

FORTNIGHTLY PUBLICATION -OCT 21-NOV 3 2016

Elly Mark, American Girl

Manor and the friends who helped

Many of us know Elly Mark and are aware of her strong desire to come to America after surviving World War II in Germany. She saved the money to come here herself. It took her three years until she finally could get on the plane and arrive in New York.

She allowed herself a few days in that big city and came on out to San Francisco. Elly had learned English from an the two new chairs in the telephone area of the coatroom American family in postwar Germany and started right in working in financial services. She married an American Air Force officer whom she had known briefly in her native land, her beloved Woody. Enterprising, she ended up with her own shop in Carmel and shared her talents with local charitable efforts in retirement. When it was time to retire she and Woody sold their home in the Valley and came to the Manor to live.

When I met Elly she was such an American girl that she would not even speak German with me, when I said "Guten Abend", she said, "Good Night". She did loosen up on Christmas songs!

Recently Elly had to make the decision to live at the Health Center. It happened quickly and there was no time for transition in Hillcrest. She called her younger sister and brother-in-law in the Los Angeles area to come up

Her remarkable generosity to the and collect some "stuff". They were determined that their house was already too full and they could not use more. She tried professional help and found it less than satisfactory. Remember downsizing to come here? Try that from a Health Center room! However, help was at hand.

> Elly generously decided that she would give her worldly goods and possessions to the Manor, totally. In came good friends Betty Hughes and Bob Byers to help carry things that Elly wanted in her room. Then the movement grew. Friends helped gather up items for the R.O.S.E. Her furniture went to the downstairs annex of the R.O.S.E. with a few exceptions. You may have noticed and the stunning painting on the wall between them. You can't miss the new décor. Betty Hughes organized the team of residents who helped and the job was rapidly accomplished.

Many hands made light work of some pretty hefty stuff with the help of our multi-talented caretakers as well. Elly has her favorite things surrounding her and we, as residents, are grateful for her gifts to our surroundings. Thanks to Betty for organizing the activities and thanks to Elly for her generosity.

And Elly? She is happy she came here.

ASR



Special Œvents Presents

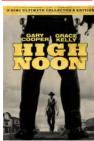
Debbi Davis, beautifully gowned, will move about in the Main Dining Room singing to all her audience in a rich and vibrant voice. On the piano, Gennedy Lokitionov taps out the accompanying notes.

Her repertoire includes songs we all remember with a great fondness. Davis says she grew up singing many of the songs made famous by Doris Day. What could be better?

Make your reservation- this is bound to be a very special night. Concluding the evening, Debbie Davis will move to the Lounge, continuing her program as champagne and chocolates are passed around.

EVENTS

<u>SUN OCT 23</u> <u>MOVIE – 3:00 – MH</u>



Former marshal Will Kane (Gary Cooper) is preparing to leave the small town of Hadleyville, New Mexico, with his new bride, Amy (Grace Kelly), when he learns that local criminal Frank Miller has been set free and is coming to seek revenge on the marshal who turned him in. When he starts recruiting deputies to fight Miller, Kane is discouraged to find that the peo-

ple of Hadleyville turn cowardly when the time comes for a showdown, and he must face Miller and his cronies alone.

TUE OCT 25 MUSIC IN THE LIBRARY – 7:15



"Hamilton" act 1, the full Broadway musical act recorded.

Hamilton is the official companion album to the 2015 musical Hamilton. The musical is based on the 2004 biography of Alexander Hamilton written by Ron Chernow, with music, lyrics, and book by Lin-Manuel Miranda.

WED OCT 26 MOVIE – 7:15 – MH

"The Meddler" A 2016 comedy-drama that has a heartfelt look at family dynamics. A marvelous performance by Susan Sarandon who won the academy award for " A Dead Man Walking".

THUR OCT 27 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Scenic Road.** Sign up on BB. Harry Hanson will lead.

SAT OCT 29 DAYTRIPPERS GO TO THE CAR-MEL CENTENNIAL CELEBRATION—10:00AM

Carmel Centennial Celebration, Big Parade, Including floats! Grand Marshal Clint Eastwood. Manor Bus will Leave at 10:00AM and will return for lunch at the Manor. TUE NOV 1 MUSIC IN THE LIBRARY – 7:15

"Hamilton" act 2, the full Broadway musical act recorded



<u>WED NOV 2</u> <u>MOVIE – 7:15 – MH</u>

"Dark Horse" An inspirational true story of a group of friends fromm a working men's club who decide to take on the elite 'sport of kings' and breed themselves a racehorse.

THUR NOV 3 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Lovers Point East.** Sign up on BB. Ramona Smith will lead.

UPCOMING EVENTS

<u>SUN NOV 13 DAYTRIPPERS GO TO A SUNSET</u> SUPPER—4:00PM

Casual California dining overlooking Historic Lovers Point beach at Beach House. Manor bus will depart at 4:00PM and supper at 4:30PM.

<u>WED NOV 16 DAYTRIPPERS GO TO PICARD</u> TRADE BEAD MUSEUM AND AFRICAN ART— 1:15PM

Trade Beads were made in Venice, France, Germany, Russia, etc. In the Early 1800's beads were traded for palm oil, ivory and gold. Beads come in all sizes and shapes. Modern beads also available. WARNING!!! Museum is on the second floor—NO ELEVATORS!! Any questions please call Nancy x4522



Daylight Saving Time ends at 2:00 AM on Sunday November 6th

Please Note

Committee Chairpersons or their designee(s) are the only ones permitted to post notices on the bulletin board. All notices will be removed when the event/ activity has taken place. Should you have questions, please call Nancy Muehlberger, Chairperson, or Ann Richardson, Editor.

| Virginia Vor | 1 Hasseln Rena Yeomans | E RESIDENTS Charles Bancroft Jean Brenner William and Julie Obering Claude"Skip" & Joan Keyzers | | | | |
|---|--|--|---|--|--|--|
| 10/21 10/22 10/23 10/25 10/26 | Happy B Dorothy B. Ann C. Armand L. Nancy R. Marilyn F. | 10/29 10/31 11/2 11/2 11/3 | Beverly F. Sandra L. Elizabeth M. Hyde B. Rosemary B. Betty H. | | | |
| IN MEMORIAM 10/17 Dennis Kelly | | | | | | |

RUTH AND LARRY ROSEN Art-Centered and a Delight



Ruth Rosen is an accomplished violinist and her delight in stringed instruments carries over into her paintings. It is as though she had to find a means of expressing, in a more lasting medium, the joy she feels in performing. She makes music with paint. The stringed music ensemble that she presents appears to be there ready to play for each of us as we pass in the CVM Gallery. There is more to her portrayal of musicians than just one viewpoint. Her beloved stringed instruments and their undoubtedly talented owners are there as a string band; a lively set of down-home players producing music often thought of as Appalachian or even Hill Billy. Ruth becomes a "fiddler" in that band. There is no singular emphasis on one musical form, classical or country, Ruth loves it all and it shows. What a blast!



The Rosen talents are not limited to musical portrayal. Particularly noteworthy are the extremely dramatic paintings of flowers on a black ground and cats curled chair in a stark design, paintings created in the strongest contrasts possible, black, yellow and white. This is not easy, especially since we often see flowers and cats as soft and delicate. Her glass framed paintings of landscapes done in dots somewhat reminiscent of Seurat's pointillism are stunning examples of design quality.

Ruth Rosen has had a long career in art and her artwork is in many private collections. We are fortunate when we can come and go through a gallery of paintings like these. It is a real pleasure when the painting at the end of the hall is a big "come on". I enjoy arriving at Santa Monica pier as I enter the dining room for lunch. We are fortunate to have such talent among us.

Larry Rosen adds another talent to the Rosen art exhibit, offering sculpture and all the aesthetic viewpoints of three dimensions. Graphic arts, drawings, paintings, prints, all offer one perspective. Sculpture





has to be expression in several dimensions and often, in the Greek manner, seeks perfection. I believe it was Aristotle who criticized it as the lowest form of art as it was too close to mere reality! However, it may be the toughest to do since reality is familiar to everyone. Consequently, most of us truly appreciate the many visual aspects of sculpture and we are rather fond of the achievement of reality!

Larry works in the Greek and Roman manner, seeking to portray a well aligned body. With modern touches he manages to offer personality, grace in the figures and unexpected strength. Personality comes through. Larry shows us an interest in his characters and goes beyond the classic, cool ideal portrayal. These are real people. The mirrored case provides an opportunity for a couple of perspectives and the different aspects become apparent. The female figure sways her hip, the one I call the "Marlboro Man" or simply "cowboy" projects nonchalance, and the bass player seems ready to tune up and play. Larry, did you name them?



Go to the showcase and notice the many facets of the figures that must be considered. As a sculptor Larry Rosen demonstrates strong visual-spatial ability. Keep going Larry.

This exhibit has much to be reviewed. It never ceases to appeal. Thank you, Rosens, for sharing your talents. It's been a blast!





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| ONGOING ACTIVITIES | | | | | | | | | |
|--|------------------------------------|---------------|------|--------------------------------------|---------------|--|--|--|--|
| See also Master Schedule of Ongoing Activities | | | | | | | | | |
| (C 8-9 Residents' Handbook) | | | | | | | | | |
| MON | Chair Exercise MH | 8:30-8:45AM | THUR | Chair Exercise MH | 8:30-8:45AM | | | | |
| | Monday Morning Forum (4th) MH | 10:30AM | | Half-Fast Walkers | 9:00AM | | | | |
| | Advanced Exercise MH | 11:00-11:45AM | | Adv. Water Exercise SP | 9:30-10:15AM | | | | |
| | Duplicate Bridge GR | 1:00PM | | Table Tennis MH | 1:15-3:15PM | | | | |
| | Dominoes GR | 7:15PM | | Bingo (2nd & 4rd) GR | 7:15PM | | | | |
| TUES | Chair Exercise MH | 8:30-8:45AM | FRI | Chair Exercise MH | 8:30-8:45AM | | | | |
| | Council Meeting (2nd) CR | 9:30AM | | Balance and Stretch MH | 9:15-9:45AM | | | | |
| | Adv. Water Exercise SP | 9:30-10:15AM | | Strength Circuit Training FC | 11:00-11:45AM | | | | |
| | Worship Services (1st) H | 10:30AM | | Bookmobile | 12:45-1:15PM | | | | |
| | Communion Service (3rd) HC | 10:30AM | | (Every other Friday from November 4) | | | | | |
| | Lawn Bowling PG | 1:15-3:15PM | | Lawn Bowling PG | 1:15-3:15PM | | | | |
| | Sing For Fun (1st & 3rd) WP | 2:30PM | | Social Bridge GR | 7:15PM | | | | |
| | Music In The Library L | 7:15PM | SAT | Chair Exercise MH | 8:30-8:45AM | | | | |
| WED | Chair Exercise MH | 8:30-8:45AM | | Adv. Water Exercise SP | 9:30-10:15AM | | | | |
| | Balance and Stretch MH | 9:15-9:45AM | | Putting (2nd) PG | 10-11:30AM | | | | |
| | Java w/Jane (3rd) (11/21)PL | 9:30AM | | Wine Dinner Group (2nd) PDR | 5:30PM | | | | |
| | Advanced Exercise MH | 11:00-11:45AM | | Music on the Menu DR. (Oct. 29) | 5:30-7:15PM | | | | |
| | Strength Circuit Training FC | 11:00-11:45AM | | | | | | | |
| | Communion Service (3rd) WP | 11:15AM | | | | | | | |
| | Movie Night(1st, 2nd, 3rd & 4th)MH | | | | | | | | |
| | | | | | | | | | |

ONCOINC ACTIVITIES

LOCATION LEGEND

| Conference Room(s)DR Dining Room GR Game Room H H | Hillcrest | | | | |
|--|---------------|--|--|--|--|
| lealth Center HG Hall Gallery L Library MHM | Meeting House | | | | |
| rivate Dining Roon PG Putting Green PL Pavilion LoungeSP S | Swimming Pool | | | | |
| WP West Parlor BB Sign-up and/or Information on | | | | | |
| Bulletin Board | | | | | |
| rivate Dining Roon PG Putting Green PL Pavilion LoungeSP S Vest Parlor BB Sign-up and/or Information on | 0 | | | | |

LIBRARY NOTES

BOOKS SELECTED FOR NOVEMBER 2016

FICTION

A Light Between Oceans** A Gentleman in Moscow *** Law and Disorder M.L. Stedman Amor Towles Mike Papantonio

Mystery

Home Journey to Munich* The Woman in Cabin 10* Harland Coben Jacqueline Winspear Ruth Ware

BIOGRAPHY/COMBINED BIOGRAPHY

A torch Kept Lit: Great Lives of the 20th Century William F. Buckley, Jr., James Rosen, Editor Avid Reader: A Life Robert Gottlieb Hero of the Empire" the Boer War, A Daring Escape, and the Making of Winston Churchill

CALIFORNIA HISTROY

Footprints form Mount Carmel to Carme-by-the-sea: Carmel of Our Lady and St. Therese, 1925-2000.* Carmelite Nuns of Carmel, Ca Carmelite Monastery

Health

Health for Life: Your Resource for Healthy Living from Community hospital of the Monterey Peninsula*

NEW DVD'S FOR NOVEMBER 2016

Robert Gottlieb WIRE IN THE BLOOD (2 SEASONS)

BLINDSPOT (SEASON ONE)

Candice Millard HOMELAND (SEASON 4)

TRAVEL

A Walk in the Woods

Bill Bryson

U.S. HISTORY Saving Monticello*

Marc Leepson

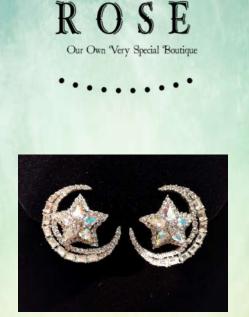
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MONDAY MORNING FORUM CARMEL MISSION RESTORATION 10:30AM October 24th Meeting House



Victor Grabrian, President and CEO of the Carmel Mission Foundation will cover the founding of the Mission in 1771 and proceed through time telling about the Mission's history and past restorations and will end up describing, behind the scene, the award-winning restoration of the Basilica in 2013, and the just completed quadrangle courtyard restoration.

Russ Haisley



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ACCENTS is published by and for the residents of Carmel Valley Manor, A Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923 Ann Richardson bonniedick?7@gmail.com Celina Manzanarez Lori Twisselman Contributors: Rob Cooper Russ Haisley May Waldroup

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ADDRESS SERVICE REQUESTED