

The First Annual Fashion Walk



Shirley Retzler, Chairperson of Sewing and more, mapped a fascinating Fashion Walk which she invited residents to attend on February 26. It began with the weaving display in the gallery, an exhibit to which Kate Latimer added real meaning with her essay in the last issue of Accents. The weaving exhibit was stylishly mounted and brought to mind the art and design qualities that go into a piece of hand woven fabric. And the patience!

The walk moved on to a glass case where exquisite jewelry, crafted by Shirley, was on display. Her designs were unique, true elegance. The line of earrings at the top of the case had most attractive bangles that made many of us yearn. Everyone was attracted. There was usually a crowd around the case, from residents to grandchildren! The appeal of the sleek silver called out.

Next we moved to the ROSE, our own slightly used emporium for gorgeous garments of all kinds and intriguing things, some handmade as well. You see window shoppers at the ROSE daily. This is because May Waldroup's smartly arranged displays are worthy of the best anywhere, from San Francisco to New York to Paris.

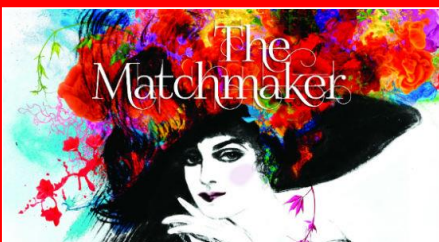
One turn down the hall from the ROSE, beaders worked carefully making jewelry and having fun in the process. Their high spirits were going directly into that which their fingers created. Lee Chambers' photograph says it all!

After that it was down Fashion Lane to the Sewing room. There were exemplary garments on a rack outside the door. The room itself, properly designed by the in-

structor*, was redecorated for the occasion by Shirley Retzler. She photographed residents, friends and families, wearing clothing that was created by resident members of the sewing group. After taking the pictures, she matted them and lined them up on one wall. On another wall she placed the rest of the pictures and a large sign that read "Fashion Sewing". There are 20 photos. The room, large and light, is now efficiently arranged as a workroom and embellished by photographs that exemplify the creativity that goes on there. It looks great.

Congratulations to Shirley and all those who worked to give us our own fashion event so cleverly. Let's make it annual!

**Sewing is offered on Thursdays from 9:30am to 3:30pm through the local Adult Education Program in cooperation with Carmel Valley Manor. The instructor, Anita Nolls, is greatly admired by residents and students in the course. If you are interested in joining the group, call Shirley Retzler for details.*



***** Reminder*****

Readers' Theater "The Matchmaker"
7:15PM at the Meeting House

EVENTS

SUN MAR 15 DAY TRIPPERS GO TO THE OPERA

The Carmel Music Society is once again bringing OPERA SAN JOSE to the Sunset Center. The program will be excerpts from six of Mozart's best known and loved Operas. Manor Bus leaves at 2:30PM.

MON MAR 16 SYMPHONY PREVIEW – 11:00 – L

Our delightful Todd Samra will review the Monterey Symphony programs of Saturday and Sunday, March 21st and 22nd. You'll enjoy Todd's preview even if you don't plan to attend a performance!

TUE MAR 17 MUSIC IN THE LIBRARY – 7:15

Beginning with Mozart: Bassoon Concerto in B Flat Minor; Followed by Beethoven Piano Sonata No. 5; Followed by Copland: El Salon Mexico; and closing with Greig: The Last Spring.

WED MAR 18 MOVIE – 7:15 – MH

"Force Majeure" On a ski holiday in Switzerland a man's selfish reaction to the danger posed by an avalanche causes cracks in his marriage and his relationship with his children.

THU MAR 19 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Garland Park**. Sign up on BB. Lee Chambers will lead.

MON MAR 23 MONDAY MORNING FORUM – 10:30 – MH

Dr. Jay Keyworth, former science advisor to president Reagan and director of the White House office of science and technology, will talk about "The Middle East: current day deterrence and the Israel/Iran Dilemma"

TUE MAR 24 MUSIC IN THE LIBRARY – 7:15

Wake up to Wagner's "Ride of the Valkyres", then enjoy Wynton Marsalis trumpeting "Carnaval in Venice" followed by a Chopin Nocturne, an aria from Berlioz's "Les Troyens" sung by Helen Hunt Lieberson, and closing with Elgar's Cello Concerto played by Jacqueline du Pre.

WED MAR 25 MOVIE – 7:15 – MH

"The Theory of Everything" A healthy, active young man, Stephen Hawking, receives the diagnosis that he suffers from a serious disease. With his wife Jane, he fights to find a cure.

THU MAR 26 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Nicene-Mark Park**. Sign up on BB. Harry Hanson will lead.

NEW/SOON-TO-BE RESIDENTS

Billie Musante	16-D
George and Josephine White	12-C
Larry and Jan Finch	2-E

Happy Birthday

03/15 Lydia Hedin	03/20 Joan Rosen
03/16 John Argall	03/21 Mary Kay Crockett
03/18 Robert Johnson	03/24 Elizabeth Bechtel
03/19 Nancy Mitchell	03/26 Rosalie Higgins

UPCOMING EVENTS

WED APR 1 MOVIE – 7:15 – MH

"St. Vincent"

WED APR 8 DAY TRIPPERS TAKE THE SANTA CRUZ ARBORETUM TOUR – 10

Featuring gardens and native plants from South Africa, Australia, California and Mediterranean parts of the world. This time of year it is alive with two breeds of humming birds seeking dominance. Bus leaves at 10:00AM. Sign up on BB and send \$10.00 check made out to CVMRCDT to Nancy Downey by April 3.

SUN APR 26 DAY TRIPPERS GO TO BEACH BLANKET BABYLON – 2

Are you ready for this? "Famous" Manor bus leaves at 9AM for San Francisco. Trip includes transportation and your ticket. Lunch on your own at nearby restaurant.

LEPRECHAUN TIMES



Please note: We are in for a treat on St Patrick's Day during dinner. The dinner will be special, of course, and along with it we will have a helping of Irish music. Residents will hold the microphone and render songs and music that will make you want to go back to the auld sod even though you never came from there.

Ed Retzler planned the program.

Half-Fast Walkers at the Pinnacles West



ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 8-9 Residents' Handbook)

MON	Chair Exercise MH 8:30-8:45AM Fall Prevention Exercise MH 8:45-9:00AM Monday Morning Forum (4th) MH 10:30AM Advanced Exercise MH 11:00-11:45AM Duplicate Bridge GR 1:00PM Table Tennis MH 2:00-4:00PM Dominoes (3/23) GR 7:15PM	THUR	Chair Exercise MH 8:30-8:45AM Half-Fast Walkers 9:00AM Java w/Jane (3rd)PL 9:30AM Adv. Water Exercise SP 9:30-10:15AM Table Tennis MH 2:00-4:00PM Bingo (2nd & 4rd) GR 7:15PM
TUES	Chair Exercise MH 8:30-8:45AM Council Meeting (2nd) CR 9:30AM Tai Chi MH 9:30-10:00AM Adv. Water Exercise SP 9:30-10:15AM Worship Services (1st) H 10:30AM Communion Service (3rd) HC 10:30AM Lawn Bowling PG 1:15-3:15PM Sing For Fun (1st & 3rd) WP 2:30PM Music In The Library L 7:15PM	FRI	Chair Exercise MH 8:30-8:45AM Fall Prevention Exercise MH 8:45-9:00AM Tai Chi MH 9:30-10:00AM Bookmobile 1:00-1:45PM (Every other Friday from Mar. 13) Lawn Bowling PG 1:15-3:15PM Social Bridge GR 7:15PM
WED	Chair Exercise MH 8:30-8:45AM Fall Prevention Exercise MH 8:45-9:00AM Advanced Exercise MH 11:00-11:45AM Communion Service (3rd) WP 11:15AM Movie Night (1st, 3rd & 4th) MH 7:15PM	SAT	Chair Exercise MH 8:30-8:45AM Adv. Water Exercise SP 9:30-10:15AM Putting (2nd) PG* 10-11:30AM Wine Dinner Group (2nd) PDR 5:30PM Music on the Menu DR. (Mar. 21) 5:30-7:15PM Movie Night (4th) MH 7:15PM

* New

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	GR Game Room	H Hillcrest
HC Health Center	HG Hall Gallery	L Library	MH Meeting House
PDF Private Dining Room	PG Putting Green	PL Pavilion Lounge	SP Swimming Pool
WP West Parlor	BB Sign-up and/or Information on Bulletin Board		

Chamber Music Players

Meeting House March 28 7:30pm



Chamber music players from Youth Music Monterey County will perform in a private concert for us on March 28. These young people work to offer a polished professional presentation of a musical genre that is demanding even for adults. Their director is Erica Horn. They perform in schools in the south county and bring their ensemble to retirement communities as well. We are fortunate to be one of the places selected to entertain. Come to hear the young musicians play and simply to enjoy the sound of music beautifully presented.

Regional Writings of the United States

The literature of the U. S. has distinct features in each region: topics, tones, styles, characters and dialects that reveal the various idiosyncrasies, values, and interests of the country. Please join Dr. Renee Curry in this 4-week workshop to explore the terrific nooks and crannies of regional literature in America. We'll read the short stories of Edith Wharton and Henry James (New England); Flannery O'Connor, Eudora Welty, and Alice Walker (the South); Erika Wurth (Midwest); Anthony Doerr (Northwest); Rudolfo Anaya (Southwest); and, Raymond Carver (West). We'll meet from **1:00-3:00 on Friday afternoons: March 20, March 27, April 3, and 10 in Conference Room A.**

Pat Hughes



Lari Newbury

It seems possible that Lari Newbury was born with a travel bug flowing through her veins. We'll get to that.

Lari was born in Fresno and lived on a cattle ranch. She went to a one room school house. She was the only graduate from the 8th grade which allowed her to give the Valedictorian speech about the Constitution.

Her family moved to Carmel when her father became Superintendent of Schools in Carmel. Lari went to College of Pacific in Stockton where she met her husband. She let him know that she intended to become a stewardess and would be away for extended periods. In

the 50s she joined Pan Am instead of United because Pan Am flew internationally. Southeast Asia and the South Pacific were her destinations. She flew in a four engine Stratocruiser (prop); it was the height of luxury at the time. Everything was first class. No knees in your mouth. The only problem was that a flight, with layovers, could last 28 fun days. Lari has written a short book about her flying years called "And I have a Hat, Too!" It is available in the Our Own section of the library. It's a fun read.

When Lari became the mother of two girls, her stewardess days were over. Later, she and her husband owned a busy travel agency in Mountain View for 25 years. Again she was traveling. Her most famous client was Luciano Pavoratti.

Lari has enjoyed skiing and swimming. She still likes to travel to Asia and will be going soon to Hong Kong and Japan with her daughter. In the summer she will cruise the South Pacific Islands. Because of her profession, she has visited 130 countries! Both daughters live nearby. Lari's husband of 59 years passed away 4 years ago. She lives with her energetic Bichon, Rennie.

Kay Enbom

The Stories

The stories flow each meal we share.
I'm always glad I end up being there.
They make this place and the people here
something for which we all can cheer.
They range from where you and I have been
To how we got here, what we've done and seen.
Actually that is just the beginning of it,
Since every story shared is like a light that's lit,

Showing each of us more and more of who we are,
Making each table a ring of stars.
It makes the food and life itself taste better.
For without the stories we would live in fetters.
The stories make Carmel Valley Manor a joyful place
to be
Where all our lives are loved and lifted as all of us can
see.

George Wilson

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