

Gala New Years Eve Event Celebrating the New Year and honoring Joan Smith on her 100th Birthday



This year, when the twenty-first century turns sweet sixteen, we will have a cause for double celebration, the arrival of the year 2016 and the 100th birthday of our amazing independent living resident, Joan Smith. We will begin with cocktails in the lounge early on at 5 o'clock and continue to a special dinner in the dining room where we

will toast Joan in appreciation of all she has contributed to our lives here and to others in the past.

We will dance in the new year to the piano music of Jack O'Neal during dinner. We can play games in the lounge after dinner and await our own traditional midnight at 9pm!

For those who do not already know Joan it is appropriate to offer a brief description of her very active life. Everything you read about her uses the word "amazing" and it is hard to understand how she fit it all in. Joan came to California from Denver, attended Mills College and went on to graduate from California at Berkeley. After college she learned to proofread while covering East Bay Society as a stringer for the San Francisco Chronicle. Just before and during World War II (1942 to 1948) she worked with the Red Cross. She was Director of Services in Veterans Hospitals for the Pacific Region, which covered seven western states and Alaska!

One evening Joan opened the door to a gentleman caller seeking her roommate and knew instantly that he was the man for her. She married William Blair Smith in 1947. (Joan denies accusations of snaring her roommate's boyfriend.) Bill was a publisher's representative and she

travelled all over with him on business until the arrival of a baby boy.

The new family did not slow her down one bit. She became a professional book reviewer in the Bay Area and taught contemporary literature in Adult Education classes in Oakland.

She offered volunteer services to many community organizations and continued to do so when she moved to Carmel Valley.

Joan has been at the Manor for 34 years now and has been on almost every committee from food to drama. She has served as secretary, vice-president and president of the Residents Council. She also has enjoyed travel to almost everywhere!

I call Joan "Grande Dame of Letters" because she loves books, is reputed to read a book a day, constantly takes care of the library and can spot a misspelt word faster than spellcheck. No lover of computers, she takes an interest and is first to try what's new, witness the café coffee machine. She is a rich resource in regard to the Manor and has written its history frequently. And there are more chapters left

See you at the double Gala on New Years Eve.
ASR



EVENTS

SAT DEC 19 SPECIAL EVENTS – 7:15PM – MH

The Manor Players under the direction of Pat Hughes will present Dickens' Christmas Carol with singing.

SUN DEC 20 DAY TRIPPERS GO TO THE HIDDEN VALLEY THEATER – 1:45PM

"The Gift of the Magi" is a lyrical musical setting of one of the most touching short stories ever written, the beloved classic by O. Henry, a tale of giving and receiving. Taking place on Christmas Eve, and set in the run-down urban apartment of Jim and Della. The lovestruck couple endeavor to find the perfect gift for each other, a gift that neither one can afford. Bus leaves the Manor at 1:45PM.

TUE DEC 22 MUSIC IN THE LIBRARY – 7:15

A traditional program of Christmas music including Bing Crosby singing "White Christmas," and "O Holy Night" sung by Pavarotti.

WED DEC 23 MOVIE – 7:15 – MH

"Love Actually" Follow the lives of eight very different couples in dealing with their lives in various interrelated tales set during a frantic Christmas in London, England.

THU DEC 24 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Asilomar South**. Sign up on BB. Jim Riesenfeld will lead.

TUE DEC 29 MUSIC IN THE LIBRARY – 7:15

La Belle Helena-Overture, Jacques Offenbach, Boston Pops Orchestra-Arthur Fiedler, The Incredible Flutist, Walter Piston, Boston Pops Orchestra-Arthur Fiedler, Tales from the Vienna Woods, Johann Strauss, Wiener Philharmoniker-Willi Boskovsky, Traumerei Franz Schumann-Budapest Strings, Swan Lake-Pas de Deux, Peter Ilyich Tchaikovsky, Sir Charles Mackerras-Royal Philharmonic, Blue Danube Waltz, Johann Strauss II, Vienna Strauss Orchestra-Joseph Francek.

WED DEC 30 MOVIE – 7:15 – MH

"The Holiday" Two women, troubled with guy problems, swap homes in each other's country where they each meet a local guy and fall in love.

THU DEC 31 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **South Bank**. Sign up on BB. Ramona Smith will lead.

NEW/SOON-TO-BE RESIDENTS

Lawson and Joan Adams	William and Julie Obering
Melvin and Mary Britton	Ken and Sandy Rich
Leon and Sheila Cooper	Jane Uppe

Happy Birthday

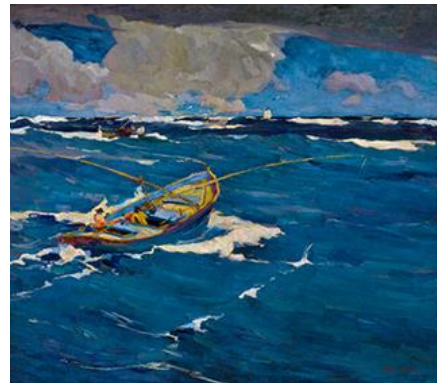
December 18 ÷ 31

Mary Vaughan	Pat Houghes
James Didion	Jody Myers
Elly Mark	Joan Smith
Bill Kern	Betty Hughes

UPCOMING EVENTS

THUR JAN 14 DAY TRIPPERS GO TO THE MONTEREY MUSEUM OF ART– 1:15PM

Armin Hansen Exhibit "The Artful Voyage" Armin Hansen is one of the Monterey Peninsula's iconic painters who is celebrated for his bold and expressive depictions of heroic men and the sea. Hansen captured the raw power and vitality of the Pacific Ocean and those who sailed it. Our favorite docent, Mary Hill, will show us around and serve tea and cookies. Bus leaves the Manor at 1:15pm and will return at 3:00pm. Send check for \$10.00 made out to "CVMRCDT" to Nancy Downey by January 8th.



Christmas Dinner

Holiday Manor House Salad Bowl

Fresh Diced Fruit Bowl

Cheese and Fruit Platter

Assorted Breads, Rolls and Crackers

Sliced Cold Cuts:

Chicken, Ham, Salami, Roast Beef

Traditional Condiments

Horseradish Cream

Smoked Salmon with Traditional Garnishes and Mini Bagels

Grilled vegetable Platter

Dessert Buffet:

Christmas Cookies and Chocolates

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*

(C 8-9 Residents' Handbook)

<u>MON</u>	Chair Exercise MH	8:30-8:45AM	<u>THUR</u>	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Table Tennis MH	1:15-3:15PM
	Dominoes (12/14) GR	7:15PM		Bingo (2nd & 4rd) GR	7:15PM
<u>TUES</u>	Chair Exercise MH	8:30-8:45AM	<u>FRI</u>	Chair Exercise MH	8:30-8:45AM
	Council Meeting (2nd) CR	9:30AM		Balance and Stretch MH	9:15-9:45AM
	Adv. Water Exercise SP	9:30-10:15AM		Strength Circuit Training FC	11:00-11:45AM
	Worship Services (1st) H	10:30AM		Bookmobile	12:45-1:15PM
	Communion Service (3rd) HC	10:30AM		(Every other Friday from Dec. 18)	
	Lawn Bowling PG	1:15-3:15PM		Lawn Bowling PG	1:15-3:15PM
	Sing For Fun (1st & 3rd) WP	2:30PM		Social Bridge GR	7:15PM
	Music In The Library L	7:15PM	<u>SAT</u>	Chair Exercise MH	8:30-8:45AM
<u>WED</u>	Chair Exercise MH	8:30-8:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Balance and Stretch MH	9:15-9:45AM		Putting (2nd) PG	10-11:30AM
	Java w/Jane (3rd) (1/20)PL	9:30AM		Wine Dinner Group (2nd) PDR	5:30PM
	Advanced Exercise MH	11:00-11:45AM		Music on the Menu DR. (Dec.26)	5:30-7:15PM
	Strength Circuit Training FC	11:00-11:45AM			
	Communion Service (3rd) WP	11:15AM			
	Movie Night(1st, 2nd, 3rd & 4th)MH	7:15PM			

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	GR Game Room	H Hillcrest
HC Health Center	HG Hall Gallery	L Library	MH Meeting House
PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge	SP Swimming Pool
WP West Parlor	BB Sign-up and/or Information on Bulletin Board		

The Tularcitos Kindergarteners Angel Choir came and sang for us Angelically



Merry Christmas



NOW HEAR THIS



Your batteries can last up to 85% longer by letting them sit out 5 minutes with the sticker off, prior to inserting into the hearing aid?

An eighth grader makes an unexpected discovery while working on a science fair project: how to extend the life of a hearing aid battery.

What the boy uncovered is that hearing aid batteries can last up to 85 percent longer when left exposed to oxygen before being inserted into the hearing aid itself.

“I didn’t dream or anything that this would become like this,” said Manuell, discussing the accolades he has received in the wake of his findings.

When Ethan’s teacher, Mrs. Omland, assigned her students the task of creating a project for the school science fair, Ethan says it sparked his interest. So the 14-year-old turned to his toy box for some plastic battery operated bugs that he converted to work with hearing aid batteries.

“It’s a robotic bug – all it does is vibrate,” explained Ethan as he showed off his experiment. What he found has created a buzz loud enough to be heard across cyberspace. Using his vibrating toy bugs, Ethan discovered that zinc hearing aid batteries, which come with a tab or sticker attached to the back of them, last longer the longer they are exposed to air after removing the tab.

Some hearing aid battery packets, in microscopic print, do warn that for best results the battery should sit untabbed for one minute, others offer no instructions at

all. But by carefully monitoring how long the batteries lasted in the toy bugs, after being left un-tabbed for various amounts of time, Ethan came up with his five-minute rule. “If you wait five minutes, you’ll get the longest battery lifespan,” he said.

Ethan, who has worn a hearing aid in his left ear since the age of four, got the idea for his experiment when visiting with his audiologist, Dr. Mary Meier, at Olmsted Medical Center.

“I keep telling my patients about it,” said Dr. Meier, “I’m just so proud of this kid.”

Dr. Meier and other audiologist at Olmsted have been using Ethan’s Discovery to help their patients save money on hearing aids.

“It’s in our written information when we do a fitting,” she said. “In the real hearing aid world, it’s translating to hearing aids, the battery in the hearing aid lasting one to two days longer, which is a huge impact for people wearing hearing aids because the batteries typically only last five to seven days as it is, so if you can increase it by another day, that is huge.”

Seven million Americans wear hearing aids and it’s estimated Ethan’s discovery could save the average hearing aid wearer about \$70 a year.

From his local school science fair, Ethan went on to regional’s, and eventually the state competition. At each stop, his five-minute rule has received accolades. He even won a prestigious U.S. Naval Science Award. Not bad for a kid who said he only had one goal when his project began – get a good grad in science.

Anne Bell

PUBLICATION STAFF

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