



ACCENTS

FORTNIGHTLY PUBLICATION - NOVEMBER 15 - 28, 2019



ANNUAL APPRECIATION GIFT FUND 2019

By November 13, 2019, all residents should have received a request for the 2019 Annual Appreciation Fund for our employees. Extra envelopes and request letters are next to the green collection box at the Reception Desk.

We personally thank our Manor staff throughout the year, but many work behind the scenes, at night, across the street, or off our radar. All are essential to our support and quality of life. The Annual Appreciation Gift Fund adds a real and meaningful endorsement of our gratitude for the many valuable services provided for us every day. There is a great deal of competition for service staff, and we are fortunate to have such loyal and quality service. Please help us recognize their value by supporting the 2019 Annual Appreciation Fund! Last year, the Manor distributed well over \$300,000 from funds donated to honor our 164 eligible employees (active employees with at least 3 months of service at the time of distribution, but not including the CEO).

They care for us. Please return the favor.

We hope again this year to average \$1,500 per person - or \$3,000 per couple - in order to provide a meaningful thank-you to our staff. (Federal and state taxes must be withheld.) Some residents may not be in a position to give this amount, and many others, we hope, can and will give more in support of our deserving Manor staff. New residents may only have been at the Manor for weeks or months, but we hope you will feel comfortable supporting this important effort proportionally. We hope for 100% participation. With the Manor no-tips-or-gifts policy, this is the only time of year we are able to say “we appreciate you” in this manner.

This year's gift fund will begin at the November 13 Annual Residents' Meeting and end on Friday, December 13, 2019. **Your voluntary participation is greatly appreciated! Thank you all.**

*Jack Enbom,
Annual Appreciation Fund Chair*



EVENTS

SUN NOV 17 MOVIE – 1:30 – MH (see BB)

WED NOV 20 PHOTOGRAPHY BY FURMAN – 4:45 – MH

Will Furman will present backstories about photos on display in the Hall Gallery. He will highlight new Fotoreflexion images, but will also include black-and-white and colorful nature photographs.

WED NOV 20 MOVIE – 7:15 – MH (see BB)

THU NOV 21 HALF-FAST WALKERS PLAN TO WALK - 9

Walkers will head for **Toro Park**. Sign up on BB. Mike Smith will lead.

FRI NOV 22 MUSIC ON THE MENU – 6-7:30 – DR

Bob Phillips will play for our listening and dancing enjoyment.

SUN NOV 24 MOVIE – 1:30 – MH (see BB)

SUN NOV 24 DAYTRIPPERS GO TO GOLDEN BOUGH

See a matinee performance of “CHICAGO,” the hit musical that has everything that makes Broadway great: a universal tale of fame, fortune, and all that jazz; one show-stopping song after another; and the most astonishing dancing you’ve ever seen. Honored with 6 Tony Awards, 2 Olivier Awards, a Grammy,... and thousands of standing ovations. Manor Bus leaves promptly at 1:15; play starts at 2:00; bus returns at 4:00.

WED NOV 27 MOVIE – 7:15 – MH (see BB)

THU NOV 28 HAPPY THANKSGIVING



THU NOV 28 HALF-FAST WALKERS WILL EAT TURKEY.

SUN DEC 22 DAYTRIPPERS GO TO STONEPINE RESORT

Enjoy Christmas dinner at the private Chateau, Stonepine Resort. Sign up on BB.

Is your life complete?

Do you have everything you need...or want?

If not, and you’d like the World (okay, Manor residents) to know, you may wish to make use of ACCENTS’ latest feature:



Email your request for an item or service to the Editor. Address is on the back page.

What key has legs and can’t open doors? A turkey.

Why did the turkey cross the road? It was Thanksgiving Day, and he wanted people to think he was a chicken.

A lady was picking through the frozen turkeys at the grocery store for Thanksgiving Day, but couldn’t find one big enough for her family. She asked a stock boy, “Do these turkeys get any bigger?” “No, ma’am. They’re dead.”

What did the turkey say to the computer? “Google, google, google.”

What do you get when you cross a turkey with a centipede? Drumsticks for everyone on Thanksgiving Day.

What did the turkey say to the turkey hunter on Thanksgiving Day? “Quack! Quack!”

What do you get when you cross a turkey with a banjo? A turkey that can pluck itself.

What did the mama turkey say to her naughty son? “If your papa could see you now, he’d turn over in his gravy.”

What did the turkey say before it was roasted? “Boy, I’m stuffed!”



NEW/SOON-TO-BE RESIDENTS

Janet McDaniel
Thomas & Sonja Hout
Alexander & Jerian Crosby
Marlene Wood

James & Betty Kasson
Martin (Marty) & Karen Wiskoff
Nancy Wright
Jeffry & Marilyn Riehl
Sandy Storm

HAPPY BIRTHDAY

11/24	Susan L.	11/27	Barbara B.
11/25	Trudie M.	11/28	Janet M.
11/25	Pat Z.	11/28	Dick V.
11/26	Terry H.	11/28	Murray Y.

RESIDENTS ARE SCARY



RESIDENTS ARE fit



ONGOING ACTIVITIES

See also Master Schedule of Ongoing Activities
(C 10,11 Residents' Handbook)

MON	Chair Exercise MH Monday Morning Forum (4th) MH Advanced Exercise MH Duplicate Bridge GR Dominoes GR	8:30-8:45AM 10:30AM 11:00-11:45AM 1:00PM 7:15PM	THUR	Chair Exercise MH Half-Fast Walkers Adv. Water Exercise SP Games GR Tai Chi MH	8:30-8:45AM 9:00AM 9:30-10:15AM 1:00PM 1:00PM
TUES	Chair Exercise MH Council Meeting (2nd) CR Adv. Water Exercise SP Worship Services (1st) H Communion Services (3rd) HC Tai Chi MH Ukulele Class WP Lawn Bowling PG Sing For Fun (1st) WP	8:30-8:45AM 9:30AM 9:30-10:15AM 10:30AM 10:30AM 1:00PM 1:00-2:00PM 1:15-3:15PM 2:30PM	FRI	Chair Exercise MH Yoga MH* (Starts Dec. 6) Bookmobile Every other Friday (November 15) Lawn bowling PG Social Bridge GR	8:30-8:45AM 9:30-10:30AM 12:45-1:15PM 1:15-3:15PM 3:00PM
WED	Chair Exercise MH Advanced Exercise MH Communion Service (2nd) WP Mahjong Movie Night MH	8:30-8:45AM 11:00-11:45AM 11:15AM 2:00-4:00PM 7:15PM	SAT	Chair Exercise MH Putting (2nd) PG Ice Cream Social (1st) PL Wine Dinner Group (2nd) PDR	8:30-8:45AM 10:00-11:30AM Noon 5:30PM
			SUN	Movie MH	1:30PM

*** NEW**

LOCATION LEGEND

CR	Conference Room(s)	DR	Dining Room	FC	Fitness Center	GR	Game Room
H	Hillcrest	HC	Health Center	HG	Hall Gallery	L	Library
MH	Meeting House	PDR	Private Dining Room	PG	Putting Green	PL	Pavilion Lounge
SP	Swimming Pool	WP	West Parlor	BB	Sign-up and/or Information on Bulletin Board		

LIBRARY NOTES

BOOKS SELECTED FOR DECEMBER 2019

Fiction

THE GUARDIANS

John Grisham

Biography

A WOMAN OF NO IMPORTANCE

Sonia Purnell

Health

THE BODY, A GUIDE FOR OCCUPANTS

Bill Bryson

English History

AGENTS OF INFLUENCE

Henry Hemming

DVDs CHOSEN FOR DECEMBER 2019

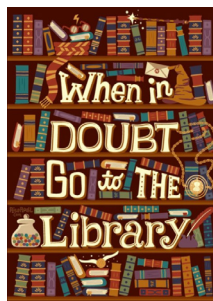
FLEABAG (Seasons 1 and 2)

THE FAREWELL

THE GOOD PLACE (Seasons 1 and 2)

KILLING EVE (Season 2)

YELLOWSTONE (Season 1)



The R.O.S.E. Boutique

Handmade cards by Sheila
Cooper available at the R.O.S.E.





Mary Eldredge and Alik Poulou

From Greece, until 17 years of age, to Australia, to California (Vacaville), and now here at the Manor. From Grass Valley to Vacaville and now here at the Manor. Born worlds apart in background and location, their relationship began when they met under a plum tree on July 4th, 1989, in Vacaville, California; later came their partnership. Their lives together have been a time of hard work, excitement, enthusiasm, and fun, with laughter always nearby. But let's start far away, on the Greek island of Kefalonia on the Ionian Sea.

This is where Alik Poulou was born into a family of seven children. In 1953, a huge earthquake destroyed the whole island. Alik and two of her brothers immigrated to Australia to find work, so they could send money to their parents to help them rebuild their lives. They found work as welders.

In 1969 Alik answered an ad for work at the Nut Tree in faraway Vacaville. She applied and got the job. She came, became a citizen, and worked in Vacaville for twenty-four years at the Nut Tree (a California institution) and the Coffee Tree.

In the meantime, Mary Eldredge came into the world in Grass Valley, California; and this was only because her mother was visiting there when the baby decided to take a breath of earth's air. Her parents had a fruit farm in Vacaville, and that was where Mary grew up packing peaches, plums, and walnuts for their Wholesale Vegetable Company. She also got her education: a BA

in English Literature at Sacramento State and an MA in Library Science from the University of Hawaii. She fell in love with Hawaii when she vacationed there with her aunt in 1970. Several years later, when she learned their University had an accredited School of Library and Information Science, she applied and was accepted. She became a librarian at Solano Community College and later at UC Davis. Her librarian career ended when her father died and her mother didn't want to sell the farm, so she asked Mary to take it over. Mary made some changes and renamed the business the VacaValley Orchard Company. Running it was a lot of hard work, and on that July 4th day in 1989, a buyer came to look at Mary's plums. He was from the Nut Tree and Alik was with him, so that is how they met. Both hard workers, they teamed up to work together for Mary's company. They later started a retail market together, called Alik's Finest. This was closed in 2015, and the Orchard Company was recently sold.

Over these last few years, as these ladies started to wind up their businesses, they looked for a place to retire. They didn't want to move more than once. Alik wanted to be near the sea and they wanted a rural environment they were used to. And guess what? After much research they found the perfect home - our Manor. They moved into 3E in July and then disappeared. We almost gave up on them to interview. Many phone calls with no answering machine to leave a message. After two months of trying, we left a note in their box to call us when and if ever they were here. Finally, they are here! They go to Greece every year for four to six weeks to visit Alik's family. They had their plans to go just when 3E became available. So, they moved in and then left. (Hopefully, they will get an answering machine and a doorbell when they get fully settled.) Alik has already joined the Daytrippers, and, as an avid reader, Mary might be a good person to join the library staff. One step at a time. Their traveling includes trips to Greece and Palm Springs, once a year.

These fun ladies have laughter as their companions. We certainly enjoyed them, and we welcome them to our home!

Jane Upp

PUBLICATION STAFF

ACCENTS is published by and for the residents of Carmel Valley Manor, a Life-Care Community at 8545 Carmel Valley Road, Carmel, CA 93923.

Editor: Jim Riesenfeld
jimriesenfeld@yahoo.com

Publisher: Celina Manzanarez

Proofreader: Arden Hoppe

Photographers: Lee Chambers
Sheila Cooper
Lynn Kern
Kass Schwin

Contributors: Jack Enbom
Jane Upp

information regarding the Manor can be obtained from
WWW.CVMANOR.COM
or from the Director of Community Relations, Angie Machado

(831) 626-4867 or (800) 544-5546

ADDRESS SERVICE REQUESTED