

FORTNIGHTLY PUBLICATION - JANUARY 15 - 28, 2016

















JOAN SMITH AT 100 A GREAT VINTAGE YEAR?

EVENTS SAT JAN 16 SPECIAL EVENTS – 7:15PM – MH

We will all welcome Layne Littlepage, performing, EVEYBODY SAYS DON'T! This show doesn't follow the rules. Barney Hulse will be at the piano.

Internationally acclaimed performer Layne Littlepage will present her musical show featuring the unforgettable songs of Broadway's greatest composers. Join Layne as she sets up the rules of staging a musical perfor-

mance, then tears them to tatters with comic interpretations, impersonations and surprises. DON'T MISS THIS UNIQUE AND DELIGHTFUL SHOW.

Carol Lannon

TUE JAN 19 MUSIC IN THE LIBRARY – 7:15

Performers at the November 2015 "Cowboy Poetry and Music Festival" recite their poetry and sing their songs in the unique old American cowboy style.

WED JAN 20 MOVIE – 7:15 – MH

"The Intern" Seventy year old widower Ben Whitaker has discovered that retirement isn't all it's cracked up to be. He seizes the opportunity to get back in the game and becomes a senior intern at an online fashion site.

THU JAN 21 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Carmel Meadows.** Sign up on BB. Madeline Wood will lead.

<u>MON JAN 25</u> MONDAY MORNING FORUM – 10:30AM – MH



A prolific writer on many topics such as higher education, critical thinking, and the value of a liberal education, David Clemens will challenge residents with the concepts in his lecture entitled "THE WIDENING GYRE: HIGHER EDUCATION SPIN-NING OUT OF CONTROL." On January 25 in the Meeting House at 10:30 AM, Mr. Clemens will draw from his teaching background as well as numerous symposiums

and colloquiums he has organized to develop a rationale for the exploration and retention of great art, great music, and great books in our lives. Come early and prepare to be challenged by this very erudite speaker.

Charlie Hoppe

TUE JAN 26 MUSIC IN THE LIBRARY – 7:15

The George Albright Jazz collection including, Count Basie and Tony Bennett, Louis Armstrong, Dexter Gordon, Pete Fountain, and many more.

WED JAN 27 MÓVIE – 7:15 – MH

"Learning to Drive" A simple story about two very different lives intersecting at just the right moment. Charming comedy drama.

THU JAN 28 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to Asilomar South. Sign up on BB. Ramona Smith will lead.

COME WALK WITH US

Most of us know that we live in one of the most beautiful places in the world. Our friends who visit us remind us how lucky we are to have landed here in one of the greatest meetings of land and sea.



Each week, the HALF FAST WALKERS (say it slowly...) embark on a new discovery walk in our wonderful environment. We take walks in such well known parks as nearby Point Lobos. We also go to



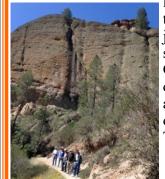
less familiar places such as Andrew Molera and Nicene Marks State Park. Some of our walks require special permits from the Big Sur Land Trust, Glen Deven Ranch or the Mitteldorf Pre-

serve are examples. We benefit from Docent led walks in the Santa Lucia Preserve. We trek in the new Pinnacles National Park and also walk in the Palo Corona Regional Park.

In any case, we have a terrific time and most walks

end before noon so we are back at the Manor for lunch. Occasionally we take a bag lunch to picnic in the park.

We especially invite new residents to take a walk with us. We

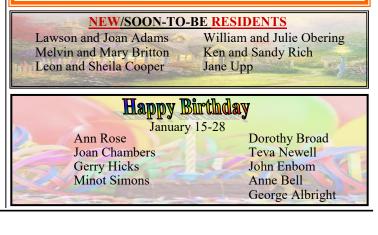


leave from the road just outside the



Chapel at 9 am every Thursday. We form car pools there and enjoy our walks and each other. Please join us next Thursday!

Martin Rosen chair and easily lost

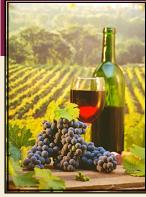


ONGOING ACTIVITIES												
See also Master Schedule of Ongoing Activities												
	(C 8-9 Residents' Handbook) MON Chair Exercise MH 8:30-8:45AM THUR Chair Exercise MH 8:30-8:45AM											
MON	Chair Exercise MH		THUR		8:30-8:45AM							
	Monday Morning Forum (4th) MH			Half-Fast Walkers	9:00AM							
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM							
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM							
	Dominoes GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM							
TUES	Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM							
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM							
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM							
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM							
	Communion Service (3rd) HC	10:30AM		(Every other Friday from Jan. 29)								
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM							
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM							
	Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM							
WED	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM							
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM							
	Java w/Jane (3rd) (1/20)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM							
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (Jan.23)	5:30-7:15PM							
	Strength Circuit Training FC	11:00-11:45AM		, , , , , , , , , , , , , , , , , , ,								
	Communion Service (3rd) WP	11:15AM										
	Movie Night(1st, 2nd, 3rd & 4th)MH	-										

LOCATION LEGEND

Monterey Wine Country-Our Unique Geographical Situation

CR Conference Room(s)	DR	Dining Room	GR	Game Room	Н	Hillcrest			
HC Health Center	HG	Hall Gallery	L	Library	MH	Meeting House			
PDR Private Dining Room	PG	Putting Green	PL	Pavilion Lounge	SP	Swimming Pool			
WP West Parlor	BB	Sign-up and/or Information on							
		Bulletin Board							



Monterey Wine Country boasts over 175 unique vineyards in a 90mile-long valley, with eight primary viticulture soil types. The northernmost areas of Monterey deemed as on the edge of being too cold to grow wine grapes, are held in high esteem for their exceptional pro-

duction of Pinot Noir and Chardonnay. And, the valley experiences a "thermal rainbowTM", spreading north-tosouth, cold to warm, providing diverse ever-warming micro-climates that support forty-two fine wine varietals. Hidden beneath the surface of the Monterey Bay is an enormous submarine canyon that is sixty miles long and two miles deep. The largest and deepest on the West Coast, this canyon is also unique in its close proximity to the shoreline. Comparable in size and depth to its more visible counterpart in Arizona, this Monterey geologic wonder has been nicknamed the Blue Grand CanyonTM. With an estimated volume of 300 cubic miles of deep, cold water, it has a major weather effect on viticulture, manifest through fog, wind, lack of rain, and moderate temperatures throughout the growing season. The coolest districts are to the north, closest to the ocean

and the warmest areas are to the south of the county, furthest from the ocean. In the early morning, the entire region is cool and, for a large part, covered by a thick marine layer. Temperatures at Monterey Bay in the north and the southern end of the county are both around 55 degrees. As the sun rises, the valley starts to warm. The heat burns off the fog and begins the slow rise in temperature at the southern end of the county.

The heat generated from the sun forces the warm air to rise and creates a low pressure effect. Cool air off the ocean is drawn and funneled through the Gabilan and Santa Lucia mountain ranges, moving down the valley with increasing force as the day progresses. The ocean air acts as a natural air conditioning system that mitigates the rise in temperature from north to south and extends the growing season, allowing for slow, gentle ripening. The Federal government officially sanctions one-of-a-kind winegrowing districts as "American Viticultural Areas" or "AVAs." When appearing on a label, these legal place names impart important information and guarantees about the wine's origin. By law, to use one of these official site designations, 85% of that bottle's grapes must have been grown within the AVA's boundaries. Monterey County Continue on next page

encompasses eight smaller AVAs: Arroyo Seco, Carmel Valley, Chalone, Hames Valley, San Antonio Valley, San Bernabe, San Lucas, and Santa Lucia Highlands; in addition to the larger Monterey appellation.

From The Monterey County Vintners & Growers Association web site

Contributed by Rob Cooper

Pool Hall? Billiard Parlor? Come on Down!

This is a fictional account of a game of pool at the Manor. Aliases are used to protect "real" Players from general knowledge of their inefficiency and nonprofessional skills.

Mr. Billiard, Aka Bill, the best player of the group and who claims he has never lost a game to famed "Minnesota Fast", is Director. Some players suspect it is only because he has never actually played "MF".

Bill states Manor Rules will apply and divides the two

times—Able and Baker to play Charlie and Fox. Able complains that Charlie has the advantage of having a new personal cue stick. Bill rules that is OK because Charlie is still trying to work out which end of the stick to use.

Fox wins the leg and prepares to "break". First he uses all his mathematical knowledge to consider angles, cushions, caroms etc. He whets his finger and holds it up to measure any breeze and adjusts for "Kentucky Wind-

age". He executes a fine break. "Foul, foot fault" yells Baker a the same time as the break. Bill says no foul, no yelling is allowed while a player is shooting. Baker argues, "in tennis we yell foot fault all the time to throw off a player's serve. Also they yell at quarterbacks in football and pitchers in baseball". Bill says, "Manor Rules, no yelling".

Play continues. Able tries to hit low on the cue ball for an easy six inch drop. He misses. A "whiff" calls Fox. Able states there is no such thing as a "whiff" in pool. Bill rules the shot didn't touch a cushion and it is a foul under Manor Rules.

Play continues, Baker hits a ball of the table and it hits Charlie who is still admiring his new cue stick. "Foul! He didn't call Fore" states Charlie

"Don't bring golf etiquette into this pool game" says Bill. "It should be loss of game but I'll give you "ball in hand" under amended Manor Rules.

Play continues. Now Fox sinks the last striped ball, and

the 8 ball, and his cue ball in the same shot. Fox goes into a victory dance and yells "we won", "No way" says Able, "Your cue ball also went in a pocket. You lose, our team wins" and he also does a victory dance.

With both teams dancing around the pool table in victory celebration, Bill declares that under Manor Rules all have won. And another evening of successful pool playing at the Manor has

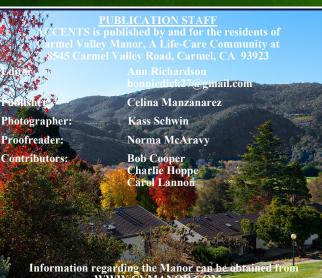
just been concluded. Anonymous



This Article was received as an anonymous joke. The editor consulted with all concerned and determined

that they were cool with the spoof. Its purpose here is to encourage residents to come join in the game. Everyone is welcome as either player or spectator. The facilities, at the rear of the pavilion near the Beauty Salon, are available every evening after dinner. The regular game takes place on Thursday evenings. Try it!

ASR



www.cvMANOR.com or from the Director of Admissions, Angie Machado. (831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED