FORTNIGHTLY PUBLICATION - OCT 23 - NOV 5, 2015

Laura Taylor Cabaret

October 24 Meeting House 7pm



Laura Taylor is coming to entertain us with her amazing singing voice and distinguished personal style. She came last year for a cabaret presentation of Johnny Mercerøs songs taken from her album, õHave Mercer on Meö. Again this year we will have a cabaret with Laura as vocalist, Bob Phillips on piano and Dan Robbins on bass. Lauraøs vocal range and effortless style of deliv-

ery are astounding. Mercerøs songs cover an era of our lives and Lauraøs voice took us back there. That was the epitome of the nostalgic musical presentation.

This year she is going further with a blockbuster treat. Laura will include some of Frank Sinatra® songs in recognition of his one-hundredth birthday. Laura can transport us to that place where we danced slowly and certainly were not worried about spectators. Her delivery, slick at times, is singularly direct, right to each of us like Sinatra, the old master himself.

How does she do it? Her parents were musicians and encouraged her to follow her dream of a musical career. Like many professional singers, she started by studying opera with Professor Robert Powell of the Cincinnati Conservatory. He met an untimely death while Laura was still in her teens. She then entered early into a career of commercial and studio work plus performances in small clubs. A record deal with Criteria Studio@ Good Sounds Records took her to Miami and brought her recognition there from celebrity singer Tony Bennett who is said to have admired every note she sang. Laura also recorded a song she wrote, õDancinøin my Feetö, with the Bee Gees as backup. The song rose to number four on Billboardøs national disco chart. Her work in the recording studio earned her two platinum records and Diana Ross recorded one of Laurage songs as well.

Having established herself as a singer with a promising future, Laura formed the Laura Taylor Trio and moved to New York where she performed at the St Regis Hotel and the Oak room of the Plaza. She had a six-year contract with the Waldorf and was a big hit in both settings. Her next move was on to Las Vegas where she opened for comedian Don Rickles and continued her career in jazz. She had a long run in the *Starlight Theater* of the Desert Inn Hotel. She worked with many of the greats in contemporary music and has produced CDs of her own cool jazz. Flexible and charming in any venue, Laura is generous in donating her services to favorite charities.

To commemorate Frank Sinatra in celebration of his one-hundredth birthday this year, Laura will offer songs from the Sinatra era. Sinatra is legendary as exemplifying a period of popular music from the fifties until the end of the twentieth century. For some of us, the years between bobby socks and high heels were filled with Frankøs music. Sinatra had a õpackö of friends that gave his performances a bit of city glitz. Little mentioned is the fact that the founder of that group was Humphrey Bogart. One reviewer writes that even todayøs youth appreciate the style and spirit of the 50øs and 60øs Sinatra music as the rule of cool.

Lauraøs talents in phrasing and her cool jazz treatment are a perfect match for the sophisticated program she has prepared for us which includes *I'm A Fool To Want You, Come Rain Or Come Shine, & Guess I'll Hang My Tears Out To Dry.* When Laura presented that last song in her Laura Taylor Trio presentation in Las Vegas at the Desert Inn, Frank came in and sat right in front of her. When she finished he gave her a standing ovation and requested that she sing it again for him, which she did. What better praise can be offered than that of õFrankieö himself?

Letøs welcome Laura Taylor back and show her how much we enjoy her singing and her own smooth jazz style. Itøs easy to listen to and a glorious musical tribute.

ASR

Web sources include Amazon reviews



EVENTS

MON OCT 26 MONDAY MORNING FORUM – 10:30 –

Dr. Steven Webster, Sr. Marine biologist and retired founder and educaton director of the Monterey Bay Aquarium, will talk to us about the past, present and future of the Aquarium. He will also talk, show some photos and tell us what it was like to be in the recent Cachagua fire in Carmel Valley.

TUE OCT 27 MUSIC IN THE LIBRARY – 7:15

Løhistoire du soldat, The Cleveland Orchestra, Igor Stravinsky, conductor; Concerto for Organ, Orchestre National de LøO.R.T.F., Marie-Claire Alain, orgue, Jean Martonon, Conductor; Konzert fur Horn und Orchester, Richard Strauss, Ior James, horn, National Symphony of Poland Radio; Piano Concerto #1, Ranz Liszt, Van Cliburn, piano, The Philadelphia Orchestra, Eugene Ormandy, Conductor.

WED OCT 28 MOVIE – 7:15 – MH

"Valentin" An 8 year old boy tells his story of being raised by his grandmother and surrounded by problems that he feels only he is capable of solving. Argentinian Comedy, drama, romance.

THU OCT 29 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Jack's Peak.** Sign up on BB. Mike Smith will lead.

TUE NOV 3 MUSIC IN THE LIBRARY – 7:15

Beginning with Faure: Ballade, Op. 19; Followed by Satie: Two Gymnopedies; and closing with Sibelius: Symphony No. 1 in E Minor, Op. 63.

WED NOV 4 MOVIE - 7:15 - MH

"An Unfinished Life" Stoic and heartbroken, Eionar Gilkson (Robert Redford), quietly lives in rugged Wyoming ranchlands along with his only trusted friend, Mitch Bradley (Morgan Freeman). Suddenly the woman he blames for the death of his only son arrives at his door broke, desperate and with a granddaughter he has never known.

THU NOV 5 HALF FAST WALKERS PLAN TO WALK—9

Walkers will head to **Toro County Park.** Sign up on BB. Ramona Smith will lead.



In the shade of the old apple tree

Lovaine's lovely garden Photo by Kass Schwin

UPCOMING EVENTS

WED NOV 18 DAY TRIPPERS GO TO THE STANFORD SHOPPING CENTER – 1:15PM

Day trippers will go to the Stanford Shopping Center for their Holiday Shopping. Bus leaves the Manor at 9AM and departs from Stanford at 3PM. Lunch will be on your own. For questions contact Lari Newbury.

SUN DEC 6 DAY TRIPPERS GO TO THE WESTERN STAGE – 2:00PM

õThe Producersö is an audaciously and sublimely hilarious spectacle filled with songs, gags, gadgets and gimmicks. Bus leaves the Manor at 2:00. Tickets are \$18.00, make checks payable to CVMRCDT, and send to Billie Musante.

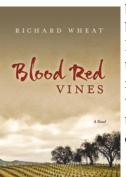
MARK YOUR CALENDARS!

Wednesday, October 28 at 4:30 in the Lounge,

Dick Wheat will have a book signing of his just published novel, Blood Red Vines.

As described by Manor award winning author, Bob Lindsey, õI loved this novel. Itøs part thriller, part love story, part psychological roller coaster. A story that moves swiftly from war-battered Afghanistan to a placid valley in Central California@s verdant wine country ... ö Dick will speak briefly and answer questions about the writing of his novel.

Books will be on sale and signed by the author at this A portion of the sale proceeds will premiere event.



be donated to the ROSE. The book price is \$12.95.

In keeping with the mood and setting of the novel, a fine chardonnay will be served to all resident who attend this õFirst in the Nationö event. So arrive early and drink heartily and responsibly ...

> May Waldroup Marty Rosen

NEW/SOON-TO-BE RESIDENTS

David and Linda Mackie Maxwell and Cynthia Chaplin Leon and Sheila Cooper Larry and Jan Finch George and Josephine White Lawson and Joan Adams

Melvin and Mary Britton William and Julie Obering Ken and Sandy Rich Freya White-Henry

October 23 ô November 5

Armand Labbe Nancy Roth Marilyn French Beverly Ford Sandra Lindsey Elizabeth Muller Rosemary Brown Blair Hyde

Betty Holmgren

FROM BLOSSOMS TO BOARDROOMS



I grew up in an area of west San José called Willow Glen where our home had been carved out of the orchards which had lined and provided the name for Cherry Avenue. On our property remained such wonders as a Bing cherry tree, a prune tree, two Alberta peach trees, a couple of Granny Smith apple trees, and an almond tree. At the beginning of the war, the back lot yielded lush grass and weeds for sneaking up on the enemy, and the soft and fertile soil that had nourished the fruit orchards soon became the foundation for the family Victory Garden with rabbits and chickens on the perimeter. Thus, the tradition of growing things continued. When Charlie and I bought the property, the soil was still loam-like and productive, and we continued with the artichokes and asparagus in place, adding at one time or another ten to twenty different vegetables.

An early tradition in the Allen family was the Sunday afternoon drive. The favorite outing was to the elevated part of the city on the way to Los Gatos from which vantage point, mainly in the spring, one could admire the acres of blossoms with fruit in the offing that gave the Santa Clara Valley its sobriquet of oThe Valley of the Heart Delight.ö

Besides the beauty of the blossoms, the fruit provided employment for even the youngest of residents. Prunes, for example, were shaken from the trees so even a nine-or ten-year-old could pick them up and fill a lug (very large wooden box)í \$.35, thank you. A two-block walk to the beginning of the prune orchards where we worked was delightful up and back, making up ditties to sing as we perambulated or marched with friends and fellow workers.

On the other side of the valley for dexterous young teenagers who could wield a knife without drawing too much blood and had a parent willing to drive them were the apricot orchards where the cots were halved and laid out to dry. Luckily, the cutting tables were shaded for this

hottest part of the summer, and we always had stacks of bandages at the ready. (Personally, I preferred the prune side of the valley where the older boys were hired to shake the trees and move the boxes. Sometimes my neighbor even added a few prunes to my lug!)

Change began subtly. On one of our Sunday drives, we went to view, not the glory of orchards in bloom, but a new phenomenon, õgingerbreadö houses as they were derisively named, new tract houses which gobbled up, not too gradually, acres of fruit trees. At the end of the war, the orchards where I had picked prunes were sold and gradually gave way to more homes until the only remnants of fruit trees on the street could be seen in a front yard or two.

Because I was busy with education and discovering boys, many of the environmental alterations escaped me, but one could not help but be aware of the population increase reflected in the expansion and building of new schools and in parental complaints of heavy traffic. This congestion resulted in the widening of roads, new õonö and õoffö ramps for the main thoroughfares, and in time, new freeways, all of which made driving more confusing. Speaking of driving, the Bayshore Freeway from San José to San Francisco also had quite a different look from the current Highway 101 which we traveled a few weeks ago. Between cities on the way north, wide expanses of land with more fruit such as pears, peaches, and apricots were the norm, contrasting with the current view of ubiquitous concrete in walls and buildings lining the same corridor to the City. Where one town ends and the next begins is no longer apparent.

Between college quarters and during the summer, I worked in the office of the Registrar of Voters where the talk often centered on population growth, having to find more volunteers and locations for polling places. Thus, my awareness came first as an influx of people; later the Valley of the Heart Delight was dubbed õSilicon Valley.Ö The mayor had the audacity to try to spread the idea that San José was the õcapitalö of S.V., over which attempt the natives had a chuckle or two.

The Sunday drive has been relegated to the history shelf; now danger lurks on every new road and burgeoning freeway. Not only are blossoms in our pictorial past, but the car may soon be obsolete or driven only by phantoms, the human being not having been designed for such stress and chaos.

Arden Allen Hoppe

Our Unexpected Happening

õWhat we anticipate seldom occurs; and what we least expect generally happensö ô Temple 1837



And it surely did...just like that...on April Fools Day Dottie and I were walking to dinner when, upon entering the Administration Building, I stooped to pick up some litter. Unfortunately, I lost my balance, slammed my bald head against the wall sustaining a concussion and fell heavily upon my left side breaking my hip. After being taken initially to CHOMP, I ended up the next 3 months in our Health Center where I received, I feel, the best care available anywhere while my oløbod was recovering.

After I promised to give up trying to be the big stoop on campus, I was released in the care of Dottie, as if she didnøt have her own walking problems. Upon looking at our respective health status, ages and, especially, the location of our cottage in proximity to the center of the campus, it was suggested it might be smart to move to a unit that was available in Hillcrest, the Manorøs Assisted Living Facility. That we did a few weeks ago, and let it be stated now, we canøt be more pleased with our accommodations, service, care and all around camaraderie that exists among our fellow residents. Yes, our whole life has been dramatically impacted from just one incident. Despite the pain, we have really gained an insight about the care the Manor provides. And thatøs what I want to share with you. Let me explain.

ENLIGHTENMENT

During the nearly two decades Dottie and I have been on this campus, we have spent a heap of hours working and chairing Council related activities to help provide the wonderful recreational programs supported by the Staff. In thousands of words while editing ACCENTS for some six years and recently as the Chair of the SPORTS AND GAMES RESIDENT SURVEY (AUGUST 2013), I presented a lengthy summary laying claim that the Manor fielded the best recreational facilities and programs anywhere for its exceptional recreational and cultural programs. To me responses from residents gave significant evidence that many of us were attracted to the

Manor primarily this very reason. Many, I am sure, feel that ito this active live conducted by our Resident Council in its supportive role to the Manor Management that represents what the Manor is all about. I confess I we been pretty much one of those guys, until recently.

After lying flat on my back for those many months in the Health Center, interfacing with the Clinic repeatedly; residing now at Hillcrest; observing the operations of our complete Medical Function; and talking for hours with all levels of folks, I have arrived at a much deferent view. Truly, I have been given an unbelievable enlightenment to the point I am now thoroughly convinced that our Medical Program is really the true strength and force of the Manor. The Board has created and entrusted to the CEO and President an operation that is complete and manned by an excellent group of health professionals. Our activities, run by the Council and supported by the Staff, are exceptional. However, from what I have observed, ito really the Medical Program that makes the Manor the finest and most complete Lifecare Facility imaginable.

FORESIGHT

I can leave you without confessing that the Browns were far from being ready for what happened that changed our lives. I realize that many of you have planned ahead. For those others who haven , just let me suggest that you review your contract with the Manor and the several practices and procedures covering most eventualities. Review your business and legal arrangements. Don forget your family, for they lay an important role in responding to any misfortune that might occur.

In closing, I believe the Manor Management is most competent and well prepared to respond to our needs. Each one of us has chosen to place the remainder of our lives in the hands of some wonderful professional providers, administrators, maintenance technicians and food service personnel all dedicated to meeting our needs for the remainder of our lives.

To be sure, I regret that it took a hellish fall in the dark to make me realize how fortunate we are to have selected, for the rest of our senior years, the Manor and its Lifecare program.

Sometimes you do get lucky.

Art Brown

ONGOING ACTIVITIES							
See also Master Schedule of Ongoing Activities							
(C 8-9 Residents' Handbook)							
<u>MON</u>	Chair Exercise MH	8:30-8:45AM	<u>THUR</u>	Chair Exercise MH	8:30-8:45AM		
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM		
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM		
	Duplicate Bridge GR	1:00PM		Table Tennis MH	2:00-4:00PM		
	Table Tennis MH	2:00-4:00PM		Bingo (2nd & 4rd) GR	7:15PM		
	Dominoes (11/2) GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM		
TUES	Chair Exercise MH	8:30-8:45AM		Balance and Stretch MH	9:15-9:45AM		
	Council Meeting (2nd) CR	9:30AM		Strength Circuit Training FC	11:00-11:45AM		
	Adv. Water Exercise SP	9:30-10:15AM		Bookmobile	12:45-1:15PM		
	Worship Services (1st) H	10:30AM		(Every other Friday from Oct. 23)			
	Communion Service (3rd) HC	10:30AM		Lawn Bowling PG	1:15-3:15PM		
	Lawn Bowling PG	1:15-3:15PM		Social Bridge GR	7:15PM		
	Sing For Fun (1st & 3rd) WP	2:30PM	SAT	Chair Exercise MH	8:30-8:45AM		
	Music In The Library L	7:15PM		Adv. Water Exercise SP	9:30-10:15AM		
WED	Chair Exercise MH	8:30-8:45AM		Putting (2nd) PG	10-11:30AM		
	Balance and Stretch MH	9:15 - 9:45AM		Wine Dinner Group (2nd) PDR	5:30PM		
	Java w/Jane (3rd) (11/18)PL	9:30AM		Music on the Menu DR. (Oct. 31)	5:30-7:15PM		
	Advanced Exercise MH	11:00-11:45AM					
	Strength Circuit Training FC	11:00-11:45AM					

LOCATION LEGEND

11:15AM

7:15PM

Communion Service (3rd) WP

Movie Night (1st, 3rd & 4th) MH

CR Conference Room(s) DR Dining Room GR Game Room H Hillcrest HG Hall Gallery **HC** Health Center L Library **MH Meeting House** PDR Private Dining Room PG Putting Green PL Pavilion Lounge SP Swimming Pool WP West Parlor BB Sign-up and/or Information on

Bulletin Board

LIBRARY NOTES

<u>LIDIANI NUILO</u>							
Books Selected for November 2015							
Our Own		*Donation **MacCullough Fund ***Wagner Fund					
BLOOD RED VINES	Richard Wheat	**************************************					
<u>Fiction</u>							
THE TRUTH ACCORDING TO US	Annie Barrows	OLIVE KITTERIDGE					
GIRL WAITS WITH GUN		HELL ON WHEELS, (Seasons 1, 2)					
GOLDEN AGE	Jane Smiley	GAMES OF THRONES: (Season 3)					
(Final book in trilogy) MAKE ME*	Lee Child	VERA, (Season 5)					
	Lee Clind	THE LIVES OF OTHERS					
Mystery CORRIDORS OF THE NIGHT	Anna Darry						
	Anne Perry	Donations A BEAUTIFUL MIND					
Biography THE LAST LOVE SONG	T D 1						
THE LAST LOVE SONG A Biography of Joan Didion**	Tracy Daugherty	CRASH					
THE COST OF COURAGE	Charles Kaiser	DOOLITTLE® RAIDERS					
SISTERS IN LAW***	Linda Hirshman	FIDDLER ON THE ROOF					
		PLANET EARTH					
<u>Archaeology</u> SALT							
THE LATE ARCHAEOLOGISTS* Brian Fagan							



Max and Cynthia Chaplin

probably in his genes. He was born in Tsinan. China. His parents were missionaries there. of cholera before Max was born.

When he was still a baby, Max moved with his mother and sister to Claremont, California. Max spent his high school years at Midland School in Los Olivos before going to U C Berkeley. After graduation, he worked at the Lawrence Lab until he passed the State Department test for the Diplomatic Service. He also married Cyn. Their first posting was Kobe, Japan in 1952. Since then, in addition to Japan, they lived in five Latin American countries. Between these postings they would return to Washington, DC for a year or more. Bolivia was one of Maxøs more interesting countries. In 1984 they retired to the Carmel area where they built their home off the Laureles Grade.

Maxøs later choice Max has been on the Board of the Big Sur Land Trust. of occupation was He spent nine years on the committee to incorporate Carmel Valley, not a winning effort. He is on the Board of the League of Women Voters. Max belonged to a hiking group for many years. He now meets with the õemeritusö group of hikers. He is also involved with a community water group and follows nuclear nonproliferation at the Middlebury Institute@s Center and his father died for Non-Proliferation Studies. He is a busy man! Cynthia, who would prefer to be known as Cyn, lived in Berkeley until age 6. She then moved to Carmel. She belonged to the first class at the new Carmel High School. Cyn lived briefly in Lake Oswego, OR and finished high school in Denver. After attending the U. of Oregon she worked in San Francisco and Berkeley until she married Max.

Cyn enjoyed all the moves. While in Washington, DC between postings, she worked on Capitol Hill for a senator from California and worked on political campaigns. She has been a Docent at Point Lobos, a Docent at Garland Park, and a volunteer with the SPCAøs wildlife section. She was also a longtime member of a hiking group.

Please welcome the Chaplins to the Manor!

Kay Enbom

"Healthy Aging: Mind, Body, and Spirit"

This is a new discussion group that will be offered by Dr. Bill Zika, beginning in early November. It will be a small weekly group, meeting for one hour each week. The format of the group is that Dr. Zika will offer information and suggestions on "healthy aging". Members will also be encouraged to share their own experiences and opinions on this important topic. If you are interested in joining this group or have further

questions, please call the Clinic(X4962). You can enroll now or, Dr. Zika will get in touch with you to clarify any questions you may have. The group will meet on Thursdays, 2:00 p.m.. at a venue in Carmel Valley Manor to be announced.

Connie Hays



ADDRESS SERVICE REQUESTED