



ACCENTS

FORTNIGHTLY PUBLICATION - OCTOBER 18-31, 2019

All in the Family

When new residents are introduced, they're sometimes asked, "Are you any relation to...?" Often, the answer is "Yes." That's because these new residents are brothers, sisters, sons, daughters, cousins, etc. of earlier residents. Below are some examples; doubtless, there are many more. Present residents names are **bold**.



Connie Reeves and mom,
Theo Fowler



Wendy Palmer, mom and
dad, **Loie** and **Charles**



Al Crosby and cousin,
Char Martin



Janet Morse and
brother, **Karl**



Kate Latimer, **Marian Latimer**, and her 3 children, **Tirza**, **Ellen Latimer McGrath**, and **Arthur** (Tirza has not been a resident.)



Roger Newell, brother, **Bruce**, and mom,
Teva



Marty Rosen and brother, **Larry**



Tory Raggett and parents, **Kate** and **George Campion**



Jim Vorhes and
daughter, **Vicki**

EVENTS

SUN OCT 20 MOVIE – 1:30 – MH (see BB)

WED OCT 23 ANNUAL HEALTH FORUM – 10:30 – MH

This annual presentation of the many features of health care at the Manor will feature Chris Regan, Dana Suess, Pam Ziering, Mercedes Abluton, Dr. Paul Tocchet, and Cindy Klaniecki. All Residents should plan to attend.

WED OCT 23 MOVIE – 7:15 – MH (see BB)

THU OCT 24 HALF-FAST WALKERS PLAN TO WALK – 9

Walkers will head for **Palo Corona**. Sign up on BB. Jim Riesenfeld will lead.

FRI OCT 25 EDUC. COMM. PRESENTS JAZZ 10-11:30 – MH

Biff Smith will present part 1 of a 2-part multi-media presentation, "How to Listen to Jazz."

SAT OCT 26 DAYTRIPPERS GO TO ELKHORN SLOUGH

Enjoy a chartered two-hour boat trip on the beautiful Elkhorn Slough. Manor bus leaves at 10:40 and returns at about 3. The tour will have a naturalist guide and boat captain. Cost is \$35; make checks payable to CVMDT and deposit in Kenneth Johnson's mail box. A receipt, release form, and reminder will be provided. The trip is limited to 25 people, so please sign up quickly, and don't miss the boat!

SAT OCT 26 MUSIC ON THE MENU – 6-7 – DR
Tim Carroll (Jack O'Neil's grandson) will play for our listening and dancing enjoyment.

SUN OCT 27 MOVIE – 1:30 – MH (see BB)

MON OCT 28 MONDAY MORNING FORUM – CANCELED.

WED OCT 30 MOVIE – 7:15 – MH (see BB)

THU OCT 31 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for **Salinas River**. Sign up on BB. Steve Brooks will lead.

FRI NOV 1 EDUC. COMM. PRESENTS JAZZ 10-11:30 – MH

Biff Smith will present part 2 of a 2-part multi-media presentation, "A Brief History of Jazz."



Big Manor
Turnout
for the
Alzheimer's
Walk

Snake Oil for Seniors

Are you looking for a magic pill to improve your balance? Lighten your mood? Take away the pain of arthritis? Decrease your blood pressure? Oh, and significantly decrease your risk of falling?

The answer is at hand, medically proven, and does not enrich the pockets of Big Pharma - it is Taiji (also known as tai chi). As



residents are learning, these ancient and gentle exercises are enjoyable as well. Under the auspices of the Fitness Advisory Committee, Master Teacher Leonard Han is on campus twice a week, leading his troops of dedicated beginners.

Intrigued? Take a look, at the Meeting House, Tuesdays and Thursdays, at 1:00 pm.

Wendy Palmer

Unique Game with Case



Beautiful
accessories
for your
home



Fall Clothing



The R.O.S.E.
Boutique



Elegant Jewels



Check Out
Our Scarves

NEW/SOON-TO-BE RESIDENTS

Janet McDaniel
Thomas & Sonja Hout
Alexander & Jerian Crosby
Marlene Wood

James & Betty Kasson
Martin (Marty) & Karen Wiskoff
Nancy Wright
Jeffry & Marilyn Riehl
Sandy Storm

HAPPY BIRTHDAY

10/15	Ann R.	10/23	Armand L.
10/16	Shirley L.	10/23	Martha L.
10/21	Dorothy B.	10/24	Alicon J.

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH Monday Morning Forum (4th) MH Advanced Exercise MH Duplicate Bridge GR Dominoes GR	8:30-8:45AM 10:30AM 11:00-11:45AM 1:00PM 7:15PM	THUR	Chair Exercise MH Half-Fast Walkers Adv. Water Exercise SP Games GR Tai Chi MH	8:30-8:45AM 9:00AM 9:30-10:15AM 1:00PM 1:00PM*
TUES	Chair Exercise MH Council Meeting (2nd) CR Adv. Water Exercise SP Worship Services (1st) H Communion Services (3rd) HC Tai Chi MH Ukulele Class WP Lawn Bowling PG Sing For Fun (1st) WP	8:30-8:45AM 9:30AM 9:30-10:15AM 10:30AM 10:30AM 1:00PM* 1:00-2:00PM 1:15-3:15PM 2:30PM	FRI	Chair Exercise MH Bookmobile Every other Friday (October 18) Lawn bowling PG Yoga MH Social Bridge GR	8:30-8:45AM 12:45-1:15PM 1:15-3:15PM 3:00-4:00PM 3:00PM
WED	Chair Exercise MH Advanced Exercise MH Communion Service (2nd) WP Mahjong Movie Night MH	8:30-8:45AM 11:00-11:45AM 11:15AM 2:00-4:00PM 7:15PM	SAT	Chair Exercise MH Putting (2nd) PG Ice Cream Social (1st) PL Wine Dinner Group (2nd) PDR	8:30-8:45AM 10:00-11:30AM Noon 5:30PM
			SUN	Movie MH	1:30PM

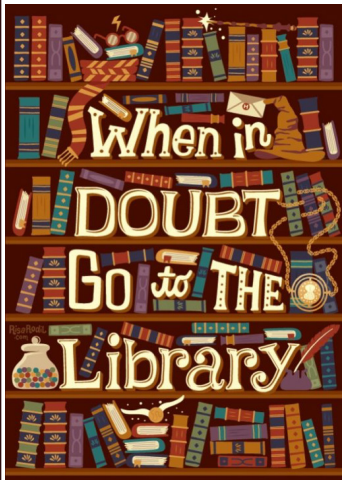
*** NEW**

LOCATION LEGEND

CR	Conference Room(s)	DR	Dining Room	FC	Fitness Center	GR	Game Room
H	Hillcrest	HC	Health Center	HG	Hall Gallery	L	Library
MH	Meeting House	PDR	Private Dining Room	PG	Putting Green	PL	Pavilion Lounge
SP	Swimming Pool	WP	West Parlor	BB	Sign-up and/or		

Information on Bulletin Board

Every Other Tuesday



If, as some Residents say, the Manor is like a cruise ship, then the Library is the Sea of Tranquility. At the entrance, the beauty and serenity of this special place strikes me immediately. The neatness, subtle tones, peaceful air, and fine décor contribute to this feeling, leaving me with the idea that I might accomplish a great deal in this welcoming atmosphere. When the fire is ablaze, the feeling is accentuated, and stimulants abound.

On any given day, I may see beautiful white hair over the most recent crossword puzzle. Across the room, heads bob and hands twist over the latest jigsaw which will be together sooner than I think, even with 1,000 pieces.

By the fireplace, I can concentrate steadfastly on the news of the day, the problems of the week, and the successes of the year. An occasional chime will divert my attention briefly before I re-enter the column of interest.

My routine every other Tuesday is at the small desk near the entrance, where I am met with smiles by visitors. Books are returned; DVDs are selected; searches are conducted for the next good read. Facial expressions reveal the feelings of the users as they return their treasures and losers.

When I traveled, I took advantage of the selection of books about my countries of choice. I even found a map not already borrowed by other wanderers.

As I write at the conference table, a new couple is using the Resident Biographies for reference, background information to help with the conversations at dinner. Someone else writes an article for ACCENTS, a piece for Professor Wheat's class, or a memoir for one's progeny.

Lurking behind the spines of those other tomes, I might find humor - not gone with Bob Hope's writers - Ogden Nash, Nora Ephron, or Bill Bryson.

Perhaps I want information about a favorite personality; biography shelves to the left of the fireplace would be the first selection for a search: maybe Rodgers and Hammerstein, Fred Astaire, Laura Bush, Charles Schulz, or Tara Westover in *Educated*, a current bestseller.

If the former fare is too light and frothy, I could tackle the classics I missed in school, the section behind the clock's right hand: Dickens, Stevenson, Twain, Shakespeare, or Steinbeck.

On these final dog days of summer, this corner of the campus offers a cool respite. In later days when the frost arrives, the flames from the fireplace will warm my soul and heart. Although I might arrive for bodily comfort, I shall probably stay for another activity which will stimulate my mind and move me on to the centenarian category.

Arden Hoppe



Janet McDaniel

Her story starts in Canton, Illinois when she, Janet Blackman, was born. When Janet finished high school, she entered the School of Nursing in nearby Peoria, and three years later got her state license. Three of her classmates (who, she says, were braver than she was) decided that the four of them would take Route 66 to California for an adventure. They landed at Stanford, where they all got jobs. Janet worked in the cancer research unit first and then the cardiac catheterization laboratory.

At the same time, Janet took classes that were given around the Bay Area by Cal State Sacramento to earn her BS in Nursing. She didn't stop there. She enrolled at UCLA to get her MS in Science & Public Health. Because she had high managerial skills, a scholarship paid for her entire academic pursuit there. But that was not the only excitement in her life. Air fares then were \$35 from Los Angeles to San Jose, so during her first semester at UCLA she would come up to the Bay Area to do a day's work or two, then return. On one of these occasions, a friend introduced her to Laine McDaniel, an engineer for GE Nuclear Energy Division. She married him two years later, after doing her internship at the San Francisco Regional Office of the VA.

Laine was nearing retirement, so being the sea man he was he had a boat built in Taiwan. During this time Janet was working at the VA Center in Palo Alto. In 1984 the

boat was delivered to the estuary in Alameda. Laine retired and their life at sea began in earnest. On election day of 1984 the McDaniels sailed under the Golden Gate Bridge on their 43' cutter rig, "Capella," for two years at sea. They sailed the "South Pacific Milk Run" down the coast of California and Mexico, then west to islands in the great Pacific. When they had long 21-day passages, different friends would join them to help crew and enjoy life at sea.

It was 1985 when they arrived in the Hawaiian Islands to get the boat cleaned up. They flew home to San Francisco to enjoy Christmas, file tax returns, etc. Meanwhile, the friends they were staying with had a rental home in Carmel and suggested that Janet and Laine stay there for a few days. Well, that was it! They loved the area, bought a house in Carmel Valley on Tierra Grande, sailed "Capella" from Kauai to Monterey Bay, then lived in our mid-valley for ten years before moving to Monterey. In 1988 they sailed down the coast again from San Francisco to lower Mexico. Returning? Only to San Diego where they left the boat to be sold.

Later, vacationing in Holland, they bought a 38' power boat to explore Europe's inland waterways. Over three idyllic summers, with friends and family, they moved the boat through Holland, Belgium, France, and down the Rhone River to the Mediterranean. Laine, "a sea going man in his heart," died in 2014 and was buried at sea by the US Navy.

Janet kept busy before and after all their boating adventures. She volunteered for the Monterey Symphony in the early 2000's, starting with paper work and ending up as Chairman of the Board for five years. She has also been on the Board for the Monterey Museum of Art, the Carmel Music Society, Monterey County Pops!, and The Church in the Forest. Here at the Manor, she has signed up for the Health Advisory Committee. Now, slowing down for a while, she will take one step at a time in her bright home, 15D.

We welcome Janet and wish her well here at the Manor, with all of us!

Jane Upp

PUBLICATION STAFF

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