooper |
| Melvin and Mary Britton | William and Julie Obering |
| Deanna Woodhour | Jane Upp |
| Ken and Sandy Rich | |

Happy Birthday

| | | | |
|------|------------|------|------------|
| 4/11 | Mel B. | 4/17 | Jim R. |
| 4/12 | Beverly C. | 4/18 | Charlie P. |
| 4/12 | Sue F. | 4/18 | Roger T. |
| 4/13 | Nancy J. | 4/20 | Dorte W. |

The Book Cover as an Art Form

The art gallery at Carmel Valley Manor has become a boulevard of books. As we walk to breakfast, we stop to check out yet another title and astounding image that seems to have become evident overnight. In other words, Lydia Hedin, bookarts extraordinaire artist and resident here, has provided us with an exhibit of book covers that she designed during her career in New York. Lydia was born in Switzerland, was educated in the Netherlands and came to New York to study art, enjoy a long term career and marry Don Hedin! She was Art Director for a leading book publisher and also found time to work with others to design book jackets for numerous titles. Her range of interest is huge. She can create covers using animal images with as much ease as she can depict beautiful maidens and handsome, adventurous men. These are not mere flash, not bodice-rippers! They are carefully designed images that tell us something about the contents of the books. Her covers for children and adolescents are very sensitively done. The triple display of horses including *Son of the Black Stallion* is a poster many would like to own and hang on the wall of study or bedroom. Children would probably fight over it and she had better be careful when she takes it down!

Lydia Hedin works in various media. The little rat on the cover of *Rodents* looks as though he were created very delicately in watercolor and pencil. The horses seem to be painted with slick coats and looming, watery clouds. The *Beaufort Sisters* look like a set of movie stars and their cha-teaux and oil wells spell super, all smooth and sleek. Hedin manages to convey a message through image and technique as well as medium.

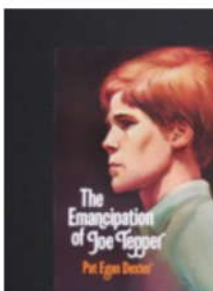
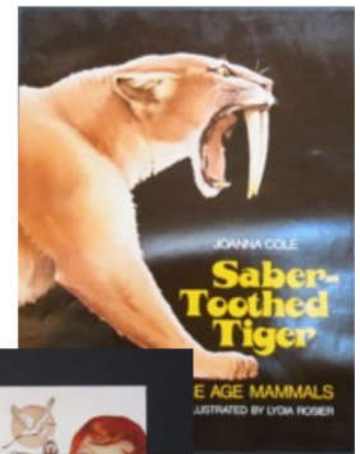
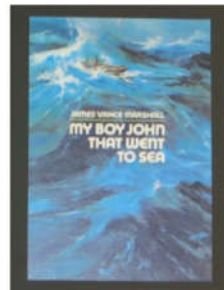
Only recently have we truly recognized what was once termed “commercial art” as a valued art form, something to be admired and maintained. Andy Warhol pointed out the design value in everyday signs. We collect and value ethnic art. *Graphis* magazine showed us how good commercials could be. This exhibit is a pleasure to live with. There are so many covers to look at and new details to be found regularly that the constant comment is “I am going to hate to see it go down”.

Lydia has given us a lasting gift. We will never look at book jackets in quite the same way. The designs are perfectly executed and intriguing. Pause and examine the one that says “venom” and shadows as “money”. That’s

entertaining!

She has the credential, a life member of Art Students League and study at the Visual Art Center, plus the talent to make all this happen!

ARS



Definitive Images, the Carmel Valley “School of Photography”

Three outstanding senior photographers reside here and more have arrived. Is it something in the air, the fog or the mountains that surround us? We enjoy, even take for granted, the talents displayed. Photography exhibits are a pleasure that lasts from day to day as we pass through the CVM gallery, stopping to admire favorites and to engage in critiques (positive) with friends.



Our senior photographer, Bob Byers, has been with us for years. He began life in Idaho, graduated from California/Berkeley then Harvard, practiced law successfully in the Carmel/Monterey area then found his love of nature, the images of mountains and the light in open spaces, drawing him more and more into the

field of photography. He was a friend of Ansel Adams and a staunch member of the *Friends of Photography* organization over the years. Byers' work is in museums and private collections in the United States and internationally. He has gone beyond his good friend Adams in recent images that show nature as abstract design, a photo of a Rolls Royce that looks at the beholder with a snap of the eye and birds and water that swirl in placid patterns. His work is displayed on an orange wall at the rear of the pavilion.



Will Furman travels in remote, deserted areas of the West carrying a GPS device in case of danger and as insurance for the return trip. A professional, he made documentaries as a career. Now he explores forgotten places, abandoned towns and landscapes tucked away within mountain ranges. There is tremendous appeal in a photo looking through the windshield of an old truck! Furman photos outcroppings and natural designs preserved in stone. He explains his work positively as to place and time and is capable of making a photograph based upon lighting alone or the ravages of wind. The appeal of his work is complex. Primarily, he offers views of nature at its wild-



est then makes a visual statement about what happens when people try to tame it in towns, towns that have become abandoned! Somehow, these abandoned remains are not depressing nor a negative statement. They show

old stores and empty vehicles never to be used again. Yet we know people were once there and the town did thrive. Furman's work in the Hillcrest dining room has converted the space to a warmer, pleasanter place and a delight to the eye!



John Argall travelled the world in his position with Del Monte



Foods. His family with him, he explored streets and shops and market places. He obviously enjoyed meeting people everywhere. He also was fearless in capturing images of a variety of animals. His photograph of an

elephant merrily trotting along and apparently smiling for the camera is amazing. Argall photographed people everywhere, from boatmen on a gondola in Venice to a street salesman in the marketplace. He has a quick, discerning eye and misses very little. His body of work contains images of faraway places and international icons. He, like the other photographers, has shared it in photography shows here in Carmel Valley Manor. Let's see it in the “casual” Dining Room



These photographers are appreciative of nature and show us different aspects of our environment and the world in perspective. Bob Byers offers aesthetic design that astounds,

Will Furman shows us beauty and antique attempts at the built environment. John Argall pictures people worldwide, where and how they live. There are great photographers here and room for more arriving. Join friends!

ASR

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 8-9 Residents' Handbook)

| | | | | | |
|--------------------|------------------------------------|---------------|--------------------|----------------------------------|---------------|
| <u>MON</u> | Chair Exercise MH | 8:30-8:45AM | <u>THUR</u> | Chair Exercise MH | 8:30-8:45AM |
| | Monday Morning Forum (4th) MH | 10:30AM | | Half-Fast Walkers | 9:00AM |
| | Advanced Exercise MH | 11:00-11:45AM | | Adv. Water Exercise SP | 9:30-10:15AM |
| | Duplicate Bridge GR | 1:00PM | | Table Tennis MH | 1:15-3:15PM |
| | Dominoes GR | 7:15PM | | Bingo (2nd & 4rd) GR | 7:15PM |
| <u>TUES</u> | Chair Exercise MH | 8:30-8:45AM | <u>FRI</u> | Chair Exercise MH | 8:30-8:45AM |
| | Council Meeting (2nd) CR | 9:30AM | | Balance and Stretch MH | 9:15-9:45AM |
| | Adv. Water Exercise SP | 9:30-10:15AM | | Strength Circuit Training FC | 11:00-11:45AM |
| | Worship Services (1st) H | 10:30AM | | Bookmobile | 12:45-1:15PM |
| | Communion Service (3rd) HC | 10:30AM | | (Every other Friday from Apr. 8) | |
| | Lawn Bowling PG | 1:15-3:15PM | | Lawn Bowling PG | 1:15-3:15PM |
| | Sing For Fun (1st & 3rd) WP | 2:30PM | | Social Bridge GR | 7:15PM |
| | Music In The Library L | 7:15PM | <u>SAT</u> | Chair Exercise MH | 8:30-8:45AM |
| <u>WED</u> | Chair Exercise MH | 8:30-8:45AM | | Adv. Water Exercise SP | 9:30-10:15AM |
| | Balance and Stretch MH | 9:15-9:45AM | | Putting (2nd) PG | 10-11:30AM |
| | Java w/Jane (3rd) (4/20)PL | 9:30AM | | Wine Dinner Group (2nd) PDR | 5:30PM |
| | Advanced Exercise MH | 11:00-11:45AM | | Music on the Menu DR. (Apr.17) | 5:30-7:15PM |
| | Strength Circuit Training FC | 11:00-11:45AM | | | |
| | Communion Service (3rd) WP | 11:15AM | | | |
| | Movie Night(1st, 2nd, 3rd & 4th)MH | 7:15PM | | | |

LOCATION LEGEND

| | | | |
|-------------------------|------------------|--------------------|------------------|
| CR Conference Room(s) | DR Dining Room | GR Game Room | H Hillcrest |
| HC Health Center | HG Hall Gallery | L Library | MH Meeting House |
| PDR Private Dining Room | PG Putting Green | PL Pavilion Lounge | SP Swimming Pool |
| CR Conference Room(s) | DR Dining Room | GR Game Room | H Hillcrest |
| | Bulletin Board | | |



Clinic Clips

Health Fair Coming

SAVE THE DATE: APRIL 20, 2016



Carmel Valley Manor Health Fair
Wednesday from 1-3PM in the Meeting House

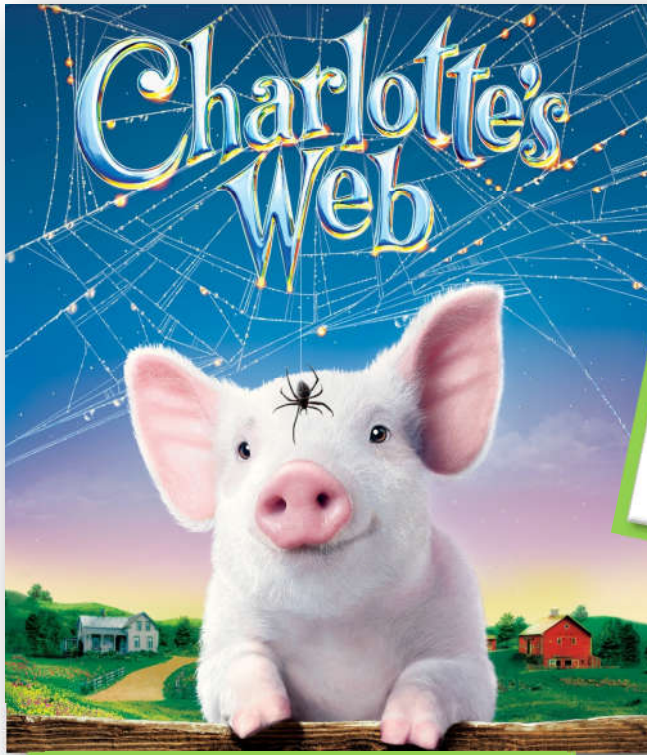
A number of agencies and opportunities will be available for your questions and to share information with you.
Some of the represented agencies and topics are as follows:

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • VNA-Travel immunization • Vision Problems • Telephones • Blood Pressure Checks • Heart Health • Alzheimer's Association • Transportation options | | <ul style="list-style-type: none"> • Arthritis Foundation • Fitness • Hearing Problems • Advanced Directives • Respite Room • Pulmonary Health • Acupuncture |
|--|--|---|

Check out the Health Fair!

Connie Hays

Adapted by Pat Hughes From the Book
by E.B. White



Friday April 8, 2016 7:15 pm
Saturday April 9, 2016 7:15 pm
Meeting House

PUBLICATION STAFF

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ADDRESS SERVICE REQUESTED