

Sisters of Swing at the Manor



Ever wonder what happened to the swing sound of the Andrews sisters who were so popular during the war years of WWII and who continued to be much in demand until 1967? Happily, their music lives on. We are being treated to a performance by the great girl group, *Sisters of Swing*, on September 12th in the Meeting House. They will reproduce the swing sound of the Andrews sisters as well as some rhythm and blues, Jazz and contemporary works. The actress/singers who manage to deliver the vibrant music of the past and bring to life the favorites, LaVerne, Maxine, and Patti, are Teresa Parente, Ember Vaughn, and Stephanie Krystol. They are each vocal so-

loists in their own rights. The musical sound they have created as a group has been described as ðat once distinctive and deliciously familiar.

Program possibilities include: Bei Mir Dist Du Schön, Boogie Woogie Bugle Boy, and Don't Sit Under the Apple Tree. One reviewer claims that their energetic presentation, use of original arrangements and 1940s clothing (including stockings with seams) will take you right back to the glory days of Benny Goodman and Glenn Miller. Listening to the Swing Sisters as I write this, I'm right back in high school. So let's Dance!



Sandra Dewey

Toast to Broadway!



On Thursday, September 17 at five o'clock in the Lounge, Terry Hanson, Flute, and Kass Schwin, piano, will present a medley of songs from Broadway.

Collaborators over the past two years, Terry and Kass have performed several times at the Manor. On Thursday Sept. 17th, chairs will fill the Lounge and wine will be served. Those planning to start dinner at 5:30pm are asked to use the side exits during the performance. Everyone is encouraged to come to the Lounge for a nostalgic hour of familiar show tunes from the Fifties.

Terry Hanson began piano lessons when she was six. She was introduced to the flute when her daughter, now an attorney in San Mateo, started Eight Grade Band and brought one home. Terry was captivated at once. "Mainly," she says, "because the flute is about a hundred times easier to play than the piano," admitting that the piano is the greatest of all musical instruments. She presently studies flute with Karen King, who leads a flute choir in Monterey.

Kass plays a venerable Steinway baby grand piano ð her 60th birthday present to herself. She's been playing the piano as long as she can remember and took lessons for three years during middle school. Her teacher specialized in the classical composers; Kass plays all kinds of music, but Bach and Scott Joplin are her favorites.

Terry Hanson

EVENTS

SAT SEP 12 SPECIAL EVENTS – 7:15 – MH

The Sisters of Swing will return and bring back magical memories of the Andrews Sisters.

TUE SEP 15 MUSIC IN THE LIBRARY – 7:15

Rapsodie espagnole Maurice Ravel, Orchestra National de France Lorin Maazel, Conductor, Violin Concerto No. 2 in D minor, Op.44 Max Bruch, Itzhak Perlman violin, New Philharmonia Orchestra, Jesus Lopez-Cobos, Conductor, Solome: Tanz der sieben Veils, Richard Strausse, Berlin Philharmoniker, Herbert von Karajan, Conductor.

WED SEP 16 MOVIE – 7:15 – MH

"Voyage of the Dammed" In this film based on a true story, the Nazis load a luxury liner with Jewish refugees. When the ship arrives in Cuba, the passengers are refused entry. This is what the Nazis wanted to happen so they could "prove" that Jews were the most unwanted race on earth. Showed in honor of Betty Yager's 90th birthday. Betty's father, Morris Troper, is portrayed by Ben Gazzara.

THU SEP 17 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **South Bank**. Sign up on BB. Jorgen Carlsen will lead.

THU SEP 17 SPECIAL EVENTS – 5:00 – MH

Our Own Terry Hanson and Kass Schwin will play a duet on flute and piano.

TUE SEP 22 MUSIC IN THE LIBRARY – 7:15

Beginning with Borodin: String Quartet No. 2 in D; Followed by Schubert: Symphony No. 7 (8) in B Minor; and closing with Strauss II: Voices of Spring Waltz.

WED SEP 23 MOVIE – 7:15 – MH

"Deli Man" is a delicious little concoction. It is a consideration of the history of Jewish delicatessens and how it reflects Jewish culture in America.

WED SEP 23 ANNUAL CVM HEALTH FAIR – 10:30 – MH



The program will be chaired and directed by Dr Paul Tocquet, our Medical Director, and Chris Reagan ,R.N., Director of Nurses. The presentation will feature reports from all of our outstanding health care therapy and social services, and how our residents can access these services.

THU SEP 24 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Elkhorn Slough**. Sign up on BB. Jack will lead.

UPCOMING EVENTS

MON SEP 28 MONDAY MORNING FORUM – 10:30 – MH

Dr. Jan k. Black, is a professor of International Policy Studies at the Middlebury Institute of International Studies in Monterey, with areas of specialization that include comparative politics, US foreign policy, globalization, media and human rights. Since 1956, she has visited Cuba some 13 times conducting workshops and onsite courses on human rights. She has also conducted workshops in Chile and most recently Iran. A member of the board of directors of Amnesty International USA since 2011, she has traveled to more than 180 countries.

SUN OCT 11 DAY TRIPPERS GO TO THE GOLDEN BOUGH – 1:15PM

This Tony Award-winning musical comedy is hailed as one of the best-loved family musicals of all time. Oliver! brings to the stage some of Charles Dickens' best-known characters, along with one of Broadway's most memorable scores. Hit songs including "Consider Yourself", "Food Glorious Food", "Got to Pick a Pocket" and "Where Is Love", surround this exciting tale of Oliver Twist, the young orphan who escapes from servitude and joins the thieving Fagin and his band of young pickpockets. The show begins at 2:00, the Manor bus leaves at 1:15. Make checks for 23.40 payable to CVMRCDT and give to Mary Krecki by October 5.

IT'S OFFICIAL!
CVM IS A
TABACCO-FREE
ENVIRONMENT



NEW/SOON-TO-BE RESIDENTS

Cora Mae & Corkyö Duke	Leon and Sheila Cooper
Larry and Jan Finch	David and Linda Mackie
Lawrence and Ruth Rosen	William and Julie Obering
George and Josephine White	Ken and Sandy Rich
Melvin and Mary Britton	Freya White-Henry
Maxwell and Cynthia Chaplin	

Happy Birthday

September 11th 24

Dian Nelson	Betsy Breuleux
Else Korb	Lois Kettle
Bobbi Osterdock	Lee Chambers
Jitka Elton	Liz Skou

A Look at Los Angeles from 1892



Catholic Cathedral

A look at Los Angeles from the year 1892 to the year my Mother was born in Los Angeles. Her Mother, from Ireland, became a servant in New York when she first arrived in America at age 14.

Her Father was from Belgium and enlisted in the U.S. 6th Cavalry when he stepped off the ship in New York. He served from 1882 to 1887, becoming a citizen after the required 5 years. The two came West separately. Why is not known. They met while living in a boarding house on Ducommun Street, near where the Los Angeles Amtrak's Union Station is today. This area was populated mostly by working class people. It was, as it is today, a very busy industrial area, the employment center for freight trains, produce distribution center, commercial distribution center for the fashion industry and very near the future home of major companies such as Atlantic Richfield, Los Angeles Times, Security Bank etc.

My Father came to Los Angeles in 1913 or 14, after he graduated from Yale. He arrived in America in 1896 from Eastern Turkey, subjected to the first Armenian Genocide 1894 to 1896 when the Armenians were expelled from Turkey.

He was the youngest of 6, the first to graduate from high school and university. His engineering degree qualified him for a position with Pennsylvania RR, but he chose to come west to teach mathematics in the Public Schools. One of the oldest schools in Los Angeles was Polytechnic High School where he became a young addition to the math department. In those days, merit was rewarded, and, as he taught his children, work hard, play hard, follow the rules and you will make it. He made it. In the Summer he taught wood shop classes which he loved.

My Mother was a young high school graduate, studying music. She wanted to make a special music stand, so, living in the neighborhood of Poly High (Central Los Angeles) she walked into my Father's wood shop class. Together, they designed a double-sided stand with many custom features. We still have it in the family. She became a concert pianist, making her debut in Paris. She had family in Belgium, whom we still see. She lived in Paris studying under Monsieur Phillippe. When she returned to the U.S. they married.

I was so fortunate to have lived in Los Angeles beginning in the 1920s. Just like everyone else we had

little during the depression but we did not know we had little. Family was everything and so was neighborhood, made up of deposed Jews (Andre Previn for one), Spanish speaking people, blacks, Asians all safe because of a common value system. During WWII a submarine commander, with his wife and children, joined our neighborhood. He became a hero and was loved by all. He was lost in the Sea of Japan in 1944. Another neighbor was a fighter pilot who was lost somewhere in the Pacific and ultimately rescued. We had a terrific celebration when he arrived home.

We even went to each other's church services for Easter/Passover, Christmas/Hanukkah and celebrated New Years as a community.

We rode our bikes everywhere. Summer we could be found in the public library, in parks, playing every game which could be found on a playground, using the handball courts at the junior high to improve our tennis skills, hiking in the hills, learning to make our own clothes, to knit and purl, producing musical plays, making costumes from crepe paper, writing the scripts, singing the songs good grief as Charlie Brown would say was there more?

With several of my Junior High School classmates, we worked in the 5 and 10 cents stores as age-eligible workers were away winning WWII. What a great experience it was to sell, ring up a cash register, take inventory, help work the soda fountain, carry the key for the cash box, monitor the employee schedule and do anything the manager asked us to do.

My Dad built us a large swing set, with a climbing rope, and an adjustable high jump. We had a tetherball; roller skates which we loved; bikes which we sometimes crashed going too fast; played jacks, hopscotch by the hour, kick-the-can, even Hide-and-Seek; built 2 tree houses, cared for a desert tortoise, gold fish, a dog, planted a Victory Garden, made sure our rooms were clean, learned to drive, played the cello in the All-City Orchestra (until I broke my arm playing football no kidding): loved high-school varsities, body surfed you name it we did it ALL with the blessing of our parents. They were there but not Physically.



Santa Monica 1900

Having little was Having Everything!!!!!!! We had that and more.

Jeanette Dippell

Cappuccino Anyone?



At a meeting of the Dining Services Committee on August 26 Helen White outlined plans for a new gathering spot at the Manor that may remind some residents of a European-style coffee house.

From 6:30AM until 5PM starting in mid October, residents will be able to visit a new coffee bar in the casual dining room and, with a push of a button, draw a cup of cappuccino, latte, espresso (decaf or regular), hot chocolate or other drinks prepared by a versatile, powerful coffee maker Helen has ordered.

Several tables during these hours will be set aside for residents to relax, trade gossip, read a newspaper or simply seek a caffeine fix.

The coffee bar, which will be equipped with necessary electrical and plumbing connections during the next few weeks, will be located near the far wall of the casual dining room to the left of the piano.

During the day drinks will be available via self service. At meal time cappuccino and the other specialty drinks will be served on request by our wait staff. Once the new coffee bar is operating the coffee bar near the Game room will be retired.

Helen said that beginning next month òSherry Nightö will be shifted from Thursdays to Saturday night. Meanwhile she said the impromptu, pre-dinner cocktail setup bar in the Lounge is continuing to draw a steady clientele.



Helen White

A New Trio of Paintings in the Manor

Through a bequest to the R.O.S.E from Marilyn Tully, a former resident of the Manor, Three new paintings have been acquired and now hang in our lounge.

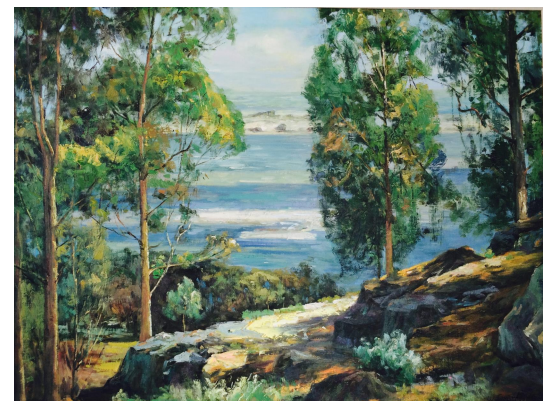
All three are by Andy Williams, a local artist. He titled one òStill Standing.ö It is a painting of a sycamore tree in Toro Park. The Valley is full of sycamores as well and we have several here at the manor. Unfortunately, we always chop the new branches off in the Fall so they never achieve the full glory that could be theirs.

òSpring swell at Rocky Pointö is an image of the ocean hitting the rocks at Rocky Point. You can see this from our local restaurant there.

òSpring at Elkhorn Sloughö must be a familiar image to the Half-Fast Walkers. Elkhorn Slough is known to walkers and birders alike as well as to kayakers.

Try to discover the mysterious and secret face that looks out at you. It must be the òOld Man of the Seaö come to retire at the Manor.

May Waldroup



ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 8-9 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Java w/Jane (3rd) (9/17)PL	9:30AM
	Duplicate Bridge GR	1:00PM		Adv. Water Exercise SP	9:30-10:15AM
	Table Tennis MH	2:00-4:00PM		Table Tennis MH	2:00-4:00PM
	Dominoes (9/21) GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
TUES	Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from Sep. 11)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM
WED	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Advanced Exercise MH	11:00-11:45AM		Wine Dinner Group (2nd) PDR	5:30PM
	Strength Circuit Training FC	11:00-11:45AM		Music on the Menu DR. (Sep. 19)	5:30-7:15PM
	Communion Service (3rd) WP	11:15AM			
	Movie Night (1st, 3rd & 4th) MH	7:15PM			

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	GR Game Room	H Hillcrest
HC Health Center	HG Hall Gallery	L Library	MH Meeting House
PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge	SP Swimming Pool
WP West Parlor	BB Sign-up and/or Information on Bulletin Board		

LABOR DAY AT THE MANOR



Apps for Adjusting Hearing Aids



"App" is the abbreviated term for "application." An "app" is simply a software program for a mobile device like a smart

phone (iPhone®), tablet (iPad®), or handheld music player (iPod®). Apps perform a variety of functions and allow you to customize a device.

Siemens has released an App for android devices. The Siemens miniTek Remote App turns a smartphone into a remote control to adjust the settings of the hearing aids.


GN Resound has released a similar App called Re-SoundControl. **GN Resound** has also released the Smart App for Resound LiNXi hearing aids.

Phonak has released an App for treating tinnitus called The Tinnitus Balance App.

Opticon has released the Alta Diary App and the ConnectLine App for smart phones and tablets. The Alta Diary App enables the Alta user to rate various listening situations and send the audiologist feedback. The ConnectLine App allows users to stream the audio of an iPhone directly to both hearing aids.

There are also apps that enable a smartphone to perform like a generic hearing aid, help with tinnitus, and provide captioning.

From: Appalachian Audiology's Green Team Initiatives.

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Contributed by Rob Cooper

SAN BENITO RODEO



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