



ACCENTS

FORTNIGHTLY PUBLICATION — NOVEMBER 4-17 2016

Christmas

Fund

Give Joyfully, Give Generously

The giving season is upon us. Manor residents have a once-a-year golden opportunity to materially show our appreciation to all the Manor staff who care for us in every way every day. No gifts are allowed all year long, so we verbally thank our caring staff hundreds of times for their excellent service and acts of kindness. Now, however, following a long tradition at the

Manor, we can come together to recognize their dedicated services and demonstrate our appreciation with a check from the EMPLOYEE APPRECIATION GIFT FUND.

LET'S ALL GIVE AS GENEROUSLY AS WE CAN

This year's fund raising campaign runs from November 9 through December 7. We hope each resident will donate \$1000 or more. Some residents may not be able to give this amount and many others can do more. When deciding on your contribution, remember this is your expression of gratitude to all of the many employees who care for us day in and day out all year long. If you have not been here the full year, your donation can be prorated.

Make your check payable to the EMPLOYEE APPRECIATION GIFT FUND. Place your check in a plain envelope and deposit it in the green box at the front desk. The donation box will be in place immediately following the Kickoff Meeting November 9, 2016, and will remain there until December 7. Donations are strictly confidential — and non-deductible. Your generosity will send a powerful message of thankfulness to each staff member.

Employee Appreciation Gift Fund Committee: Jack and Kay Enbom,
Samm MacMurdo and John Hill

EVENTS

TUE NOV 8 MUSIC IN THE LIBRARY – 7:15

Beginning with Schumann: Piano Concerto in A Minor; Followed by Borodin: In the Steppes of Central Asia, and closing with Beethoven: Piano Sonata, No. 23 in F Minor, Op. 57.

WED NOV 9 MOVIE – 7:15 – MH

"Hologram For a King" A failed American sales rep looks to recoup his losses by traveling to Saudi Arabia and selling his company's product to a wealthy monarch.

THUR NOV 10 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Point Lobos**. Sign up on BB. Harry Hanson will lead.

SUN NOV 13 DAYTRIPPERS GO TO A SUNSET SUPPER—4:00PM

Casual California dining overlooking Historic Lovers Point beach at Beach House. Manor bus will depart at 4:00PM and supper at 4:30PM.

TUE NOV 15 MUSIC IN THE LIBRARY – 7:15

Piano Sonata in C major, K.330: Wolfgang Amadeus Mozart-Vladimir Horowitz, piano, Sextet for Piano and Woodwind Quintet: Franxois Poulenc-The Dorian Quintet with Jean Casausus, piano, Lieutenant Kije Suite. Op. 60: Sergei Prokofief-Los Angeles Philharmonic Orchestra, Andre Previn, Conductor.

WED NOV 16 DAYTRIPPERS GO TO PICARD TRADE BEAD MUSEUM AND AFRICAN ART—1:15PM

Trade Beads were made in Venice, France, Germany, Russia, etc. In the Early 1800's beads were traded for palm oil, ivory and gold. Beads come in all sizes and shapes. Modern beads also available. **WARNING!!!** Museum is on the second floor—NO ELEVATORS!!

WED NOV 16 MOVIE – 7:15 – MH

"Chicago" Murderesses Velma Kelly and Roxie Hart find themselves on death row together and fight for the fame that will keep them from the gallows in 1920' Chicago.

THUR NOV 17 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Jacks Peak**. Sign up on BB. Ramona Smith will lead.

UPCOMING EVENTS

WED DEC 7 DAY TRIPPERS GO TO STEINBECK'S BIRTHPLACE—10:30

Lunch at Steinbeck House (Ready for Christmas) at 11:30AM

Menu: One-half (1/2) BLT on Turkey or Vegetarian Wrap, Salad-Roll-Choice of Beverage (Price includes Lunch, Tax, Tip and Tour with Docent). Manor bus will leave the Manor at 10:30 for Lunch at 11:30, and at 12:45 for the Museum. We will return at 3:45PM. Please make your checks of \$28.00 payable to "CVMRCDT" and send to Mary Krecki by November 22nd. Please call Mary if you have any question'

Debbie Davis audience! Chills went down our spine listening to her melodious voice.



Don't Forget

It's Time To Fall Back This Sunday November 6th, remember to set your cloks back one hour Saturday night November 5th

NEW/SOON-TO-BE RESIDENTS

Virginia Von Hasseln	Charles Bancroft
Murray and Rena Yeomans	Jean Brenner
Leslie Geyer	William and Julie Obering
Zad and Laela Leavy	Claude "Skip" & Joan Keyzers

Happy Birthday

11/6	Shirley K.	11/9	Ramona S.
11/7	Terese W.H.	11/11	Don A.
11/8	Dorothy C.	11/13	Phillis D.
		11/13	Geneva W.

IN MEMORIAM

10/21	Pamela Smith
10/27	Roger Todd



LARGEST R.O.S.E. ESTATE SALE

(Ever Held on a Sunday Before an election!)

Unit 10-G

Sun—Nov 6th 1:30-4:00pm

and

Mon—Nov 7th 9:00am-4:00pm



Fine Furniture, Rugs, unusual books, art, antiques, decorative pots, outdoor furniture, tools, fine glassware, potted Roses

Unique one-of-a-kind pieces

Endless opportunities for Christmas shopping

Only at the R.O.S.E.

Dear Residents,

It's that time again for our annual presentation of the Manor appreciation check to Chief Michael Urquides of the Monterey County Regional Fire District.

This event will take place at the Meeting House immediately following our last fire drill of the year on Thursday, November 10. All residents are requested to attend and listen to Chief Urquides talk on the Natividad Trauma Center and the recent Sobranes Fire.

The Schedule is as follows:

10:30 - Fire Drill

10:45 - All Clear and direct residents to the Meeting House to view fire truck, ambulance and equipment.

11:00 - Meeting House - Warden's comments to residents and introduction of the Fire Chief and Firemen

11:10 - Presentation of Manor Appreciation Check to Chief Urquides and his comments on subjects of interest to our residents to include a Trauma Center Update, and the recent Sobranes fire fighting experience.

11:20 - Question and Answer period

11:30 - Residents dismissed to Lunch or viewing equipment outside.

*Otto Neely
Independent Residents Fire Warden*



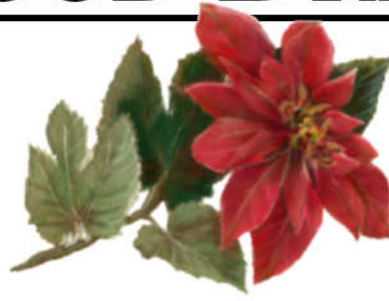
Carmel Centennial Celebration— Otto Neely as Johann Sebastian Bach on Back float.



Halloween Fun



FOOD DRIVE



We would like to take time and give back to others in need. If you would like to donate, **Please bring all items in before November 16th**. There will be bins placed in the Front Desk Lobby, Business office, Health Center and Hillcrest for your to place your items in. The donated food is given to Sanctuary Bible Church's food pantry that services those in need in this community.



We will also be starting the Angel Tree Project where we purchase gifts for children at an after-school program. The Staff and, now the TLC members have also verbalized they would like to participate. We will be purchasing gifts for 60 children

*Chris Regan
Director of Health Services*



Family Tree

By Nancy Downey

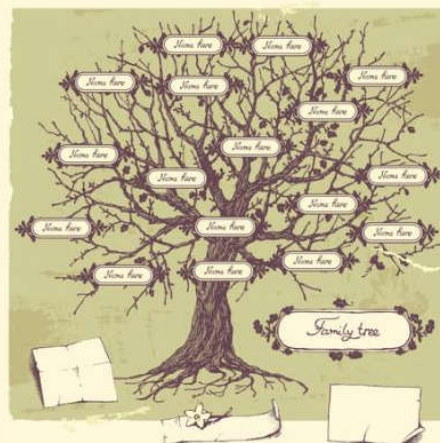
A while ago I was visited by my "great great or great grand" nephew, his wife and new baby girl. I decided to give them a doll that had come down from my grandmother. I started thinking about generations and ran up a list, a list that astonished all of us. This list may be of interest to other Manor residents, grandmothers and granddaddies and new parents as well. In only twenty generations we all have over a million direct ancestors! Check it out.

AND if you have 4 or 5 generations a century that only takes you back to 1500 or 1600, when our country was just getting started, plus assuming most parents were twenty to twenty-five years old when the next generation was born.

So, if you see someone who looks a lot like Aunt Mabel, you may very well be related!

We all start with 2 parents:

Generation & # of parents	
1.-----2 parents	11.-----2,048
2.-----4 grandparents	12.-----4,096
3.-----8 great grand	13.-----8,192
4.-----16 great, great, grand	14.-----16,384
5.-----32 gggg etc.	15.-----32,768
6.-----64	16.-----65,536
7.-----128	17.-----131,072
8.-----256	18.-----262,144
9.-----512	19.-----524,288
10.-----1,024	20.-----1,048,576



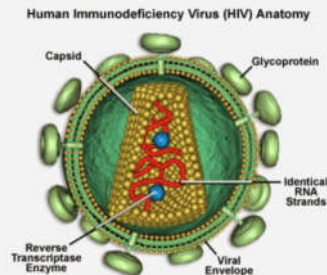
ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 8-9 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
	Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
TUES	Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from November 4)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM
WED	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Java w/Jane (3rd) (11/21)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (Nov. 12)	5:30-7:15PM
	Strength Circuit Training FC	11:00-11:45AM			
	Communion Service (3rd) WP	11:15AM			
	Movie Night(1st, 2nd, 3rd & 4th)MH	7:15PM			

LOCATION LEGEND

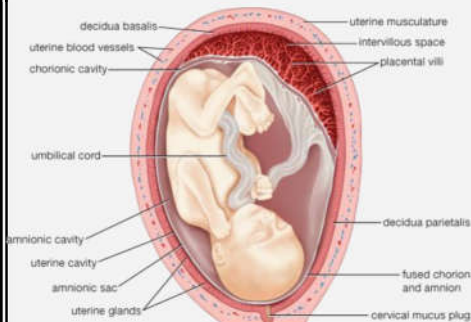
CR Conference Room(s) DR Dining Room GR Game Room H Hillcrest
 HC Health Center HG Hall Gallery L Library MH Meeting House
 PDR Private Dining Room PG Putting Green PL Pavilion Lounge SP Swimming Pool
 WP West Parlor BB Sign-up and/or Information on Bulletin Board



HIV Infection in Infants: from the Unknown to Toutine

Ken Rich, M.D.

Wednesday, November 16, 2016 at 10:30 a.m. In the Meeting House



HIV infection in infants was first recognized in the late 1989 era. Initially, the cause was unknown and prevention or treatment was only a hope. During the ensuing years, the virus causing the illness and the route of infection was identified. Knowledge about the disease led to ground breaking treatment and prevention and is considered one of the major successes in the long war against HIV infection. Dr. Kenneth Rich, a CVM resident and former Professor of Pediatrics at University of Illinois at Chicago, was an active participant in these ground breaking studies and will describe his experience in the process. We hope you can attend.

*Jack Enbom,
Health Advisory Committee*



Ginny von Hasseln

On Ginny von Hasseln's door is a beautiful brass horse head knocker.

When she and her parents moved to California from New York and lived on Jack's Peak, Ginny was eight years old and immediately started campaigning to acquire a horse. Finally on her tenth birthday they gave her one - The brass door knocker.

She finally got a live horse of her own when she was 22! Ginny went to Santa Catalina in Monterey and rode at the Pebble Beach stable where Dick Collins became her

coach. It was there that she became friends with Gayle Holmes.

When she went to Bennett, her mother's alma mater, Ginny thought she would be able to ride horses belonging to the college and thus join the Millbrook, NY hunt. Alas, Bennett provided no horses on weekends. Nor did her father feel a college education should necessarily include an equestrian component. She endured a horseless three years until she graduated. Only then did she buy her first horse, return to her coach, Dick Collins, and join the Los Altos Hunt Club. She went on to ride with the hounds in Ireland several times with him.

Ginny married and later divorced the late Sandy MacKenzie, a Stanford and Harvard Business School graduate who had a career in commercial real estate. They had two daughters and lived in Pasadena. Their older daughter, Katie, married with two girls, now lives in San Francisco. Dr. Katie MacKenzie is a pediatric neurologist associated with both Lucile Packard Pediatric Hospital, Stanford and California Pacific Medical Center, San Francisco.

Ginny came to the Manor from Hacienda Carmel, where she lived "on the Berm," almost next door to a friend we share - a nice coincidence! There she served on the Buildings and Grounds Committee and was a part of the Conservation Committee. She belongs to the Hacienda Garden Club, the Historic Garden League, and the Carmel by the Sea Garden Club.

She also belongs to an Haciendas book group. One of her favorite genres is mystery.

On walks on the Carmel beach, Ginny is accompanied by Annie, a miniature poodle, one of many dogs she has rescued over the years.

Please welcome Ginny von Hassl

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, A Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923

Editor:	Ann Richardson bonniedick27@gmail.com
Publisher:	Celina Manzanarez
Photographer:	Kass Schwin
Proofreader:	Norma McAravy
Contributors:	Nancy Downy Jack Enbom Kay Enbom John Hill Otto Neely Chris Regan May Waldrup

Information regarding the Manor can be obtained from
WWW.CVMANOR.COM
 or from the Director of Admissions, Angie Machado,
 (831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED