



ACCENTS

FORTNIGHTLY PUBLICATION - SEPTEMBER 6 - 19,

Labor Day

Golf Results

... and the winners are 18-Hole Putting

Women first place Deanna Woodhour 36
second Diane Nelson and Carol Poole 38

Men first place Jack Enbom 36 (won putt-off with
Russ Haisley and Ken Johnson)



Long Putt

Women Connie Reeves.... Hole in One!

Men Russ Haisley.....13"



Dog Show



Manorisms and Ukulelers



EVENTS

SUN SEP 8 MOVIE – 1:30 – MH (see BB)

WED SEP 11 MOVIE – 7:15 – MH (see BB)

THU SEP 12 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for **Lovers Point**. Sign up on BB. Marty Rosen will lead.

FRI SEP 13 CELEBRATE TRISKAIDEKAPHOBIA – 5 - I

Special Events presents a cocktail party, with wine, hors d'oeuvres, and entertainment by Anthony DeMers on guitar. Please wear black, and reserve a table for dinner to follow.

SUN SEP 15 DAYTRIPPERS GO TO BLACK BEAR...

...in Monterey. Manor bus leaves at 4:30 and returns by 6:30. (See details below.)

SUN SEP 15 MOVIE – 1:30 – MH (see BB)

WED SEP 18 MOVIE – 7:15 – MH (see BB)

THU SEP 19 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for Mission Trail. Sign up on BB. Jim Riesenfeld will lead. After walk, Walkers will head for All-Manor Barbecue.

THU SEP 19 ANNUAL GALA ALL-MANOR BARBECUE

See details on opposite page.



Black Bear Diner

Black Bear Diner is a 4-star diner –considered to have the best COUNTRY FRIED STEAK & HOT CORN BREAD WITH HONEY BUTTER IN THE COUNTY. Also known for their Rib Eye Steaks, Homestyle Fried Chicken, Chicken Pot Pies, Bear Claw French Toast, and Omelets. One of the favorites is a southern scramble with a split country biscuit topped with 2 sausage patties and 2 scrambled eggs with country gravy.

Laura Pasten



FRIDAY SOCIAL BRIDGE

3:00 PM

GAME ROOM

JOIN THE FUN WITH FELLOW

RESIDENTS. . .

A PERFECT WAY TO END THE WEEK!

Sign up on the Hall Bulletin Board with a partner or, if you need a partner, just sign your name and a partner will be found for you.

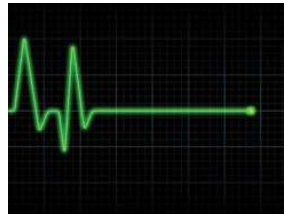
Mark your calendar and come to the Game Room on Friday!

Questions: Contact Mary Krecki - 4770



Am I Dying?! A Complete Guide to Your Symptoms - And What To Do Next

by Christopher Kelly M.D., Marc Eisenberg M.D.



New, at our Manor Library - this might be just what you need to help answer these questions about what is bothering you:

Do I sit tight? Call my doctor in the morning? Rush to the ER?

And symptoms are nicely arranged for easy reference: Chest Pain, Lady Parts, Gentleman Parts, Unintended Weight Loss, Bathroom Trouble, etc.

Drs. Kelly and Eisenberg, cardiologists at Columbia in New York City, provide solid advice, but with a light touch. They just might save you a sleepless night, or steer you in the right direction to feeling better. It is good as a quick reference before you call the clinic. And it is funny - who could ask for anything more?

Wendy Palmer



Woodpecker Knocks on Wrong Door

Leon Cooper caught a woodpecker trying to enlarge the opening in the Coopers' bluebird house.

NEW/SOON-TO-BE RESIDENTS

Mary Eldredge & Alik Poulou
Frederick & Alice Glasser
Kenneth Johnson & Marilyn Porter
Janet McDaniel

Thomas & Sonja Hout
Marlene Wood
James & Betty Kasson
Martin (Marty) & Karen Wiskoff
Alexander & Jerian Crosby
Nancy Wright

HAPPY BIRTHDAY

9/7	Peggy B.	9/11	Diane N.
9/9	Marty R.	9/13	Bobbie O.
9/10	Carolyn S.	9/16	Betsy B.
9/11	Laela L.	9/19	Lois K.

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH Monday Morning Forum (4th) MH Advanced Exercise MH Duplicate Bridge GR Dominoes GR	8:30-8:45AM 10:30AM 11:00-11:45AM 1:00PM 7:15PM	THUR	Chair Exercise MH Half-Fast Walkers Adv. Water Exercise SP Games GR	8:30-8:45AM 9:00AM 9:30-10:15AM 1:00PM
TUES	Chair Exercise MH Council Meeting (2nd) CR Adv. Water Exercise SP Worship Services (1st) H Communion Services (3rd) HC Ukulele Class WP Lawn Bowling PG Sing For Fun (1st) WP	8:30-8:45AM 9:30AM 9:30-10:15AM 10:30AM 10:30AM 1:00-2:00PM 1:15-3:15PM 2:30PM	FRI	Chair Exercise MH Bookmobile Every other Friday (September 6) Lawn bowling PG Yoga MH Social Bridge GR	8:30-8:45AM 12:45-1:15PM 1:15-3:15PM 3:00-4:00PM 3:00PM
WED	Chair Exercise MH Advanced Exercise MH Communion Service (2nd) WP Mahjong Movie Night MH	8:30-8:45AM 11:00-11:45AM 11:15AM 2:00-4:00PM 7:15PM	SAT	Chair Exercise MH Putting (2nd) PG Ice Cream Social (1st) PL Wine Dinner Group (2nd) PDR	8:30-8:45AM 10:00-11:30AM Noon 5:30PM
			SUN	Movie MH	1:30PM

LOCATION LEGEND

CR	Conference Room(s)	DR	Dining Room	FC	Fitness Center	GR	Game Room
H	Hillcrest	HC	Health Center	HG	Hall Gallery	L	Library
MH	Meeting House	PDR	Private Dining Room	PG	Putting Green	PL	Pavilion Lounge
SP	Swimming Pool	WP	West Parlor	BB	Sign-up and/or Information on Bulletin Board		

ANNUAL ALL-MANOR BARBECUE



When: Thursday, September 14 – Manor Bus leaves at 10:30.
Where: Whispering Pines Park in Monterey
What: Fun, Fellowship, and FOOD*
Who: ALL Residents are welcome! Sign up on BB.
Cost: FREE
* Burgers – beef, veggie, or salmon – hot dogs, salads, cookies, beer, soft drinks, water

In a small tropical country, there was a king who was adored by his people, and so they wanted to build him a castle. But they were poor people and could only afford to build it out of grass. So they worked for many weeks, and finally completed a lovely woven grass castle for him. The king was pleased.

A neighboring country, significantly richer than the first, presented a peace offering of a massive and ornate throne. The king accepted this gift graciously and was most pleased. The only trouble was, the throne was very uncomfortable. The king preferred the throne he'd sat on for many years, so he stored the massive throne in the attic. Unfortunately, it fell through the floor and killed him.

The moral of this story: *People who live in grass houses shouldn't stow thrones.*





Alice and Fred Glasser

This seemingly quiet couple is not so quiet when it comes to their adventuresome spirits. Fred chose the right woman to be his wife, for Alice loves adventure as much as he does. Fred has already joined the Half-Fast Walkers, and Alice is musing over all the things she can do while living in 20B. But this is now, and the following was what happened before now.

Alice Valentine was born on the Jersey Shore. Just after she became pregnant with Alice, her mother was widowed and moved back to her parents' home. Alice lived her first four years with her grandparents. Then, her mother married again and gave Alice a sister. She attended high school at St. Bartlett, a boarding school in Connecticut; then on to Beaver College, in Pennsylvania, where she graduated with a degree in Fine Arts. When she was a senior, she had a friend whose brother, who was at the Wharton School, called to ask her to get him and his roommate dates. The brother happened to be Fred. Alice did not like Fred's sense of humor, but she said she kept thinking about him. He must have been thinking about her, too, as they were married two years later, in 1967.

Fred Glasser (pronounced *Glosser*) was born in Norfolk, Virginia. He says his early years were a perfect time to grow up. He had wonderful parents, a brother and a sister, and a very happy childhood. He went on to Cornell, to get his BA in Economics, and to Wharton to earn his MBA. Following graduation, he worked in Europe and spent many weekends in London with Alice, who happened to be there for the summer. "Lots of picnics in the rain." This was before marriage. After marriage, Fred joined the Air Force and for four years

was stationed in Sacramento, where they had their first child, Frederick (Fritz).

After the Air Force, Fred worked for the First National Bank, in Chicago. Alice, who says she is a professional volunteer, became a docent at the Art Institute of Chicago. After three years in Chicago, where Katherine (Kit) was born, Fred was transferred to Crocker Bank, in San Francisco. They bought a house in San Rafael, where they lived when daughter Britton was born. Alice volunteered again, this time as a docent at the Museum of Fine Arts, in San Francisco, until they had to pack their bags again, for a transfer to Manila, and one year later to Hong Kong. Loving Hong Kong and all the different cultures there, this was a fun experience for them. Their amah, who had come with them from the Philippines, helped care for Fritz, Kit, and Britton.

Their time in Hong Kong didn't last. Wells Fargo bought Crocker, and Fred was transferred to San Francisco to be with them. They moved back into their house in San Rafael and fell into their old routines. Fred was busy in the world of international banking. Alice worked in her children's classrooms and became a docent at the Audubon Canyon Ranch, a wildlife sanctuary in Bolinas. Schoolchildren and others would come and watch the egrets - nesting in the redwoods, building their nests, and caring for their hatchlings. The Glassers lived 44 years in their San Rafael house. After Fred retired, twenty-five years ago, they continued with their adventures throughout the world - hiking, biking, and staying in different countries, sometimes a month at a time. Their children now live in Corte Madera, Woodside, and San Mateo; and they have been blessed with three grandchildren, all boys.

They learned of the Manor from Madeleine Wood, who became friends with Alice after a seminar at the museum in San Francisco. They love it here - their unit, the food, and the staff. "It's beyond our expectations."

On that happy note, we welcome Alice and Fred to our world. May their adventures continue.

Jane Upp

PUBLICATION STAFF

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ADDRESS SERVICE REQUESTED