

FORTNIGHTLY PUBLICATION - JUNE 5 - 18, 2015

Memorial day at the Manor



We met at the putting green and watched the fun as golfers competed. The Bloody Mary bar opened in time for awards. Next came the beautiful memorial poem, õIn Flanders Fieldsö recited by Mel Blevens. His emphasis of the second verse was most moving. Otto Neely played the strong, mournful farewell. Boy Scouts from the local troop led us in the pledge of allegiance that followed and joined us at tables in the dining room for a huge barbeque . It was a pleasure to have these young men here as part of our memorial. (Our Centenarian, Bob Corson, is pictured with Boy Scouts and as a scout in his youth) It was an afternoon of bridge, lawn bowling and an amusing movie.

Thanks to Ramona Smith for planning a perfect day and Mel Blevens, Otto Neely, Jack and Kay Enbom, Peggy Smith, Clare Riggs and our amazing staff who worked to make it happen.

EVENTS

TUE JUN 9 MUSIC IN THE LIBRARY – 7:15

Beginning with Haydn: Symphony No. 7 in C Major ó õLe Midiö; Followed by Mendelssohn: Piano Concerto No. 1 in G Minor, Op. 25; and closing with Ralph Vaugh Williams: The Lark Ascending, Romance for Violin and Orchestra.

WED JUN 10 HEALTH FORUM – 10:30 – MH

The HAC will update all Manor residents with a program on Memory Loss and Dementia. Dick Wheat, MD and Bill Zika, PhD, will talk about the current status of the dementias, from mild cognitive impairment to Alzheimer disease plus discuss the role and needs of our residents ocaregivers.

WED JUN 10 MOVIE - 7:15 - MH

"American Sniper" Clint Eastwood has directed a war film that is a laudatory biography of Chris Kyle, the most leather in American history, but is, also, a review of the warrior mentality.

THU JUN 11 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to Lovers Point West. Sign up on BB. Jim Riesenfeld will lead.

TUE JUN 16 MUSIC IN THE LIBRARY – 7:15

Glazounovøs Concert Waltz No. 1; Respighiøs õAdagio con variazioniö played by Mischa Maisky, Cello; a duet from õDer Rosenkavalierö sung by Teresa Stich-Randall and Christa Ludwig; and closing with Mozartøs Piano Concerto No. 9 õJeuneHommeö Played by Mitsuko Uchida.

WED JUN 17 MOVIE – 7:15 – MH

"Paddington" Highly enjoyable family film. Nice comic performances from Hugh Bonneville, Sally Hawkins, and Nicole Kidman.

THU JUN 18 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Pfeiffer Big Sur.** Sign up on BB. Lee Chambers will lead.

A Reminder to our New Residents

Bus transportation to the Monterey Symphony Concerts, at the Sunset Center in Carmel, is available for the Saturday evening concert and Sunday matinees. Tickets are also available for purchase at the box office.

If you would like to ride the Manor Bus to any one of the concerts, please sign up on the Bulletin Board notice, or call Julia Wilson (X4782) for Saturday Evening or Ruth Louis (X4772) for Sunday Matinees if you need further information.

UPCOMING EVENTS

WED JUN 24 DAY TRIPPERS GO TO ELK-HORN SLOUGH SAFARI – 8

Join us on a guided adventure up Elkhorn Slough, one of California's largest wetlands, see and photograph playful sea otters, harbor seals and hundreds of migrating birds, In a relaxing stable pontoon boat. Tour will leave the Manor parking lot at 8:00AM, tour starts at 9:00AM from Moss Landing. Tickets are \$35 each. Tour takes one and a half to two hours. Make checks payable to **CVMRCDT** by June 8 and send to Mary Krecki.

SAT JUL 18 DAY TRIPPERS GO TO MOSS LANDING – 10:30

Monterey Bay Aquarium Research Institute is holding its annual open house. Bus leaves the Manor at 10:30AM. No Charge, Lunch on your own.



Saturday June 27 Day Trippers go to õSaddle Horse Show and Rodeoö at Balodo Park, Hollister. This annual event features local cowboys and cowgirls. See Bulletin Board for signup. The Manor bus departs from the Manor at 11:00AM and will leave the Rodeo no later than 3:30PM, lunch will be on your own. Make checks payable to CVMRCDT for \$10.00 by June 15.

This is always a lot of fun, from cutting horses to broncos! There is a museum

there too, with history of San Benito County.

If you want to know more, talk to Lari Newberry or me. We were both raised nearby and I know the Rodeo has been there for 70 or 80 years!



Nancy Downey

NEW/SOON-T	O-BE RESIDENTS
John Hill and Sam	m MacMurdo 10-A
Mary Seiersen	14-E
George and Joseph	ine White 31-A
Larry and Jan Fine	h 2-E
William and Julie	Obering 19-B
Cora Mae õCorkyö	Duke 10-C
Lawrence and Rutl	n Rosen 27-A
Melvin and Mary I	Britton 12-A
Maxwell and Mary	Chaplin 20-C

Happy Birthday								
6/7	Sue Blois	6/14	Gunhild Beardwood					
6/13	Kristine Schuyler	6/16	Monta Haisley					

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities (C 8-9 Residents' Handbook)

		`		,	
MON	Chair Exercise MH	8:30-8:45AM	<u>THUR</u>	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM	**	Java w/Jane (3rd)PL Cancelled 6/18	9:30AM
	Duplicate Bridge GR	1:00PM		Adv. Water Exercise SP	9:30-10:15AM
	Table Tennis MH	2:00-4:00PM		Table Tennis MH	2:00-4:00PM
	Dominoes (6/15) GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
TUES	Chair Exercise MH	8:30-8:45AM	FRI	Chair Exercise MH	8:30-8:45AM
**	Council Meeting (2nd) CR (JUNE 9)	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from June. 19)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	SAT	Chair Exercise MH	8:30-8:45AM
WED	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Advanced Exercise MH	11:00-11:45AM		Wine Dinner Group (2nd) PDR	5:30PM
	Strength Circuit Training FC	11:00-11:45AM		Music on the Menu DR. (June 13)	5:30-7:15PM
	Communion Service (3rd) WP	11:15AM		Movie Night (4th) MH	7:15PM
	Movie Night (1st, 3rd & 4th) MH	7:15PM			

New

LOCATION LEGEND

DR Dining Room

HG Hall Gallery

GR Game Room H Hillcrest Library **MH Meeting House** PL Pavilion Lounge SP Swimming Pool

**Notice items in red

HC Health Center PDF Private Dining Room PG Putting Green WP West Parlor

CR Conference Room(s)

BB Sign-up and/or Information on **Bulletin Board**

Putting and Lawn Bowling: Memorial Day



with 36 at the end of 18 holes. Jack Borsting won on the first playoff hole. Mike Smith and Jack Enbom tied for third place. Curt Hussey aced the menøs long putt followed by Jack Enbom in second and Gerald Williams in third place.

After lunch, seven lawn bowlers competed as two teams of two and three bowling individually. Jack Davis and Peggy Smith won the team bowling and Madeleine Wood won the individual lawn bowling matches.

Jack Enbom

Twenty-five participants, nine women and sixteen men, putted around the turf on Memorial Day. Kay Enbom won both the 18 hole women sputting with a 36 and also was closest to the pin on the womengs long putt. Arden Hoppe was second and Madeleine Wood and Diane Nelson tied for third in the 36 hole putting with Ramona Smith in second place and Trudie McEwen in third place in the long putt contest.

In menøs putting, Jack Borsting and Jack Ford were tied



Computer Stuff: the trouble with passwords



computer problems. So I can say with certainty that many of these problems involve passwords. I can also say that I too have password problems from time to time. My approach has been to write them down in a little 80 page notebook ó Igve filled it up from front to back;

and then more than 50% of the way from the back to the front. And of course I we had to update many of these passwords, so itos pretty messy.

In we been reluctant to use the password security application available from NORTON, for free if you are using COMCAST internet (most folks at the Manor do use Comcast). It is a good application and Otto Neely uses it, so Imm probably just too compulsive about passwords. I just think that so many people use it that it must be a big target for hackers. Nevertheless I keep looking for something better.

Here a brief description of the key elements in two

Folks ask me to help them with their new products that look interesting and represent the direction the marketplace seems to be going.

> First: a mechanism to store each password you own along with all the related info, your personal identification items (name, birthdate, phone number, address); the account (organization, store) that the password is for; security question answers (e.g. name of your favorite dog, grandmotherøs maiden name); alternate means of communication (cell phone, a second email account). Does that mean no more note book? Probably not, but at least you dongt have to go pawing thru your messy notebook all the time. AND it will update passwords for you.

Second: powerful encryption each time you use one of your passwords, so no two passwords transmitted are ever the same. I need to explain public key encryption here but I wongt. Igll just say that AMAZON gets your correct password at their end with some magic in the middle that does not allow it to be seen anywhere on the network in between.

Rob Cooper

New Procedure!

All Monday Morning and Medical Forums are recorded when a Library Worker is on duty, and check it out on a on a CD. Previously, residents who wished to hear a recording would sign up on the bulletin board. The recording went to the first person on the list who would give it to the second and so on. This system has not been working, so, from now on, all recordings will be in this system works better than the previous one. If you the custody of the Library. If you wish to hear a recording, go to the Library between 10AM and 12AM

blue card. If the recording you want is unavailable, the Library Worker will take your name, and you will get a call when the recording has been returned. Promptly returning recordings that you check out will assure that have questions, call Charlie or Arden Hoppe at X4865



ADDRESS SERVICE REQUESTED