

What's Happening at the Manor?



Was there a fire in Bldg 14?



No! Just a fire drill, with a simulated fire.



How many ½-fast walkers did it take to get Marty's rain-pants on?

At last count, FOUR!



Did Blair suffer a serious fall?



No! Just a demonstration of our new lift chair



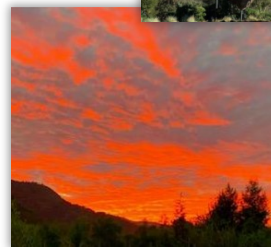
Were residents planning a coup in the West Parlor?

No, just an ukulele class.



*Was a pot of gold discovered behind Bldg 10?
No report yet, as this issue of ACCENTS went to print.*

*In fact,
all is peaceful...*



...and quiet.

EVENTS

FRI FEB 8, 15, 22, and MAR 1 MEMOIR WRITING CLASS – 9:30 – 11 – WP

Published author, Dick Wheat, will be your guide. No pressure; just fun! Sign up on BB.

SUN FEB 10 SPECIAL EVENT – 4:00 – MH

“Love Songs,” a musical showcase, featuring the students of Anne Burleigh, will be followed by a wine reception and small bites, at 5. See adjoining column.

MON FEB 11 YEKWON SUNWOO PIANO RECITAL – 10:00 – MH

2017 Gold Medalist of the Van Cliburn International Piano Competition, this 29 year-old pianist has been hailed for his “unfailing consistent excellence” and celebrated as “a pianist who commands a comprehensive technical arsenal that allows him to

thunder without breaking sweat” (*Chicago Tribune*). A “powerful and virtuosic performer,” Mr. Sunwoo earned his bachelor’s degree at the Curtis Institute of Music, master’s degree at The Julliard School, and artist diploma at the Mannes School of Music.

WED FEB 13 SYMPHONY PREVIEW – 11 – L

The Monterey Symphony’s 2018-2019 season *Sound Waves* comes alive with the third concert featuring four works, all dedicated to the sea, by composers Claude Debussy, Jacques Ibert, Benjamin Britton, and Jean Sibelius. Join us to hear musicologist Alicia Mastromonaco’s insight into these compositions. See adjoining column.

WED FEB 13 MOVIE – 7:15 – MH

THU FEB 14 HALF-FAST WALKERS PLAN TO WALK

Walkers will head for **Mission Trail**. Sign up on BB. Steve Brooks will lead.

SUN FEB 17 MOVIE – 1:30 – MH

WED FEB 20 MOVIE – 7:15 – MH

THU FEB 21 HALF-FAST WALKERS PLAN TO WALK – 9

Walkers will head for **Asilomar South**. Sign up on BB. Ramona Smith will lead.

WED FEB 27 HEALTH ADVISORY – 10:30 – MH

Dr. James Rosenbaum will speak, via Skype, with Melvin Britton, M.D., and Susan Nycum, Esq. Dr. Rosenbaum is the Edward E. Rosenbaum Professor of Inflammation Research and Head, Division of Arthritis and Rheumatic Diseases, at Oregon Health & Science University. His topic will be the microbiome.

OUR RESIDENTS’ WEBSITE

KEEP CHECKING THE WEBSITE PAGE CALLED “MANOR LIFE.”

It is full of pictures of everyday life on our campus.
Go to the Residents’ Website, click on “Manor Life”
You’ll love it!
cv8545.org

“Love Songs” – Feb 10 at 4



Anne Burleigh helped establish the Monterey Peninsula Symphony Chorus, which is alive and flourishing today. She has had a long and varied

musical career as a classical singer and musical theater performer with over 50 leading roles to her credit. Her main focus today is her voice studio.



Alicia Mastromonaco Feb 13 at 11



Alicia Mastromonaco has played with the Monterey Symphony since 2007. She is also a member of the Carmel Bach Festival and Marin Symphony. A San Francisco

native, she began her music studies at age seven on the piano, and took up the horn after switching from trumpet in her middle school band program. She earned bachelor of music degrees in horn performance and musicology from Boston University and did graduate work at the Universitat der Kunste, Berlin, before returning to California to continue her studies. She earned a master of music degree at UCLA in horn performance, a master of arts degree in musicology at UCSB, and is currently working on her PhD at UCSB. Alicia’s dissertation is focused on the daily lives of orchestral musicians and the organizations in which they play, and she is using her dissertation to explore the relationship between regional orchestras and their communities. Alicia is an avid outdoorsperson and an animal lover.

NEW/SOON-TO-BE RESIDENTS

Diane Greenlee	John and Ann Mahoney
Charles and Leslie Snorf	Roger Newell
Dr. Laura Pasten	Jerry & Diana Kitchen
Joanne Irmas	

Happy Birthday

2/9	Helen L.	2/19	Ingrid A.
2/12	Sue M.	2/20	Ginny V.
2/18	Lari N.	2/21	Gene B.
2/18	Lorraine S.		

IN MEMORIAM

2/2 Nancy Downey

ONGOING ACTIVITIES

See also *Master Schedule of Ongoing Activities*
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH	8:30-8:45AM	THUR	Chair Exercise MH	8:30-8:45AM
	Monday Morning Forum (4th) MH	10:30AM		Half-Fast Walkers	9:00AM
	Advanced Exercise MH	11:00-11:45AM		Adv. Water Exercise SP	9:30-10:15AM
	Duplicate Bridge GR	1:00PM		Games GR	7:00PM
	Dominoes GR	7:15PM	FRI	Chair Exercise MH	8:30-8:45AM
TUES	Chair Exercise MH	8:30-8:45AM		Bookmobile	12:45-1:15PM
	Council Meeting (2nd) CR	9:30AM		Every other Friday (January 11)	
	Adv. Water Exercise SP	9:30-10:15AM		Lawn Bowling PG	1:15-3:15PM
	Worship Services (1st) H	10:30AM		Yoga MH *	3:00-4:00PM
	Communion Service (3rd) HC	10:30AM		Social Bridge GR	7:15PM
	Lawn Bowling PG	1:15-3:15PM	SAT	Chair Exercise MH	8:30-8:45AM
	Sing For Fun (1st) WP	2:30PM		Putting (2nd) PG	10-11:30AM
WED	Chair Exercise MH	8:30-8:45AM		Ice Cream Social (1st) PL*	Noon
	Advanced Exercise MH	11:00-11:45AM		Wine Dinner Group (2nd) PDR	5:30PM
	Communion Service (2nd) WP	11:15AM		Music on the Menu DR (Jan 11)	6:00-7:00PM
	Mahjong	2:00-4:00PM	SUN	Classic Movie MH	1:30PM
	Movie Night MH	7:15PM	* NEW		

LOCATION LEGEND

CR Conference Room(s)	DR Dining Room	FC Fitness Center	GR Game Room
H Hillcrest	HC Health Center	HG Hall Gallery	L Library
MH Meeting House	PDR Private Dining Room	PG Putting Green	PL Pavilion Lounge
SP Swimming Pool	WP West Parlor	BB Sign-up and/or Information on Bulletin Board	



Dr. Laura Pasten

Joyful, colorful, enthusiastic, full of life; she views life with glee! This sums up our impression of Laura Pasten. Her life is a love of the land, sea, sky, and every kind of animal, fish and hat! Her home at 3D is a menagerie of animal sculptures, animals, and exotic designs and paintings of bright colors. When you meet Dr. Laura you can understand her love and enthusiasm for everything! The least colorful object is the bulldog that sits outside her door. Fortunately, it can't bark or lunge, for it is not real, like the two friendly dogs inside - Millie and Patty.

They love this lady, who was born Laura Brajkovich in Tacoma, Washington, of Austrian-Hungarian heritage. From the moment Laura could think, she KNEW she wanted to be a veterinarian. She loved all animals, dead or alive. If she found a sick or dead

animal, many from road kill, she would bring it home. If it was dead, she would stuff it... or do what one does to get to the skeleton, which she studied before burying it. If it was hurt, she would nurse it back to health.

She graduated from Stanford with a minor in chemistry and a degree in physiology. Then, on to UC Davis, and in 1974 her life's ambition was realized. She was a veterinarian. She did her internship at Cornell, and for relaxation she learned to ski at Greek Peak. This peak was one icy peak, so Laura became a very good skier, as the ice made her learn how to edge her skis. Among her loves is the great outdoors.

She moved to Grass Valley, and after a year of working for another vet, she started her own business, The Mother Lode Veterinarian Hospital. Here she did innovative things and also worked with exotic animals. There was a boy's camp nearby for young boys that had gotten in trouble. The program there was to get the boys to accomplish something, as they didn't want to work. So, they took care of animals with permanent problems: porcupines, descended skunks, coyotes, mini-horses, and a sun bear. The sun bear is between a black bear and a panda in size and has reddish fur. The boys and Dr. Pasten would rehabilitate injured wildlife. She treated these animals free, as she found it very rewarding.

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She was also a pilot, and the Heinz Company was looking for a vet and a pilot (she was both) who could fly their famous 22-pound cat, Morris, around the states for TV appearances and newspaper interviews. Morris was in Chicago and Laura in California, so that required a lot of flying. In her Cessna-182, she flew Morris for his interviews for six years. Morris was the star; she was his pilot.

She bought property in Costa Rica and flew there twice a year. She loved excitement and adventure and even found bad weather exciting. After six years, she sold the property and bought a house in Mexico. Flying around Central America had its problems - getting fuel, knowing where to get it, and hoping she and the plane would be safe. She had to carry a lot of cash to buy the fuel, as they did not take credit cards. While in Costa Rica, she did a lot of scuba diving, which she thinks everyone should do in order to view the wonders of the sea.

During these years Laura had 16 Arabian horses and two mini horses. Mini horses make wonderful guide horses for the blind. They can't be more than 22 inches high and, she thinks, they are even better than guide dogs for the blind. These horses can also have a "horse door" in the house of their blind companion. She now has one mini-horse, Sneakers, which she keeps in Pebble Beach, on friends' property. Sneakers has come here to the Manor to visit, on occasion.

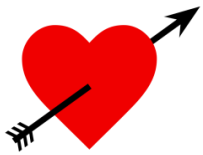
After over twenty years, she sold her hospital and bought one home in Carmel, which she keeps as a rental, and another one high up on Schulte Rd. She lived there for ten years, planted ten olive trees, adopted a crow that had a broken wing, and named it Moses. Moses made friends with all the nearby crows. Since Moses couldn't fly, all the neighboring crows would come to visit. Just before Laura moved here, a bobcat got her beloved Moses. Still, one of his friends comes to visit Laura, sitting on her patio fence, wondering where Moses has gone.

With her joyous nature and her 35 hats (did we tell you she has a fascination and love for hats?) the doctor works one to two days a week at the Animal Friends Rescue Project (AFRP) hospital and takes one or two trips a year.

Her next one will be to Madagascar. Twice married and twice divorced, Laura has remained friends with both men. She feels blessed with having her friends and animals. This happy person sums up her personality with her words, "I am the unique me I was born to be." And we are left breathless, as we welcome Dr. Laura Pasten to the Manor!

Jane Upp

How'd you meet Mr./Ms. Right?



In the Dining Room, after we've covered the 3 W's – Weather, Warriors, and Worries about upcoming trips or family visits – conversation sometimes turns to stories of how we met our sweethearts. Often, these are *fascinating*... OK, *interesting*.

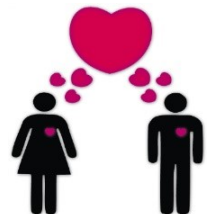
Tell your story: "How I met Him (or Her)." See your story in ACCENTS in February – Valentine's month ...with- or without-your name (your choice.)

Details:

Preferred length – 100-500 words

No need to stress the details; the editor will fix it up.

Deadline – Thursday, Feb 14, (deadline extended) but the sooner the better.



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