



FORTNIGHTLY PUBLICATION - JANUARY 10-23, 2020

Let's Face It, The Eyes Have It! Art by Jean Brenner



Jean Brenner is the Manor's famous international photographer. We have been dazzled in the past by her charming and welcoming photos of people in faraway countries. This time it is the variety of countries, climates and ethnicities she offers that keep us checking the CVM Gallery down the hall and in front of the dining room.

She has an exhibition that extends to cover the following countries: Ethiopia, Namibia, India, China, Vietnam, Kenya, Mongolia, Cuba, Greece, Georgia, Guatemala and Japan. Men and women are posed for head shots and often wear clothing that reveals nationality and climate or even, in one case, supposed wealth! (Young girl in jewelry) Brenner's work is meticulous, permitting the viewer to determine ethnicity and socialization. It's fun to get acquainted!

The eyes tell us a lot, and the camera helps with its ability to cover an instant of time as well as to show a light in the eyes. It is more difficult to capture that response using traditional media. Try determining which casts the strongest gaze in your perception of the work. Jean gives us clues regarding the person. She attended the Sorbonne in addition to study in this country, and her work demonstrates her capabilities.

All of the people pictured appear to be prepared for the photo or dressed for the role. Many she caught at celebrations. This is part of the fun of identity. Your selection of the direct gaze may not be the same as mine. I found eye contact in the eyes of the Tribal Chief in India. The description said he had a tough job in rugged mountains. Yet he appeared happy. Then I

remembered, he was watching Jean. She is a charming and good looking woman!

Several of the subjects do not exhibit a direct gaze and express other ideas. The girl who covered her head and shoulders with jewelry was hoping for attention from a young man. The two women who celebrate a fifteenth and a twentieth birthday appear to be awaiting a touch of maturity. The five-year-old boy, in training as a monk, learning in a cave, exudes a look of wonder and expectation.

Study the faces, meet the eyes and enjoy your neighbors thousands of miles away!

ASRichardson



EVENTS

SAT JAN 11 MUSIC ON THE MENU – 6-7:30 – DR
Tim Carroll (Jack O'Neil's grandson) will play for our listening and dancing enjoyment.

SUN JAN 12 DAYTRIPPERS GO BEHIND THE SCENES

Daytrippers will go on a "Behind-the-Scenes Tour of the Aquarium." Manor bus leaves at 2 and returns at 5. More details on the BB.

WED JAN 15 MOVIE – 7:15 – MH (see BB)

THU JAN 16 HALF-FAST WALKERS PLAN TO WALK

Walkers will head for **Carmel Meadows**. Sign up on BB. Jack Enbom will lead.

SAT JAN 18 SPECIAL EVENT – PIANO - 7:15 – MH

Henry Adam Curtis will play the rhythms of Broadway and film music.

SUN JAN 19 MOVIE – 1:30 – MH (see BB)

WED JAN 22 MOVIE – 7:15 – MH (see BB)

THU JAN 23 HALF-FAST WALKERS PLAN TO WALK

Walkers will head for **Whale Peak**. Sign up on BB. Fred Glasser will lead.

HANNAH ARMSTRONG

I wrote him a letter asking him for old times' sake
To discharge my sick boy from the army;
But maybe he couldn't read it.
Then I went to town and had James Garber,
Who wrote beautifully, write him a letter;
But maybe that was lost in the mails.
So I traveled all the way to Washington.
I was more than an hour finding the White House.
And when I found it they turned me away,
Hiding their smiles. Then I thought:
"Oh, well, he ain't the same as when I boarded him
And he and my husband worked together
And all of us called him Abe, there in Menard."
As a last attempt I turned to a guard and said:
"Please say it's old Aunt Hannah Armstrong
From Illinois, come to see him about her sick boy
In the army."
Well, in just a moment they let me in!
And when he saw me he broke in a laugh,
And dropped his business as president,
And wrote in his own hand Doug's discharge,
Talking the while of the early days,
And telling stories.

SPOON RIVER ANTHOLOGY, Edgar Lee Masters, 1914



ARE YOU LOOKING FOR A GOOD READ?

If so, consider the following...

"WORTHY FIGHTS" by Leon Panetta, our near neighbor and 23rd US Secretary of Defense, born June 28, 1938. He writes of his entire life, beginning with his father's arrival at Ellis Island at age 21 with 25 dollars in his pocket...the story of America.

A worthy read

Janet McDaniel

Volume Control: Hearing in a Deafening World

- by David Owen

A Review - January 2020

Yes, our hearing is important throughout our lives, but here at the Manor??? It would seem to be even more so. This new book in our library as of this month, takes a careful look at hearing and how it affects our lives. Have you ever avoided a restaurant because it was too noisy? Do your friends seem to mumble? How difficult is it to be in a conversation in the dining room? Helen Keller, who ought to know, wrote at the age of 20, "The problems of deafness are deeper and more complex, if not more important, than those of blindness."

Did you know that from the moment you begin to notice you have trouble hearing, to the time you actually do something about it - having it evaluated and treated - is ten years? The stigma of wearing hearing aids is quite real. So is their exorbitant cost, and they are not covered by Medicare. Why does this happen to us, and what can we do about it?

David Owen is a free-lance reporter who happened on the subject as he noticed his own hearing becoming problematic when he became a grandfather. He writes well, and brings up many points we need to know. Reading this book will make you aware of the problems and pitfalls of hearing treatment, before you have yours evaluated. And there are newer solutions that are affordable and can be as effective as hearing aids.

You should be able to finish Hearing Control within the two week checkout period, and this book should be popular, ie. read by all of us. Do share with your friends and neighbors!

Wendy Palmer

NEW/SOON-TO-BE RESIDENTS

Thomas & Sonja Hout
Alexander & Jerian Crosby
Marlene Wood
Sherry Morse
James & Betty Kasson

Martin (Marty) & Karen Wiskoff
Nancy Wright
Jeffry & Marilyn Riehl
Sandy Storm

HAPPY BIRTHDAY

1/11 Kate L.
1/12 Marilyn H.
1/12 John S.

IN MEMORIAM

1/9 Clesteva "Teva" Newell

ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH Monday Morning Forum (4th) MH Advanced Exercise MH Duplicate Bridge GR Dominoes GR	8:30-8:45AM 10:30AM 11:00-11:45AM 1:00PM 7:15PM	THUR	Chair Exercise MH Half-Fast Walkers Adv. Water Exercise SP Games GR Tai Chi MH	8:30-8:45AM 9:00AM 9:30-10:15AM 1:00PM 1:00PM
TUES	Chair Exercise MH Council Meeting (2nd) CR Adv. Water Exercise SP Worship Services (1st) H Communion Services (3rd) HC Tai Chi MH Ukulele Class WP Lawn Bowling PG Sing For Fun (1st) WP	8:30-8:45AM 9:30AM 9:30-10:15AM 10:30AM 10:30AM 1:00PM 1:00-2:00PM 1:15-3:15PM 2:30PM	FRI	Chair Exercise MH Yoga MH Bookmobile Every other Friday (Jan 10) Lawn Bowling PG Social Bridge GR	8:30-8:45AM 2:00-3:00PM 12:45-1:15PM 1:15-3:15PM 3:00PM
WED	Chair Exercise MH Advanced Exercise MH Communion Service (2nd) WP Mahjong Movie Night MH	8:30-8:45AM 11:00-11:45AM 11:15AM 2:00-4:00PM 7:15PM	SAT	Chair Exercise MH Putting (2nd) PG Ice Cream Social (1st) PL Wine Dinner Group (2nd) PDR	8:30-8:45AM 10:00-11:30AM Noon 5:30PM
			SUN	Movie MH	1:30PM

LOCATION LEGEND

CR	Conference Room(s)	DR	Dining Room	FC	Fitness Center	GR	Game Room
H	Hillcrest	HC	Health Center	HG	Hall Gallery	L	Library
MH	Meeting House	PDR	Private Dining Room	PG	Putting Green	PL	Pavilion Lounge
SP	Swimming Pool	WP	West Parlor	BB	Sign-up and/or Information on Bulletin Board		



Read Me

What's happening at Carmel Valley Manor?

Click the Read Me button on the cv8545.org website to go to the Read Me page for updates.

Read Me is a one-stop landing to click onward for information like

- **ACCENTS**, the latest issue
- **Bulletin Board**, an internet version
- **Calendar**, both monthly overview and the next events
- **Menus** for the week and Menu definitions
- **Noteworthy** news and events
- **Of Interest**: items you might want to get to like the Earthquake Preparedness Slides or a re-play of the Veterans Day Remembrance.
- **Rainfall**: Gary Nelson's bulletin board spreadsheet.

Photo Mosaics on the Bulletin Board and Holiday pages expand to let you scroll through individual images to reveal details. Check it out.

Fill in the Gaps with hands-on sessions and Donut Holes February 19, 20, or 21, 2020, in Conference Room B, at 10:00 AM.

Password for cv8545.org: check with the Pavilion front desk or your neighbors.

This is a website BY the residents, FOR the residents. If there's some information you'd like to correct or add, or if you'd like to join the committee, contact one of the members or send an email to carmelmanor42@gmail.com.



Sonja and Tom Hout

some of their best memories of their lives together that

Dancing the Viennese Waltz in Vienna; the romantic rowboat ride with the shimmering moonlight cascading across the water and on her shining blond hair while the green lights of Daisy's Dock and Marblehead twinkled behind them. These are

started thirty years ago when a friend of hers seated her at a dinner party next to him. Cupid's arrow went in both directions and they talked and danced away a night that ended with the rowboat ride across the moonlit water.

Her life and career were so busy traveling on assignments, as was his, that they could only meet, at times, in destinations around the world when their work put them in the same place. About five years before they met, they were in the same hotel, the Okura, in Tokyo and probably passed by each other without knowing it.

Continue on page 4

At the time she was a photo journalist and was covering the Mohammed Ali fight for Independent Press. Five years later, finally! she and he, a confirmed bachelor, made a late life merger. Sonja and Thomas Hout, who moved into 11C in December, have now been married 27 years. They still have their busy careers and dance every chance they get. Scientists say that dancing improves memory, balance and brain function, and it certainly is true in their case, as you will see.

Sonja Ellingson was born in Minnesota in a rural farm community. Her grandfather immigrated from Norway to Minnesota and arrived via the Oxcart Trail. Her Norwegian father and German mother raised her with her two brothers and twin sister, Sandra Dewey, who also lives at the Manor. Sonja went to St. Olaf College and graduated from the University of Minnesota with her BA. Eager to have a career she then lived in France as a civilian attached to military services. Progressing further, she earned her Masters degree from the College of St. Thomas and lived in San Francisco while she taught at San Francisco State. Following that adventure, she attended Harvard to do graduate work and earned her Certificate of Advanced Study. That's when Thomas Hout found her. Her life has been one as a teacher, photographer, instructional designer, creating teaching materials for the Harvard Business School for fifteen years and owner of Media Matrix Inc, a consulting & media production company. If that isn't enough, she has made four documentary films and has recently been working in Hong Kong and China where some of her work included a film on the historical practice of Chinese architecture for the University of Hong Kong School of Architecture and a short film celebrating the cursive calligraphy of Hong Kong artist Henry Lo.

Thomas M. Hout was born in Mansfield, Ohio as were his two older sisters. His father ran a manufacturing company, and Tom experienced a pleasant and privileged childhood. He went on to Yale where he got his BA in Economics in 1964. After graduating he spent two years with the Pacific Fleet as a young officer assigned to the

Admiral's staff on the aircraft carrier, the USS Hornet. As a Vietnam veteran he went to Manchester, England for a one year Rotary Fellowship in Economics and Mathematics and then got his MBA at Stanford in 1969.

With all this in his pocket, he joined the Boston Consulting Group where he spent thirty years; much of it in Korea, Japan, and Hong Kong. He is a prolific writer. He was awarded the firm's first BCG Fellowship for research and writing. He has co-authored ten articles for the Harvard Business Review and Foreign Affairs. He has co-authored two books, 'INDUSTRIAL POLICY OF JAPAN' and a Business Best Seller, 'COMPETING AGAINST TIME', as well as various op-ed pieces on international business competition. Besides writing he has taught classes at Harvard, along with Robert Reich, and at Hong Kong University. He still keeps his skills going at the Fletcher School of Law and Diplomacy, at Tufts University and the Middlebury Institute here in Monterey. All work still occupies Tom, who once was a confirmed bachelor... until he sat next to a lovely, intelligent blond lady at a dinner party in Marblehead thirty years ago.

Now you know why it was so long to take them to find each other. They were busy going everywhere, often in opposite directions, sometimes in the same direction without knowing it.

They share their past memories of accomplishments, while they have their special interests. Sonja's are Tai Chi, Eastern Philosophy, photography, and documentary film. She is also a charter member of the National Museum of Women in the Arts. Tom's are golf and being an adjunct professor. They both love to work, travel, and, of course, dance. They have spent much of the last fifteen years in Hong Kong but now they will spend winter and spring here in their bright 11 C; summer and fall in their apartment on the Charles River in Boston. We welcome this industrious, happy couple to our town!

Jane Upp

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