



ACCENTS

FORTNIGHTLY PUBLICATION — JUNE 14–27, 2019

JUNE 14, FLAG DAY

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the flag is believed to have originated in 1885. Bernard J. Cigrand, a schoolteacher at the Stony Hill School, in Waubeka, Wisconsin, arranged for pupils to observe June 14 as "Flag Birthday." Cigrand moved to Chicago to attend dental school and, in June 1886, first publicly proposed an annual observance of the birth of the United States flag in an article titled "The Fourteenth of June," published in the Chicago *Argus* newspaper. In June 1888, Cigrand advocated establishing the holiday in a speech before the "Sons of America," a Chicago group.



Coincidentally, June 14 is also the anniversary of the "Bear Flag Revolt" in California. On June 14, 1846, 33 American settlers and mountain men arrested the Mexican general in command at Sonoma and declared the "Bear Flag Republic" on the Pacific Coast as an independent nation. A flag emblazoned with a bear, a red stripe, a star and the words "California Republic" was raised to symbolize independence from Mexico. The Bear Flag was adopted as California's state flag upon joining the Union as the 31st state in 1850, after being annexed by the United States following the Mexican-American War of 1846–1849.

In the 1950s, when it seemed certain that



From the late 1880s on, Cigrand spoke around the country promoting patriotism, respect for the flag, and the need for the annual observance of a flag day on June 14, the day in 1777 that the Continental Congress adopted the Stars and Stripes.

With Cigrand and Leroy Van Horn as the moving spirits, the Illinois organization, known as the American Flag Day Association, was organized for the purpose of

promoting the holding of Flag Day exercises. Cigrand became president of the Association and later of the National Flag Day Society, which allowed him to promote his cause with organizational backing. Cigrand once noted he had given 2,188 speeches on patriotism and the flag.

On June 14, 1894, under the auspices of this association, the first general public-school children's celebration of Flag Day in Chicago was held in Douglas, Garfield, Humboldt, Lincoln, and Washington Parks, with more than 300,000 children participating.

Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by a proclamation of President Woodrow Wilson on May 30, 1916. It was not until August 3, 1949, that President Truman signed an Act of Congress designating June 14 of each year as National Flag Day.

Alaska would be admitted to the Union, designers began retooling the American flag to add a 49th star to the existing 48.

Meanwhile, in Lancaster, Ohio, Bob Heft, a 17-year-old high school student, borrowed his mother's sewing machine, disassembled his family's 48-star flag and stitched on 50 stars in a proportional pattern. He handed in his creation to his history teacher for a class project, explaining that he expected

Hawaii would soon achieve statehood as well. Heft also sent the flag to his congressman, who presented it to President Eisenhower after both new states joined the

Union. Eisenhower selected Heft's design - out of more than 1,500 designs - and on July 4, 1960, the president and the high school student stood together as the 50-star flag was raised for the first time. Heft's teacher promptly changed his grade from a B- to an A.

Plagiarized by the editor from internet sources



EVENTS

SAT JUN 15 DAYTRIPPERS GO TO FILOLI

Visit this historic eclectic home and manicured gardens in the springtime! On this day, the American Orchid Society will be judging orchids and lecturing on their care. Dine at indoor/outdoor Quail's Nest Café, in Woodside. Cost - \$18, excluding lunch or optional tour, which costs \$10 and lasts from 1 to 2. Manor bus leaves at 10 and returns at 5:15.

Bus trip takes 2hr 15min. Questions? Laura X4799 (more details in the adjoining column)

SUN JUN 16 MOVIE – 1:30 – MH (see BB)

WED JUN 19 MOVIE – 7:15 – MH (see BB)

THU JUN 20 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for **Santa Lucia Conservatory**. Sign up on BB. Kass Schwin will lead.

SUN JUN 23 MOVIE – 1:30 – MH (see BB)

MON JUN 24 MONDAY MORNING FORUM – 10:30 – MH

Four of our own – Larry Finch, Wendy Palmer, Marty Rosen, and Susan Schueler - will present a series of vignettes on "Life Before the Manor." You won't want to miss this, a Manor first!

WED JUN 26 MOVIE – 7:15 – MH (see BB)

THU JUN 27 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for **Mitteldorf Preserve**. Sign up on BB, and order your brown-bag lunch the previous day. Marty Rosen will lead.

SUN JUN 30 DAYTRIPPERS GO TO TACO SUPPER

Las Marias Restaurant - an excellent Mexican Restaurant in Seaside - has been open 6 months. We will have a taco bar with pork, beef, or fish and all the fixins, including beans and rice, plus cheese quesadillas--all for \$15, which will include beverage, tip, and tax. Laura will treat everyone to a margarita (and they make good ones). Manor bus leaves at 4:30.



Carmel Valley Manor Players



We worship the Warriors



Daytrippers – Filoli



Santa Cruz based artist Sara Friedlander has created visual narratives to honor the courageous immigrant women who left their homeland and families, often under great duress. She will also highlight "Birds of Im/Migration."

W. Gary Smith, one of North America's leading landscape architects will present meaningful encounters among people, plants, and the natural world, especially with patterns in nesting animals.

There is an optional tour for \$10 from 1-2 p.m. It is entitled "People of Filoli" and tells the stories of key staff in the house—how they blended different languages and beliefs for a common goal. Did you know the original landlord owned the Empire Gold Mine in Grass Valley, which to this day has mined the largest amount of gold of any mine?

THE RESIDENTS' WEBSITE

WINDOW SHOP AT THE R.O.S.E.

You can shop at the **UPSTAIRS STORE** or the **DOWNSTAIRS STORE**.

The R.O.S.E. funds over half of the Residents' Council's budget.

Go to the Residents' Website; click on The R.O.S.E.
cv8545.or



NEW/SOON-TO-BE RESIDENTS

John and Ann Mahoney	Thomas & Sonja Hout
Roger Newell	Marlene Wood
Jerry & Diana Kitchen	Frederick & Alice Glasser
Janet McDaniel	Kenneth Johnson & Marilyn
Mary Eldredge & Alik Poulou	Porter

Happy Birthday

6/14	Gunhild B.	6/23	Connie R.
6/16	Monty H.	6/24	Margaret D.
6/19	Jean B.	6/24	Bob E.
6/19	Dave N.	6/25	Linda P.
6/20	Wendy P.	6/27	Jan F.
6/22	Joanne N.		

IN MEMORIAM

6/10 Nancy John

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Games GR	1:00PM*
	Dominoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM
TUES	Chair Exercise MH	8:30-8:45AM		Bookmobile	12:45-1:15PM
	Council Meeting (2nd) CR	9:30AM		Every other Friday (June 14)	
	Adv. Water Exercise SP	9:30-10:15AM		Lawn Bowling PG	1:15-3:15PM
	Worship Services (1st) H	10:30AM		Yoga MH	3:00-4:00PM
	Communion Service (3rd) HC	10:30AM		Social Bridge GR	3:00PM*
	Lawn Bowling PG	1:15-3:15PM	SAT	Chair Exercise MH	8:30-8:45AM
	Sing For Fun (1st) WP	2:30PM		Putting (2nd) PG	10-11:30AM
WED	Chair Exercise MH	8:30-8:45AM		Ice Cream Social (1st) PL	Noon
	Advanced Exercise MH	11:00-11:45AM		Wine Dinner Group (2nd) PDR	5:30PM
	Communion Service (2nd) WP	11:15AM		Music on the Menu DR (June 15)	6:00-7:00PM
	Mahjong	2:00-4:00PM	SUN	Movie MH	1:30PM
	Movie Night MH	7:15PM	* NEW		

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	FC Fitness Center	GR Game Room
H Hillcrest	HC Health Center	HG Hall Gallery	L Library
MH Meeting House	PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge
SP Swimming Pool	WP West Parlor	BB Sign-up and/or Information on Bulletin Board	

Understanding and Mitigating Climate Change

The May 29th Monday Morning Forum presentation was very well-attended. The speaker was Mike Clancy, former Technical and Scientific Director of the Navy's Fleet Numerical Meteorology and Oceanography Center, Monterey. The following is a synopsis of some of the highlights.

The term *climate change* is looking at global trends - trends of 30 years or longer – however, with certain caveats. Data collected from 1850 to 2017, concerning the mean (average) surface temperature of the entire globe, pole to pole and including data from satellites, indicates a rise of 1.8 degrees Fahrenheit. (A one degree rise can cause ice melt at the poles.) As a comparison, it was 125,000 years ago that the earth was this warm. (Civilization began 9,000 years ago.) Ice core data shows an interglacial 100,000-year cycle of temperatures on earth. We should be in the cooling cycle now, and the cycles are going 20 times faster than they should.

Driving the rise in temperature are emissions, making the atmosphere more unstable and causing acidification of the ocean. One third of all coral reefs on earth have died. Fish depend on these coral reefs. Twenty percent of the world's fisheries are being affected by the pH of the oceans going down.

Global sea levels, as measured from satellites, are rising at increasing rates. It is expected that, for

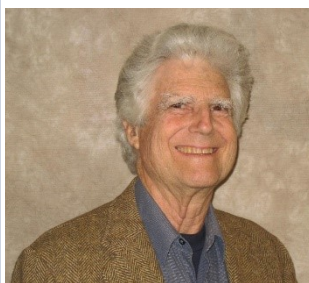
example, with sea levels rising, New Orleans will be gone in 20-40 years. Other cities "by the sea" will be affected similarly. (The Carmel River will be an estuary.)

Tracking the flow of energy for the entire surface of the earth shows that of the trapped heat in the upper atmosphere, 85% goes back to earth. This is the "greenhouse" effect, caused mostly by carbon dioxide and secondly by methane (a by-product of raising cattle and a gas that is released as the earth warms and melts permafrost). As a greenhouse gas, methane is 20 times as potent as carbon dioxide.

What can each of us do to mitigate this? The average citizen adds 17 tons of CO₂ a year into the atmosphere, mainly via food (especially lamb and beef) consumed and carbons released by transportation. "Net zero" emission is recommended by 2050. The nation of Denmark has made a concerted effort for its citizens to eat less meat.

Think about this and make a mental list of what we each can do; and keep in mind what our speaker pointed out is the "tipping point" – the level at which things will happen fast, irrevocably.

Selma Petker



Roger Newell

Emerging from his teenage years - having grown up between Carmel and Big Sur, at age fourteen experiencing the death of his mother from cancer, spending his senior high school year at the International School in Geneva, Switzerland, and having served in an Army Strategic Intelligence Reserve

Unit, Roger Newell set out on his pilgrimage to find philosophic answers for his life.

To start, he sailed by Dutch freighter from Vancouver, BC, to Calcutta, in 1961. After eight weeks at sea, he briefly considered joining an ashram but had second thoughts about the finality of such a cultural shift. Instead he proceeded to Switzerland to study Christian Theology in the home of the Presbyterian minister he had met as a seventeen-year-old student in Geneva. While studying in a small Swiss commune, one afternoon he heard a knock at the door and saw a beautiful young lady with a small white suitcase in the doorway. Beverly was a physical therapist. Her specialty was working with children who had cerebral palsy. She and Roger became good friends during the next year and a half; then both returned home, she to Seattle, he to Big Sur. They kept in touch over the next couple of years, until he decided he wanted Beverly to be in his life forever. In 1965, Roger went to Seattle and asked for her hand in marriage. Her father said "yes," but her mother was not at all happy. "The bearded Bohemian" did not fit her image of a Boeing executive. But, when she learned that they were going to elope, she changed her mind. She wanted a lovely, conventional wedding for her daughter, so Roger and Beverly were married. They moved to Berkeley, where three children were born. After Roger got his degree in Landscape Architecture at UC Berkeley, in 1969, he pursued a variety of ventures. One was a patented fishhook-setting

system. (We asked if this was for lazy fishermen.) After their third child was born, the family moved to Big Sur around 1974. Roger became a founding Trustee of the Big Sur Land Trust and Chairman of the Citizens' Advisory Committee in preparation of the Monterey County Land Use Plan for Big Sur.

Ten years later, the Newell family moved to Carmel. Roger and Beverly became active in the Mayflower Church in Pacific Grove. Roger was President of Carmel Heritage at the time it produced, with the help of Clint Eastwood, a documentary on the early days of Carmel, "Don't Pave Main Street." In 2000, Beverly and Roger moved to a home near Carmel Valley Ranch.

Sadly, in 2014, after 49 ½ happy years, Beverly passed away, and Roger moved into another stage of his life. Now, ensconced in 14 R, he has surrounded himself with things most dear to him. He has delicate watercolors that his wife did later in her life. There is a hippo and roosters (sculpted by his brother, Bruce) on his balcony, overlooking our lovely wisteria walkways. Roger used to work in ceramics, and his four piggy banks sit on a shelf in his hallway entrance.

He keeps abreast of his children's lives: Mark is with Bill Gates' think tank "Global Good"...he travels a lot to Africa and India; Jonathan designs and produces architectural metal... works in bronze and travels between his home in Arroyo Grande and Pebble Beach doing remodel projects; Annika is a graphic and installation artist ... and works at the University of Washington.

Roger, a grandfather of four, still has many interests - tennis, hiking, sailing, ping pong, and health-oriented activities - and is also ready to discover new things. How does he like the Manor? "I love the people and the ambience of life here! It is so amazing! I am so fortunate to be here!"

What more could we ask? We welcome Roger Newell to the Manor!

Jane Upp

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

Editor: Jim Riesenfeld
jmriesenfeld@yahoo.com

Publisher: Celina Manzanarez

Proofreader: Arden Hoppe

Photographers: Lee Chambers
John Rico
Carolyn Sanders
Kass Schwin

Contributors: Selma Petker
Jane Upp

Information regarding the Manor can be obtained from
WWW.CYMANOR.COM

or from the Director of Admissions, Angie Machado,
(831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED