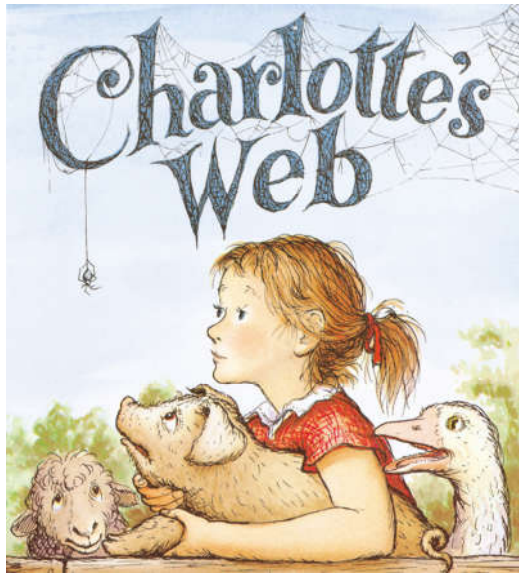


## AN ADAPTATION OF A CLASSIC



The Great Manor Players have come up with another classic for their “adoring” public. It will be performed on three dates; 2:00 pm on April 7, 7:15 pm on April 8 and again at 7:15 on April 9 all in the Meeting House.

Always ready to challenge life and its attributes, the Players will interpret E. B. White’s marvelous novel, *Charlotte’s Web*. White was a man of few words when it came to interpretation of his writing for the critical audience, and he threw fresh fuel onto the fire by having a heroine spider that dared to die. (Heroines usually lived out their lives in other books.) But that took a lot of parental explaining to the young kiddies!

White’s book really needs no clarifying, for if you let your mind expand you can discover all the life themes and make them your own, which will raise your emotions to a highly volatile point. The simplicity of the language used fits any age level and moves the novel in a direction undetected by the reader.

He begins his writing through a preadolescent’s eyes changing the simple barn animals into complex individuals who throw a cloak of human emotions over their simple problems. The participant is woven into the web of the spider who manages to understand life in her short span of living and is clever enough to fool human beings into accepting an ordinary pig who loves his home and others around him and does not want to die for simple

human food. Do all animals have some feelings in this regard?

We journey through a maze of life lessons gently as they engrain themselves into our beings and at the end make us richer humans through E. B. White’s and Charlotte’s words.

Pat Hughes



## EVENTS

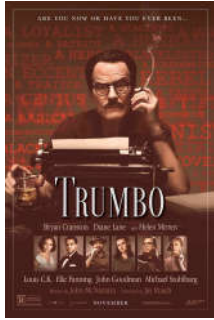
### **MON MAR 28 MONDAY MORNING FORUM – 10:30 – MH**

Details on right column.

### **TUE MAR 29 MUSIC IN THE LIBRARY – 7:15**

Beginning with Faure: Fantaisie, Op. 111 for Piano and Orchestra; Followed by Haydn: Symphony No. 6 in D Major “le Matin”; Followed by Rimsky-Korsakov: Capriccio Espagnol; and closing with Ravel” Tzigane, Phapsody for Violin and Orchestra.

### **WED MAR 30 MOVIE – 7:15 – MH**



“Trumbo” In 1947 Dalton Trumbo was Hollywood's top screenwriter until he was jailed and blacklisted for his political beliefs. This film exposes the absurdity and injustice of the blacklist which entangled everyone from gossip columnist Hedda Hopper to John Wayne, Kirk Douglas and Otto Preminger.

### **THU MAR 31 HALF FAST**

### **WALKERS PLAN TO WALK—9**

Walkers will head to **Garapata**. Sign up on BB. Jim Riesenfeld will lead.

### **TUE APR 5 MUSIC IN THE LIBRARY – 7:15**

The Ladies Sing!: Edith Piaf—La Vie En Rose, Betty Carter — Babe's Blue, Marisa Monte—Maria de Verdade, Nicle Henry—that's all, Ute Lemper—September Song, Julieta Venegas—Casa Abandonada, Pattie Smith—Wing, Sarah Vaughan—How High the Moon, Lauryn Hill—When it Hurts so Bad, Peggy Lee—New York City Blues, Janis Joplin—Bye, Bye Baby, Norah Jones—New York City, Barbara Streisand—Bewitched.

### **WED APR 6 MOVIE – 7:15 – MH**

“Spotlight” In 2001, editor Marty Baron of The Boston Globe assigns a team of journalists to investigate allegations against John Geoghan. Led by editor Walter “Robby” Robinson (Michael Keaton), reporters Michael Rezendes (Mark Ruffalo), Matt Carroll and Sacha Pfeiffer interview victims and try to unseal sensitive documents. The reporters make it their mission to provide proof of a cover-up.



### **THU APR 7 HALF FAST WALKERS PLAN TO WALK—9**

Walkers will head to **Garland Park**. Sign up on BB. Martin Rosen will lead.

## UPCOMING EVENTS

### **SAT APR 30 DAYTRIPPERS GO ON A GARDEN TOUR—1:15PM**

“Cottages, Gardens and Cantatas” is presented by the Carmel Bach Festival. See page 4 for more details/

### **TUE-THUR SEP 27-29 DAYTRIPPERS GO TO YOSEMITE—**

An initial deposit is required to hold your space. For the Awahnee Hotel the deposit is \$263.00 per person. For the Yosemite Lodge the deposit is \$136.00 per person. Your deposit is fully refundable until 90 days prior to the departure. All cost are based on a minimum of 30 passengers. Be sure to ask about trip cancellation insurance. Final payment is due August 12. Sign up immediately at the Bulletin Board and make your checks payable to “CVMRCDT” and give to Lari. Please direct questions to Lari Newbury.

### **Monday Morning Forum**

Phyliss Cleveland

*From Osaka To No U.S. Airports*

Monday March 28th 10:30AM Meeting House



On 9/11 Phyliss Cleveland was piloting a United Airlines Boeing 747 with 240 passengers en route to San Francisco from Osaka, Japan. She had been a United pilot for 12 years, but this flight was unlike any other. Four and one half hours from SFO they received an

alert: “There has been a terrorist attack on New York City. Hijacked commercial airliners were flown into the twin towers of the World Trade Center. There may be more hijackings in progress. You should be on alert and shut down all cockpit access. All U.S. airports have been closed!!!”

*Martin Rosen*

### **NEW/SOON-TO-BE RESIDENTS**

Lawson and Joan Adams  
Melvin and Mary Britton  
Deanna Woodhour  
Ken and Sandy Rich

Leon and Sheila Cooper  
William and Julie Obering  
Jane Upp

### **Happy Birthday**

3/26	Rosalie H.	4/3	Lois P.
3/27	Vera B.	4/3	Carmen N.
3/27	Robert M.	4/4	Claire R.
3/27	Norma F.	4/6	Kass S.
3/30	Al Y.	4/7	John F.
		4/7	Joan O.





**Dr. Ken and Sandy Rich**

Ken's Peace Corps experience was one of those life events which stay with you forever. He was in Malawi, a newly independent country, in '64-'66 in the early days of the Corps. Although he had yet to pursue medicine, he was there to do TB control. He traveled extensively in East Africa. Mt. Kilimanjaro drew him to its 19,000'+top, but on the way down his friend got pulmonary edema from the altitude. It was a happy ending, but a frightening episode. Against form, he was admitted to Tulane U. Medical School without an interview; Africa was too far away.

Growing up in the Mojave Desert, Ken lived a few doors down from Chuck Yeager. He moved his lawn. If his dad only known, he might have gotten an autograph. In his teens he moved to Los Altos where Dick Wheat was his doctor. During the summer Ken worked for HP.

In Louisiana, Ken continued his love of the outdoors by kayaking in the Bayous. He once encountered, in succession, a snake, a huge spider in a huge web across their path, and a large alligator.

After medical school, three years of Pediatric training, and two and 1/2 years at UCLA in pediatric immunology, he joined the staff at Children's Memorial Hospital in Chicago. It was there that he met Sandy. Most of his career was spent taking care of immunodeficiency and rheumatology patients studying the effects of substance abuse on newborns. He began studying the factors which allowed the transmission of HIV infections from mother to child. He is rightfully proud of the fact that over the years, using drugs like AZT, they were able to reduce the number of transmissions from 30% to 1/2 of 1%! This is an ongoing study looking for side effects from the drugs. So far there is nothing substantial.

Besides enjoying the outdoors, Ken is involved in photography. In the past he has made silver jewelry,

has flown soaring planes, and has grown orchids.

Sandy was a small town girl from Newton, Iowa, home of Maytag. After college she spent a year in Denver but adventure called. She signed on to Experiment in International Living and spent several months in a small town in Austria. The travel bug had bitten, and she and a friend saw Europe on the cheap. In those days everyone loved us, and you could safely hitchhike. The real adventure occurred when leaving Berlin on a train which crossed East Germany territory on the way back to the West. When the E. German guards entered the train they asked for passports and visa. The girls had the passport, but not the visas. They were taken off the train which promptly left. No passport (the Soldiers had them), no visa. When Sandy saw a train arriving which was going back to Berlin, she decided they would get on. They waited until the train was slowly pulling out and ran for it! As they ran to the train, a soldier threw them their passports. Passengers pulled them on the train. Needless to say, they flew from Berlin back to the West.

Sandy moved to Chicago in her early 20's where one of her memorable volunteer jobs was working in the Bird House at the Lincoln Park Zoo. She was good enough to almost be considered a keeper. After working at Cook County Hospital, she went to U. of Chicago for a Masters in Social Work. She worked in hospital and mental health settings during her career. She volunteered at the Winnetka Community House where she was involved in one of the largest rummage sales in the nation.

Sandy considers herself a "homebody" and enjoys nature and garden design. She and Ken have travelled extensively, and loved New Zealand which they visited three times.

*Kay Enbom*



## On Arthritis and the Barometer



It matters not if the weather is clear and sunny or it's cold and raining cats and dogs. —Seems the pain of arthritis announces when the weather is *changing*. When the barometer is going up or down. Could it be that this pervasive pressure affects the synovial fluid or the tissue between our joints?

Well, apparently yes. When I checked google, it showed what appears to be some empirical evidence that the ups and downs of the barometer do, indeed, affect our arthritic joints.

So what's to be done? A few suggestions:

1. 1. Move to a warmer, drier climate. The desert, maybe
2. 2. Complain endlessly 'til all friends abandon you to your own whining self, or
3. 3. Take strong pain killers that leave you feeling wonky and of feeble mind or,
4. 4. None of the above

Take heart, the rainy season will soon be ending and if you have any friends left all they'll hear is how wonderful you feel now that spring is here!

*Anna Beck*

## Clinic Clips

### Health Fair Coming SAVE THE DATE: APRIL 20, 2016



Carmel Valley Manor will be having its **first ever Health Fair** on **Wednesday, April 20 from 1-3PM.**

Agencies will be available for you to ask questions and get information. A variety of topics will be represented and include information about arthritis, Carmel Foundation, Medicare Part D insurance choices (based on your Rx profile), decreased vision and hearing, travel immunizations, and nutrition, among many others. Please reserve this time to take care of yourself!

*Connie Hays*

## Cottages, Gardens and Cantatas Saturday, April 30, 2016



**WELCOME!** Walk along the path and into each of these five distinctive homes as you participate in this year's Carmel Bach Festival home and garden tour, *Cottages, Gardens & Cantatas*. We have found such special homes and gardens for you to enjoy and if you are a walker, the tour is most amenable to a lovely day of walking. Three are in close proximity to each other on Carmel Point and two are within the same block near Ocean Avenue in town.

We're highlighting historic homes in keeping with Carmel-by-the-Sea's 100<sup>th</sup> birthday celebration with a home built in 1918 and another before Carmel became a city. You will enjoy the refurbished home and golf shop that were on Carmel Point, circa 1915, as part of our tour with many photos in the house of the era. And, we are featuring several Carmel Point homes with intimate and exceedingly special amenities inside and out.

The homes are special. The art is wonderful, young musicians will play as you enjoy the ambiance, and the gardens are lovely—from an all green garden to a property boasting 23 oak trees over 100 years old.

Come up the path. Open the door. Please come in. Welcome to the 2016 Bach Festival's *Cottages, Gardens & Cantatas*.

Bus departs the Manor at 1:15PM and returns at 4:30PM; make checks for \$40.00 payable to "CVMRCDT" and send to Mary Krecki by Friday, April 22.

*Mary Krecki*

## ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*  
(C 8-9 Residents' Handbook)

<b><u>MON</u></b>	Chair Exercise MH	8:30-8:45AM	<b><u>THUR</u></b>	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
	Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
<b><u>TUES</u></b>	Chair Exercise MH	8:30-8:45AM	<b><u>FRI</u></b>	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from Mar. 25)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	<b><u>SAT</u></b>	Chair Exercise MH	8:30-8:45AM
<b><u>WED</u></b>	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Java w/Jane (3rd) (4/20 )PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (Apr.3)	5:30-7:15PM
	Strength Circuit Training FC	11:00-11:45AM			
	Communion Service (3rd) WP	11:15AM			
	Movie Night(1st, 2nd, 3rd & 4th)MH	7:15PM			

### LOCATION LEGEND

CR Conference Room(s) DR Dining Room GR Game Room H Hillcrest  
 HC Health Center HG Hall Gallery L Library MH Meeting House  
 PDR Private Dining Room PG Putting Green PL Pavilion Lounge SP Swimming Pool  
 WP West Parlor BB Sign-up and/or Information on Bulletin Board

## **Shut-Up Bridge**

Duplicate Bridge at the Manor is so well known and managed these days it is hard to believe that once it was difficult to get a mere three tables together! Rubber Bridge (or Social Bridge as its adherents like to call it) was played in private quarters but there is no record of it. There was a brief trial of Duplicate in 1993 but it soon flamed out. I digress; what I wanted to do was recall the memory of one of the earliest of Manor Duplicate players— Nancy by name. She loved bridge well enough but she didn't like the restriction on talking about it at the table even as the game progressed. She christened it Shut-Up Bridge.

We tried to explain that in 'Social' Bridge every hand is played only once. When the hand is finished you can boast about success or complain about your poor cards. Probably no one wants to hear about it but it does no harm. At Duplicate, however, the hand just finished is passed to the next table for the new foursome to play and they would be only too happy to hear information about the cards. So in this instance, silence is golden. We bid by showing a card.

This does not mean that you can never speak at the table. There are many occasions when you are required to speak. If your partner opens the bidding with "One No Trump", you must announce its point range- "15 to 17" for example. In addition, there are customs of good manners, such as greeting a new opponents at your table which are expected at Duplicate Bridge. It really isn't Shut-up Bridge!



*Gordon Wright*



# LIBRARY NOTES

## BOOKS SELECTED FOR APRIL 2016

### FICTION

COMETH THE HOUR

(#6 in The Clifton Chronicles)

THE THEORETICAL FOOT\*\*

AT THE EDGE OF THE ORCHARD Tracy Chevalier

THE SUMMER BEFORE THE WAR Helen Simonson

FOOL ME ONCE

CHARLOTTE'S WEB\*

(Children's Literature)

Jeffrey Archer

M.F.K. Fisher

Tracy Chevalier

Helen Simonson

Harlan Coben

E.B. White

### U. S. HISTORY

THE PRESIDENT'S BOOK OF SECRETS\*\*\*

### CALIFORNIA HISTORY

THE KING AND QUEEN OF MALIBU

### BIOGRAPHY/COMBINED BIOGRAPHY

MAGGIE SMITH\*

THE GENERALS\*

### HEALTH

David Priess

David K. Randall

Michael Coveney

Winston Groom

THE PATIENT WILL SEE YOU NOW\*

HEART HEALERS\*

\*Donation

\*\*MacCullough Fund

\*\*\*Wagner Fund

\*\*\*\*\*

## NEW VIDEOS FOR APRIL 2016

TRUMBO

SPIRAL (ENGRENAGES) – Season 1

THE DANISH GIRL

SPIRAL: Season 2

99 HOMES

FIRST PEOPLES

SPOTLIGHT



## Palm Trees in The Moon Light

Nothing new can be said  
About Palm trees softly rustling,  
Filtering moon light—nothing  
new.

Except that I'm in Africa,  
Not where they're supposed to  
grow.

Still they do and sway the same,  
Making breezes visible,

Arching their trunks in soft  
curves

Where boys climb them  
Just as in Samoa.

Their coconuts fall  
With the same thuds,  
Their milky fruit, the same.

*George Wilson*



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